



# **DHARMASATYA WORKSHOPS**

**International Esoteric & Mystic Workshops**

**ENCHANTED CRYSTAL SERIES :**

## **ANGELIC CITRINE ESSENCE ENERGY ATTUNEMENT**



**FOUNDED BY :**

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Most citrine is mined in Brazil. The supply of citrine is fairly good from the Brazilian state of Rio Grande do Sul, particularly from the Serra mine. The Iraá mine produces additionally one third of the Serra mine.

Gem quality citrine is extremely rare. The best materials are found in Brazil, Spain, Madagascar and the former USSR.



**The Citrine will Work :**

- Citrine is known as a "success" stone because it is told in folklore to promote success and abundance, especially in business and commerce.
- Citrine is one of the only stones that dissipates negative energy and never requires cleansing or clearing.
- It emits a warm energy that promotes optimism.
- It attracts abundance and is known as "a merchant's stone" to be placed in a cash register or where one conducts business, to not only acquire positive wealth but to maintain it as well.
- It enhances the body's healing energy and opens the conscious mind to intuition.
- It helps one adjust and adapt to process changes, feeling confident and secure.
- Citrine's magnetic radiating energy can aid in voice projection, making this the perfect stone for actors and public speakers.
- Assists in acquiring wealth and to maintain the state of wealth.
- Citrine is helpful for directing creative energy into the physical body.
- Some find it helpful in building self-esteem.

- This crystal is an invaluable aid to the digestion of all emotions, place it on the solar plexus in crystal healing layouts.
- I find that Citrine is useful in combating decisiveness allowing me to make important decisions on a regular basis.



## MAGICAL PROPERTIES

**Energy:** Projective

**Element:** Fire

**Powers:** Anti-nightmare, protection, psychic power

Citrine is worn at night to eliminate fear, to prevent nightmares and to ensure a good night's sleep.

Citrine may eliminate self-destructive behaviors or tendencies, and raise self-esteem. This stone should be used to align with the higher self and to protect your aura.

A member of the quartz family, citrine can be used in most the same fashion as crystal/clear quartz. The benefit being that it's golden yellow color adds Sun energy to the work. When worn, it's vibrant shades help to lift the spirits if one is feeling down or perhaps dealing with mild depression.

Citrine is a good stone for scrying into matter pertaining to money and other forms of prosperity.

**Deities:** Archangel Gabriel.

## ZODIAC PROPERTIES

Planets : Sun and Jupiter

Traditional Birthstone for the Month of November.

Stone of Gemini and Virgo, citrine symbolized individuality and confidence. It brings renewed determination.

## **CHAKRA POSITION AND USAGE**

Citrine is generally to be called upon when there is a creativity block, an inability to solve problems, repressed anger, sleeplessness, nightmares, problems with the stomach and digestion, obesity and other physical problems regarding circulation and vision.

Citrine is used to heal and balance the 2nd, Sacral or Navel Chakra.

## **HEALING PROPERTIES**

- Physically, citrine can aid digestion.
- Increase visual ability
- Balance the thyroid.
- It is beneficial to the endocrine and digestive system - cleansing, purifying and eliminating poisons that have built up.
- Citrine has the power to calm and soothe distressed conditions.
- It reduces ulcer flare-ups and is good for detoxifying all the bodies.





## PREPARATION FOR ATTUNEMENT

To carry out the attunement, you will need approximately 30-50 minutes. Energy increases during attunement. Do not be surprised.

During attunement sit in yoga position or lay down.

Quiet your mind and receive the various sensations.

You may observe any changes in your body, in hands, legs, and head. It can be warm, heat, fluctuations around of a body, colour visions, touches of invisible essences.

Everyone receives various sensations during the attunement process.

However whether you feel anything or not.

All of you will equally accept attunement and sensations during attunement as it appears a fine gift for you.

It is desirable to be alone and undisturbed during attunement.

## HOW TO RECEIVE ATTUNEMENTS

1. Place your palms in Gasho position.
2. Then state : *"I am now ready and willing to receive the Angelic Citrine Essence Energy Attunement from (TEACHER NAME) with all perfection. Thank you."*
3. After that, the stream of energy will flow. Remember: energy always begins and flows to where it is necessary. You will always receive the correct healing required, irrespective of such factors as how serious or insignificant your problem is. You will receive a stream of energy and it will flow in those places where it is necessary.
4. Stay in meditative position for 30 minutes.
5. Upon completion of the attunement, do not forget to thank the Light Forces and your Guardian Angel.

