



DHARMASATYA WORKSHOPS

International Esoteric & Mystic Workshops

ENCHANTED CRYSTAL SERIES :

ANGELIC AMETHYST ESSENCE ENERGY ATTUNEMENT

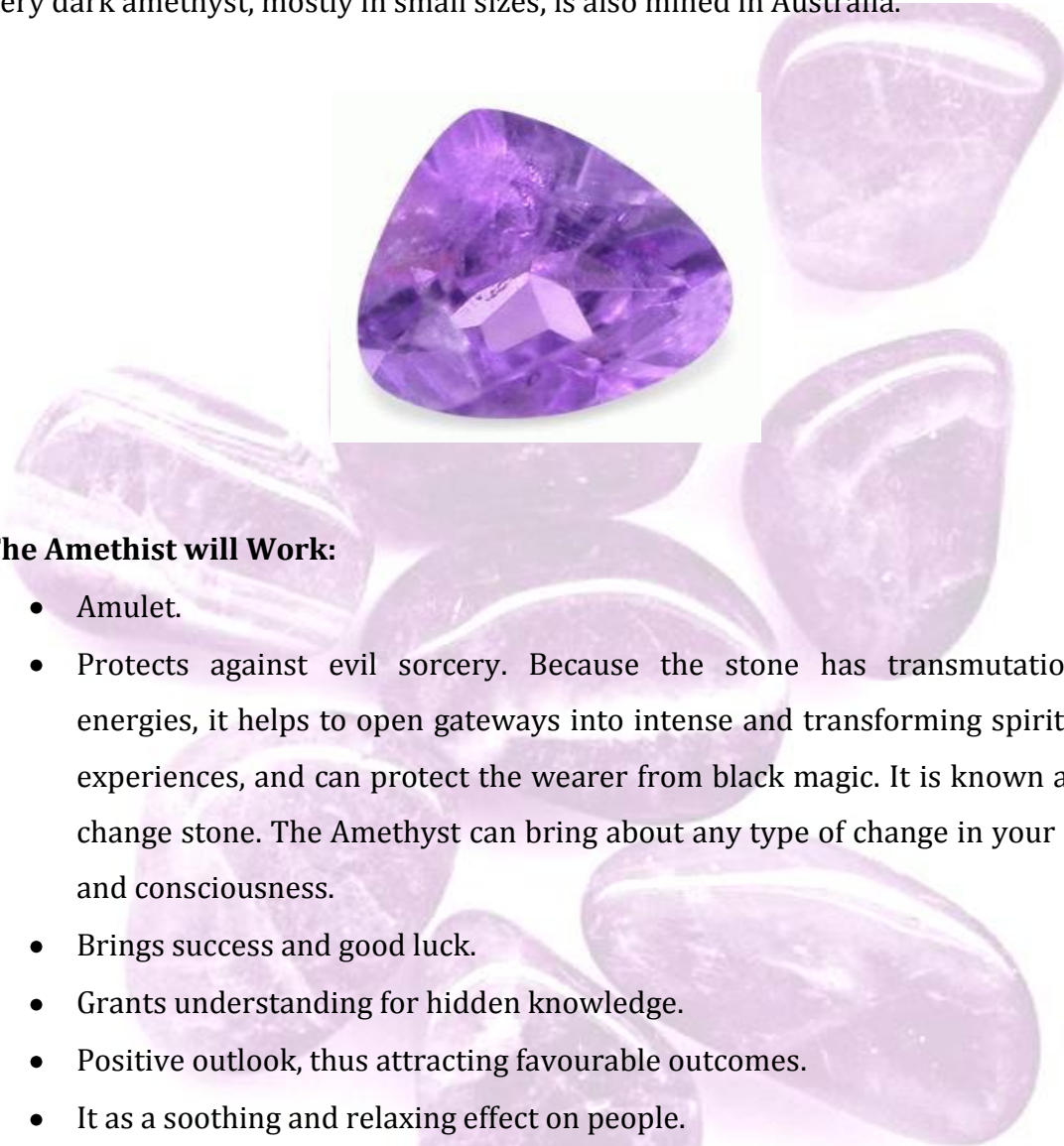
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Amethyst is mined in Brazil, Uruguay, Bolivia and Argentina, as well as in Zambia, Namibia and other African countries. Generally, amethyst from South America tends to be available in larger sizes than African amethyst but amethyst from Africa has the reputation for having better, more saturated, color in small sizes. Very dark amethyst, mostly in small sizes, is also mined in Australia.



