



DHARMASATYA WORKSHOPS

International Esoteric & Mystic Workshops

ENCHANTED CRYSTAL SERIES :

ANGELIC MOONSTONE ESSENCE ENERGY ATTUNEMENT

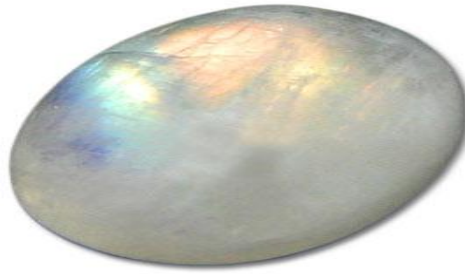
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Moonstone from Sri Lanka, the classical country of origin for Moonstone, shimmers pale blue on almost transparent ground, it's magical! Specimens from India show cloudlike plays of light and shade on beige brown, green, orange or simple brown background.



The Moonstone will Work:

- Love charms.
- Foretell the future.
- Bring good fortune.
- Allows one to see the future.
- Vibrates with the feminine wisdom and Goddess energy of the waxing and full Moon.
- Moonstone has a reflective, calming energy.
- It helps to strengthen intuition and psychic perception and brings balance and harmony with the All.
- It is said to have the power to grant wishes.
- Moonstone Honors the Goddess in all women.
- It aids in dieting, gardening, psychic awareness and meditation.
- It soothes stress, anxiety, women's hormones.
- It enhances intuitive sensitivity via feelings and less overwhelmed by personal feelings.
- Greater flexibility and flow with life.
- Helps to be more comfortable with our gentler feminine/yin receiving side.

- Especially for water signs. Helps one be more conscious of the fact that all things are part of a cycle of constant change.
- It is a recommended gemstone for farmers and gardeners, artists, dancers and young men.
- The Moonstone is said to assist with female issues and with childbirth.
- By unblocking the lymphatic system, it can heal and balance the stomach, pancreas, and pituitary gland. It can reduce swelling and excess body fluid.
- Placed under the pillow it will allow for a more peaceful sleep, and is often used as a cure for insomnia, and used along with the amethyst.
- Moonstone is also used as a stand in for pearl, when pearl is not available.
 - Powers: Love, divination, sleep, gardening, protection, youth, dieting, psychic abilities.
 - Moonstone is receptive and love-drawing.
 - This wonderful gemstone is also gently protective.
 - Each individual must work with the moonstone to see if it works better during the waxing or waning moon for themselves or the type of divination one is doing. The moonstone is said to change it's lustre with the phases of the moon, being brighter of the waxing for full moon and darker on the waning or the new moon.
 - Gives wealth and the gift of prophecy.
 - Helps one connect with the feminine side of one's nature as well as with the Goddess.
 - It works wonders when matched with garnet.
 - It reveals the truth behind illusions and will help to unmask hidden or secret enemies.
 - This gemstone enhances the psychic, so it may help to keep a piece with divinatory tools.
 - For true seekers of higher spiritual development and wisdom, moonstone will open the gateway to the subconscious; at the same time it will not permit entrance by any who are not ready for the experience.
 - Helps with making communication with your guides easier.

- If you are a sensitive individual, please do avoid contact with moonstone during the time of the full moon, as you can become so open to the psychic and other realms of being that it can be quite unnerving.
- Wear this stone when giving divination and reading, though be prepared to receive secret information that the person might not want discussed at any time.



MOONSTONE COLOURS

Moonstone, Coloured: Peach or Apricot Moonstone.

- A wonderful stone of soothing, feminine energy.
- Calming and brightening the emotions.
- it helps to improve the wearer's self-image. It reminds us of our own worth and divinity.
- It invokes sensuality and gentle passion. The colour reminds of the enchanted feeling when the Full Moon is huge and orange and low on the horizon.

Moonstone, Rainbow: Rainbow Moonstone.

- Vibrating with the feminine wisdom and Goddess energy of the waxing and full Moon, has a reflective, calming energy.
- It helps to strengthen intuition and psychic perception.
- brings balance and harmony with the All.
- The Rainbow effect invokes a spectrum of light, and feels cleansing and uplifting.

Moonstone, Silver Grey: Silver Grey Moonstone.

- Invoking the reflective, intuitive power and Goddess energy of the waning moon, this silver-grey stone eases frustrations.
- Lends a greater ability to flow and move in harmony natural tides of life.

MAGICAL PROPERTIES OF THE MOONSTONE

Energy: Receptive.