## HOW TO PASS ATTUNEMENTS

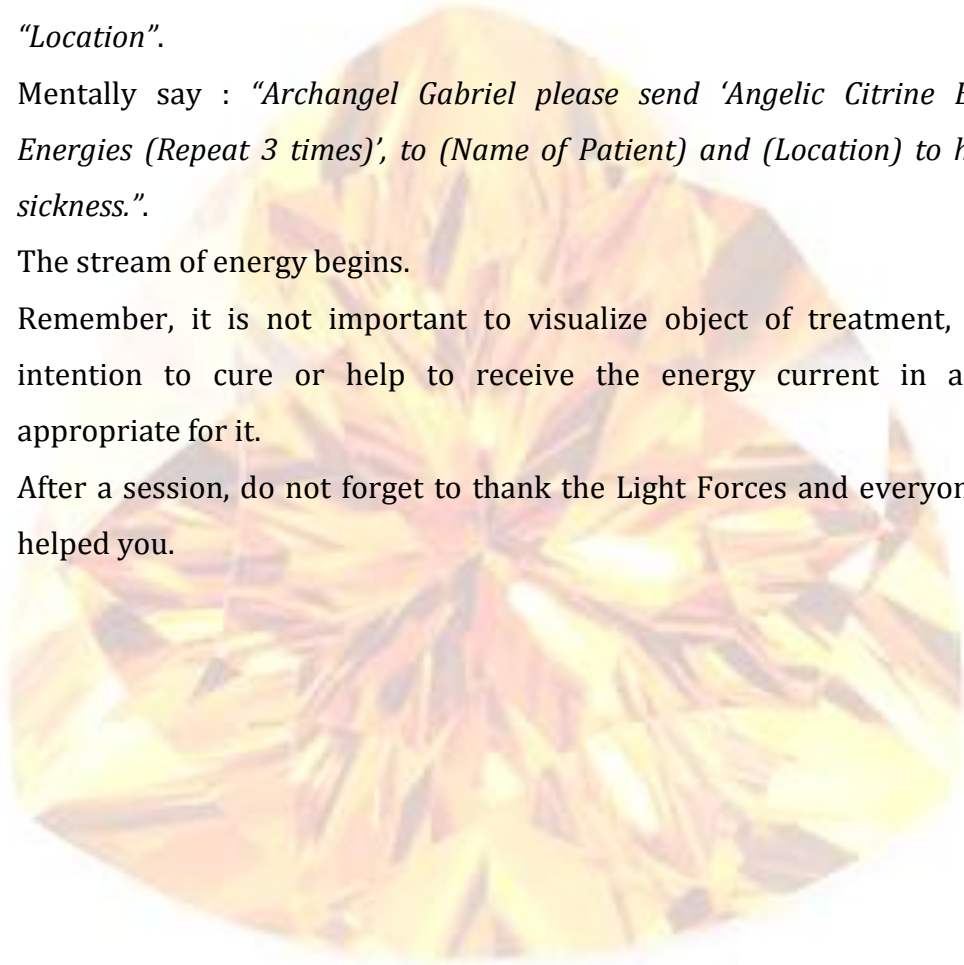
1. Do short meditation.
2. Place your hands in Gasho position.
3. Ask Archangel Gabriel to protect you and help you to do this attunement.
4. Then draw Hon Sha Zen Shonen, Cho Ku Rey, Sei Hei Kei, Day Ko Mio.
5. Affirm : *"Angelic Citrine Essence Energy (Repeat 3 times), attune (Name of Student) and (Location) to your full Angelic Citrine Essence Energy at this exact moment. Thank You."*
6. Continue meditation for 10 minutes.

## SELF TREATMENT

1. After attunement, you may use the energy for sessions of self-treatment.
2. Self-treatment is good to carry out daily, cleaning your mind, and call in the energy.
3. Just say silently or think : *"Archangel Gabriel give me the Angelic Citrine Essence Energy (Repeat X 3 times)."*
4. Pronunciation of the name of energy immediately begins a flowing of energy.
5. It is not necessary to concentrate on preservation of a stream of energy; it will flow freely.
6. Position Your hands in any or do all Reiki positions and just relax and enjoy the energy.

## DISTANT HEALING

1. Clear your mind and call the energy.
2. Visualize the patient or write its name on a palm of your hand and connect palms together.
3. Draw Hon Sha Zen Shonen on your hand palms.
4. State that you are sending distant treatment to *"Name of Patient"* and *"Location"*.
5. Mentally say : *"Archangel Gabriel please send 'Angelic Citrine Essence Energies (Repeat 3 times)', to (Name of Patient) and (Location) to heal all sickness."*
6. The stream of energy begins.
7. Remember, it is not important to visualize object of treatment, suffice intention to cure or help to receive the energy current in a place appropriate for it.
8. After a session, do not forget to thank the Light Forces and everyone who helped you.





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**You can give this manual to students that have paid you for an attunement, but you cannot resell this manual separately.**

**Gabriela Yasmin Szafman**

**The**

**Founder of**

**ANGELIC CITRINE Essence Energy**

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