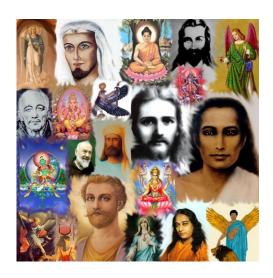
The Ascended Masters



This set of 13 Attunements to the Ascended Masters was brought to the Earth Plain by Mr Ole Gabrielsen.

Ole Gabrielsen has Chanelled many wonderful systems including Kundalini Rieki, Kundalini Reiki Boosters 1-6, The Orb of Life, Solar and Lunar Empowerments to name just a few.

Everyone can call upon the Ascended Masters at any time but these 13 Attunements will bring the Energies of the Masters much closer to you allowing them to work in your etheric background.

Below is a brief description of each Master.

Buddha



Inner Peace, Joy, Spiritual Growth and Understanding

In about the sixth century B.C. Siddhartha Gautama (Buddha) was born into a royal family. When he was a young adult his experiences with the outside world drove him to seek out a greater understanding of life and spiritual enligtenment.

Through seeking guidance and meditation, Siddhartha achieved Enlightenment. From that point, he was known as the Buddha, which means 'Enlightened One'. For the rest of his life, the Buddha travelled great distances teaching people about one path to salvation.

Sanat Kumara



<u>Deliverance from negative Cathexis and lower Energies, Healing Work,</u> Room Cleansing

The Lord of the World; the etheric-physical expression of our Planetary Logos who dwells on Shamballa. A great Being, originally from Venus, who sacrificed Himself to become the personality vehicle for the ensouling deity of our planet 18.5 million years ago. The nearest aspect of God that we can know.

That which you see through the raised consciousness is the image of The Master Sanat Kumara, whose basic energy helps Humankind realize that thoughts are real and can have form, even in another dimension.

Such thoughts, therefore, can have effects upon other life forms, not only on Earth but also those in Universal space. When Humankind's thinking is Spiritually raised from its limitations the Space Brothers and Sisters will be even more willing to co-operate.

As consciousness is already changing, this Master helps in eliminating negative thought by working with the highest energies emanating from the Divine Source.

The Light and Love of this Master emanates throughout the entire Universe and may be felt within your heart.

Jesus



Divine Guidance and Instruction, Forgiveness, Healing, Manifestation

About 2000 years ago God sent an angel to Israel, to a virgin named Mary. Mary was engaged to a carpenter named Joseph.

The angel told Mary that by God's power, she would conceive and bear a son who would be the savior of all mankind.

Jesus teaches us to Love one another and to accept everyone for who they are.

His energys are gentle and loving and he will always be with you in your time of need.

Abundentia



Helps keeping Wealth, Guidance in Financial Affairs

A minor Roman goddess of abundance, prosperity and good fortune.

Her attribute is a cornucopia ("horn of plenty") with which she distributes Abundance and prosperity to mankind.



Joy Sense of Humour,

Peace, Compassion

Many now expect the return of their awaited Teacher, whether they call him the Christ, Messiah, the fifth Buddha, Krishna, or the Imam Mahdi. Millions now know that the Teacher who fulfills all these expectations is already living among us.

Maitreya, the World Teacher, has not come alone, but with a group of wise Teachers who have long guided humanity from behind the scenes.

They are returning to the everyday world to help us solve our most critical global problems. Maitreya is not a religious leader, but an educator in the broadest sense.

He is here to inspire us to create a new era based on sharing and justice, so that all may have the basic necessities of life: food, shelter, health care, and education.

His open mission in the world is about to begin. As Maitreya himself has said: 'Soon, now very soon, you will see my face and hear my words.'

Mary



All Matters regarding Children; Fertility

The Blessed Virgin Mary is the mother of Jesus Christ, the mother of God.

Her energies are that of a mother, Loving, Caring, Nurturing.

She will work with you with matters of the Heart and Family life.