Element: Water

Deities: Diana, Selene, Isis, all lunar goddess.

Associated stone: Quartz Crystal.

Associated metal: Silver.

Angel: Haniel.

ZODIAC PROPERTIES

Associations : Moon

Mystical Birthstone for the Month of June

Stone of Cancer, Libra and Scorpio

Moonstone has a positive influence on Cancer while a bluish moonstone is more effective for Pisces. Because of the way it travels thru the Zodiac, Moonstone is also considered a protective stone while travelling, especially at night or on the water.

CHAKRA POSITION AND USAGE

Moonstone is most beneficial on the 2nd, Sacral or Navel Chakra, for most, but it also connects 2nd, Sacral or Navel Chakra and 6th, Third Eye or Brow Chakra for emotional balance and gracefulness.

It is, as well, used to balance the 4th, Heart Chakra, in helping us discern what we *want* and what we *need*...as they do not come from the same place.

Moonstone can assist you in absorbing those necessary things in life, while helping you discern what is merely wanted.

Moonstone will help achieve a balance between heart and mind without losing the gentleness and caring needed, yet keep the emotions in check to allow you to function properly.

PREPARATION FOR ATTUNEMENT

1. To carry out the attunement, you will need approximately 30-50 minutes. Energy increases during attunement. Do not be surprised.
2. During attunement sit in yoga position or lay down.
3. Quiet your mind and receive the various sensations.
4. You may observe any changes in your body, in hands, legs, and head. It can be warm, heat, fluctuations around of a body, colour visions, touches of invisible essences.
5. Everyone receives various sensations during the attunement process.
6. However whether you feel anything or not.
7. All of you will equally accept attunement and sensations during attunement as it appears a fine gift for you.
8. It is desirable to be alone and undisturbed during attunement.

HOW TO RECEIVE ATTUNEMENTS

1. Place your palms in gasho position.
2. Then state : *"I am now ready and willing to receive the Angelic Moonstone Essence Energy Attunement from (TEACHER NAME) with all perfection. Thank you."*
3. After that, the stream of energy will flow. Remember: energy always begins and flows to where it is necessary. You will always receive the correct healing required, irrespective of such factors as how serious or insignificant your problem is. You will receive a stream of energy and it will flow in those places where it is necessary.
4. Stay in meditative position for 30 minutes.
5. Upon completion of the attunement, do not forget to thank the Light Forces and your Guardian Angel.

HOW TO PASS ATTUNEMENTS

1. Do short meditation.
2. Place your hands in gasho position.
3. Ask Angel Haniel to protect you and help you do this attunement
4. Then draw Hon Sha Zen Shonen, Cho Ku Rey, Sei Hei Kei, Day Ko Mio.
5. Affirm : *"Angelic Moonstone Essence Energy (Repeat 3 times), attune (Name of Student) and (Location) to your full Angelic Moonstone Essence Energy at this exact moment. Thank You."*
6. Continue meditation for 10 minutes.

SELF TREATMENT

1. After attunement, you may use the energy for sessions of self-treatment.
2. Self-treatment is good to carry out daily, cleaning your mind, and call in the energy.
3. Just say silently or think : *"Angel Haniel give me the Angelic Moonstone Essence Energy."* Repeat 3 times.
4. Pronunciation of the name of energy immediately begins a flowing of energy.
5. It is not necessary to concentrate on preservation of a stream of energy ; it will flow freely.
6. Position Your hands in any or do all Reiki positions and just relax and enjoy the energy.

DISTANT HEALING

1. Clear your mind and call the energy.
2. Visualize the patient or write its name on a palm of your hand and connect palms together.
3. Draw Hon Sha Zen Shonen on your hand palms.
4. State that you are sending distant treatment to *"Name of Patient"* and *"Location"*.
5. Mentally say : *"Angel Haniel please send 'Angelic Moonstone Essence Energies' (Repeat 3 times), to ... (Name of Patient) and ... (Location) to heal all sickness."*
6. The stream of energy begins.
7. Remember, it is not important to visualize object of treatment, suffice intention to cure or help to receive the energy current in a place appropriate for it.
8. After a session, do not forget to thank the Light Forces and everyone who helped you.

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Nothing is to be altered, removed or added.

You can give this manual to students that have paid you for an attunement, but you cannot resell this manual separately.

Gabriela Yasmin Szafman

The

Founder of

Angelic Moonstone Essence Energy

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