The Amethyst will Work:

- Amulet.
- Protects against evil sorcery. Because the stone has transmutational energies, it helps to open gateways into intense and transforming spiritual experiences, and can protect the wearer from black magic. It is known as a change stone. The Amethyst can bring about any type of change in your life and consciousness.
- Brings success and good luck.
- Grants understanding for hidden knowledge.
- Positive outlook, thus attracting favourable outcomes.
- It has a soothing and relaxing effect on people.
- Promotes healthy sleep habits by placing it on body or under the pillow.
- Promotes success in business matters.
- Gives a sense of victory and quickens the mind to help control negative thoughts.
- It also breaks up old emotional thought processes and assists psychic opening in a grounding manner.

MAGICAL PROPERTIES:

Energy:Receptive

Element:Water

Deities: Bacchus, Dionysus, Diana

Angel: Jeremiel

Amethyst is said to attract justice and protect against burglars and thieves. It also wards off danger and violent death.

Amethyst increases the activity in the right brain, cuts through illusion, and helps to develop the psychic abilities. It strengthens and develops intuition, inspiration, healing, and channelling as well as raising thoughts and aspirations to a higher spiritual level.

Store a small piece of amethyst with your tarot cards or runes to keep the power of the divination tools high.

ZODIAC PROPERTIES:

Planets : Jupiter, Neptune.

Traditional Birthstone for the Month of February.

Stone of Pisces, amethyst brings clarity to the conscious and unconscious mind.

CHAKRA POSITION AND USAGE:

Placed on the 7th, Crown Chakra during meditation, Amethyst increases concentration and confidence in life.

Amethyst is the other 7th, Crown Chakra healing stone. It has many of the same qualities as clear quartz. Many people keep an Amethyst with their other stones to increase their effectiveness. Amethyst is a good touchstone, a stone to keep in your pocket and rub several times a day for it's uplifting energy, or you can wear it on a chain around your neck, against your skin. It is said to help those with insomnia if placed under the pillow at night.

HEALING PROPERTIES:

An amethyst crystal is nearly indispensable to healers. Single crystals are very beneficial but clusters are even more powerful. So Powerful in fact that a cluster of Amethyst can cleanse other stones.

- When worn, amethyst will alleviate migraines. Headaches caused by nerves will subside when a amethyst cross section or geode is placed in the room.
- It is also used to help improve concentration.
- Amethyst calms mental disorders.
- Purifies the blood, strengthens the immune system.
- Balances and heals all chakras.

People who regularly wear an amethyst necklace are said to fascinate others with their personality and charisma.

PREPARATION FOR ATTUNEMENT

1. To carry out the attunement, you will need approximately 30-50 minutes. Energy increases during attunement. Do not be surprised.
2. During attunement sit in yoga position or lay down.
3. Quiet your mind and receive the various sensations.
4. You may observe any changes in your body, in hands, legs, and head. It can be warm, heat, fluctuations around of a body, colour visions, touches of invisible essences.
5. Everyone receives various sensations during the attunement process.
6. However whether you feel anything or not.
7. All of you will equally accept attunement and sensations during attunement as it appears a fine gift for you.
8. It is desirable to be alone and undisturbed during attunement.

HOW TO RECEIVE ATTUNEMENTS

1. Place your palms in Gasho position.
2. Then state : *"I am now ready and willing to receive the Angelic Amethyst Essence Energy Attunement from (TEACHER NAME) with all perfection. Thank you."*
3. After that, the stream of energy will flow. Remember: energy always begins and flows to where it is necessary. You will always receive the correct healing required, irrespective of such factors as how serious or insignificant your problem is. You will receive a stream of energy and it will flow in those places where it is necessary.
4. Stay in meditative position for 30 minutes.
5. Upon completion of the attunement, do not forget to thank the Light Forces and your Guardian Angel.