Kuan Yin



Compassion; to give and to receive love; Graciousness; Kindliness; Smoothness and Loveableness to himself and to others

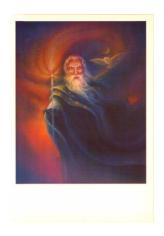
Quan Yin carries the Goddess and Divine Mother aspect of Buddhism. The same Goddess and Divine energy carried by the Virgin Mary in Christianity. In the Egyptian mysteries it is carried by Isis. In Hinduism it is carried by Shakti, wife of Vishnu, by Parvarti, wife of Shiva, by Radha, wife of Krishna, and by Sita, wife of Rama.

In many images she is depicted carrying the pearls of illumination.

Often Quan Yin is shown pouring a stream of healing water, the "Water of Life," from a small vase. With this water devotees and all living things are blessed with physical and spiritual peace. She holds a sheaf of ripe rice or a bowl of rice seed as a metaphor for fertility and sustenance. The dragon, an ancient symbol for high spirituality, wisdom, strength, and divine powers of transformation, is a common motif found in combination with the Goddess of Mercy.

Quan Yin, as a true Enlightened One, or Bodhisattva, vowed to remain in the earthly realms and not enter the heavenly worlds until all other living things have completed their own enlightenment and thus become liberated from the pain-filled cycle of birth, death, and rebirth.

Merlin



Alchemy; Crystals, divine magic, psychic Abilities, Precognition

Merlin the magician, the mystical, magical wizard of wizards, only calls those who have the eyes to see and the ears to hear.

Magicians and wizards play with molding, sculpting, shaping, and directing energy on purpose. It is not for the squeamish. It takes great courage to know you are creator, to be a purposeful and more fully awakened conscious creator!

The Merlin archetype energy is very much that of balancing both the feminine and masculine energy principles, by more fully integrating the feminine principle that has been largely forgotten by most. It is crucial to critical mass if people want to get more of the things they desire to have in life, by going back to where all life to anything begins. It is about going back to the womb of wisdom and cave of creation, deep within. If one decides to re-member all parts of the whole, our natural state of being, magic becomes the rule rather than the exception.

When the feminine part of self is reawakened and remembered, there they will find the realm of magic, wonder--the wizard, the alchemist, seer, sorcerer or mystical magician.

Saint Germain



Protection, Braveness, Healing, Inspiration

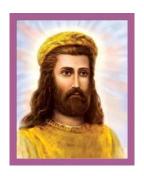
Ruler of an Ancient Civilization

More than fifty thousand years ago, a golden civilization thrived in a fertile country with a semitropical climate where the Sahara Desert now is. It was filled with great peace, happiness and prosperity and ruled with supreme justice and wisdom by this very Saint Germain.

The majority of his subjects retained full, conscious use of the wisdom and power of God. They possessed abilities that today would seem superhuman or miraculous. They knew they were extensions of the Central Sun--Life-streams issuing from the Great Hub of the Spirit/Matter cosmos. For their wise ruler had charted for them on a great mural in the center of the capital city, "the City of the Sun," their cosmic history--that they should not forget the Source whence they had come nor their reason for being: To become sun centers in this distant galaxy they now called home, extensions of the Law of the One. For they were part of an expanding universe. And their sense of comeasurement with the One sustained an ever-present cognition of the I AM THAT I AM.

Saint Germain was a master of the ancient wisdom and of the knowledge of the Matter spheres. He ruled by Light every area of life; his empire reached a height of beauty, symmetry and perfection unexceeded in the physical octave.

Master Kuthumi



Centring, Devotion, Reassurance, Relaxation, Stress-defeating

Master Kuthumi is the Chohan of the Second Ray and still holds that office although He, with Jesus, had assumed responsibilities as World Teachers.

His action is illumination; His activity is education, giving understanding and wisdom through Love. He is a Brother of the Golden Robe. He officiates at the Temple of Illumination or Wisdom over Kashmir.

He was the Greek philosopher, Pythagoras (580-500?B.C.) in one embodiment. He settled in Southern Italy at Crotona between 540 and 530 B.C. where he made many important discoveries in various studies-mathematics, geometry, astronomy and music.

He determined that the world was round, that the planets produced music of the spheres and that the Real Self was immortal and came back into embodiment many times.

He was Balthazar, one of the Three Wise Men who followed the Star to the birth place of Jesus.

He could have Ascended but like El Morya and Quan Yin he did not,

He did this so as to have the closer physical connection to bring forth Theosophy in the future. Saint Francis of Assisi was another embodiment of his.

He was such a lover of nature that he would watch a certain phase for hours, or would stay a whole day with a flower to see it open into full bloom and perhaps watch it close again at night.

He was able to reach through the elemental kingdom and accelerate his consciousness to a point where he was of assistance in that realm.

He built the Taj Mahal Hall (1630 to 1652) in another embodiment. He built it, one of the worlds most beautiful buildings, for one he loved.

He is one of the Ascended Masters Who walked the streets of our cities in December 1937.

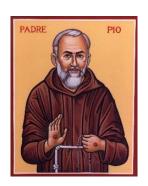
He is of a very gentle nature; and most gentle and patient in His presentation of instruction.

Moses



<u>To live here and now, clear Communication with God, Braveness,</u> <u>Trustfulness, Leadership</u>

Moses is one of the best-known people of The Holy Bible. He played a key role in the Exodus, and later he received The Ten Commandments from God (twice - he smashed the first set when he discovered the Israelites running wild at the foot of Mount Sinai. He directed the construction of The Tabernacle and The Ark Of The Covenant. He is also the author of The Pentateuch, the first 5 Books of the Bible - Genesis, Exodus, Leviticus, Numbers, and Deuteronomy.



Healing, Forgiveness, spiritual growth, Clairvoyance

Padre Pio, a humble Capuchin priest from San Giovanni Rotondo, Italy, was blessed by God in many wonderful and mysterious ways. The most dramatic was the stigmata. Padre Pio bore the wounds of Christ for fifty years!

Among his other gifts were perfume, bilocation, prophecy, conversion, reading of souls, and miraculous cures. People are still being cured through his intercession in ways that cannot be explained by medicine or science.

More important, if less spectacular, are the spiritual healings that take place in all parts of the world! Padre Pio is a powerful intercessor!!

Serapis Bey



<u>Personal and global Peace, Ascending, Overcoming of Addictions and</u> Esuriency, artistic and creative Projects, clear communication with God

Serapis Bey Holds the ascension door open at the Temple of Ascension on the etheric level in Luxor, Egypt.

He was the Egyptian pharaoh Amenhotep III, c. 1417-1379 BC called "the Magnificent." He brought Egypt to its height of diplomatic prestige, prosperity and peace. His extensive building of monuments, palaces and temples included construction of the temple of Luxor, which was built to correspond to the outline of the human skeletal framework. Careful studies of its architecture have revealed that the entire temple explains many secret functions of the organs and nerve centers.

Serapis was also embodied as Leonidas, king of Sparta. In about 480 b.c., with only three hundred soldiers, he resisted the advance of Xerxes' vast Persian army in a Herculean effort at Thermopylae. Though finally defeated, their fight to the last man is celebrated in literature as the epitome of heroism in the face of overwhelming odds.

Serapis was embodied as a high priest in the ascension temple on Atlantis more than 11,500 years ago.

In the nineteenth century, Serapis Bey worked closely with El Morya, Kuthumi, Djwal Kul and other Masters to found the Theosophical Society - Madame Blatvatsy

Serapis Bey ascended in about 400 BC.

Attunement Procedure

To attune someone to the Ascended Masters find a place where you will be undisturbed for a 30-40 minutes.

Sit or lay down and make yourself as comfortable as you can.

close your eyes and meditate for 5-10 minutes to gain a energetic connection with the student.

Visualise a Blue Orb of protection surrounding you and the person receiving the attunement.

The following procedure is to be done separately for each Ascended Master.

Say the following either aloud or silently to yourself:

I Call upon (Ascended Masters name) and ask him/her to be in the prescence of (Students Name) during this attunement.

Ask your Higher Self in a prayer and with intention that the student will be attuned to the Energy of that Master.

Visualise the Ascended Master standing behind the student with their hands on there shoulders becomming one with them.

Ask the Ascended Master to be there for the Student to guide and help them whenever the student calls upon them.

That's all! The attunement is complete.