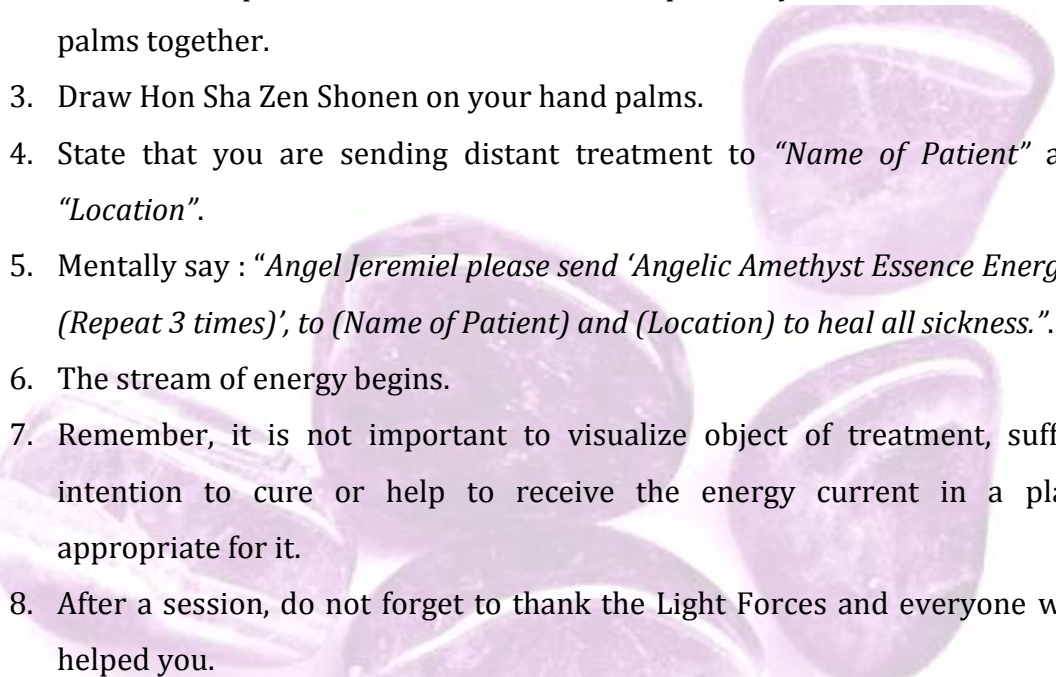
HOW TO PASS ATTUNEMENTS

1. Do short meditation.
2. Place your hands in Gasho position.
3. Ask Angel Jeremiel to protect you and help you do this attunement.
4. Then draw Hon Sha Zen Shonen, Cho Ku Rey, Sei Hei Kei, Day Ko Mio.
5. Affirm : *"Angelic Amethyst Essence Energy x 3 times, attune (Name of Student) and (Location) to your full Angelic Amethyst Essence Energy at this exact moment. Thank You."*
6. Continue meditation for 10 minutes.

SELF TREATMENT

1. After attunement, you may use the energy for sessions of self-treatment.
2. Self-treatment is good to carry out daily, cleaning your mind, and call in the energy.
3. Just say silently or think : *"Angel Jeremiel give me the Angelic Amethyst Essence Energy (Repeat 3 times)."*
4. Pronunciation of the name of energy immediately begins a flowing of energy.
5. It is not necessary to concentrate on preservation of a stream of energy; it will flow freely.
6. Position Your hands in any or do all Reiki positions and just relax and enjoy the energy.

DISTANT HEALING

1. Clear your mind and call the energy.
 2. Visualize the patient or write its name on a palm of your hand and connect palms together.
 3. Draw Hon Sha Zen Shonen on your hand palms.
 4. State that you are sending distant treatment to *"Name of Patient"* and *"Location"*.
 5. Mentally say : *"Angel Jeremiel please send 'Angelic Amethyst Essence Energies (Repeat 3 times)', to (Name of Patient) and (Location) to heal all sickness."*.
 6. The stream of energy begins.
 7. Remember, it is not important to visualize object of treatment, suffice intention to cure or help to receive the energy current in a place appropriate for it.
 8. After a session, do not forget to thank the Light Forces and everyone who helped you.
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You can give this manual to students that have paid you for an attunement, but you cannot resell this manual separately.

Gabriela Yasmin Szafman

The

Founder of

ANGELIC AMETHYST Essence Energy

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