

AQUAMARINE



DOLPHIN HEALING RAY

EMOTIONAL HEALING WITH THE DOLPHINS

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WHAT IS AQUAMARINE?

AQUARMARINE is an emotional healing ray that connects you to the peaceful compassionate energy of the Dolphins. It restores balance and harmony very quickly, and due to its very gentle flow – it is suitable for all.

There are no prerequisites to receiving this beautiful system although anyone who has had previous Dolphin attunements such as Dolphin Reiki may find that the Dolphin connection is particularly enhanced.

AQUAMARINE will also work well with any of the other Dolphin attunements such as Dolphin Trilogy Reiki.

AQUAMARINE will work with past, present and future emotional issues. It will also work with other healing modalities and Reiki forms, as well as crystals – particularly Aquamarine!

PRACTICAL HEALING WITH AQUAMARINE

AQUAMARINE can be used for both in-person and distance healing. First, we will discuss in-person healing with this Dolphin energy.

There are NO symbols: INTENTION is the key. Simply intend for the AQUAMARINE energy to flow by saying “Aquamarine”.

HANDS ON HEALING

You can channel AQUAMARINE energy through your hands (like Reiki) for up to three minutes on anywhere you intuit feel there is an emotional blockage (whether it lies in the past, present or future). For example, a client complains of not being able to ‘move forward’ with an issue (or there is a physical dysfunction such as arthritis or pain) then you could treat the hips, knees and feet as this is where the blockage would be at its highest. Another example would be if a client feels that they cannot ‘hold on’ to love/relationships, then you would certainly treat the heart area, and also the hands (and possibly the head if is their belief about this emotion).

You may also place an Aquamarine crystal over the blocked area and channel the energy over – again up to 3 minutes per position is sufficient.

To treat yourself, it is best to use an Aquamarine crystal as above and intuit where you feel the emotional imbalances are for up to 3 minutes in each position.

To use with other healing sessions, just add in the healing on the needy or blocked area and intend to channel the AQUAMARINE energy.

Please allow grounding time for the client afterward as they may feel a bit spacey – offer time to rest and a glass of water. This also includes self-healing!

DISTANCE HEALING

This is very simple – write the name of the person who has requested healing on a piece of paper and hold it in your hands and channel the energy to them for no more than 10 minutes. Sense the energy going to their heart and flowing to the areas in need. This healing will be more powerful by holding an Aquamarine crystal in your hand at the same time.

You may also send healing by the proxy method by using a teddy or stuffed dolphin and intending that proxy to represent the client. Intuit the areas for healing as previously mentioned. You may also place Aquamarine crystals on the body during healing, and treat each position up to 3 minutes.

IMPORTANT – only send distance healing if it has been requested by the individual as we cannot force healing upon anyone and it impedes free will. If you are uncertain if the healing is desired, it is best not to send.

MEDITATION

AQUAMARINE can be used for meditation in three main ways –

1. Self-knowledge.
2. Self-healing of past, present or future.
3. Powering up Aquamarine crystals.

To use AQUAMARINE to develop self-knowledge, particularly in relation to emotions, simply hold a piece of Aquamarine crystal and connect to the energy and be open to any information that comes to you at this time. It is best not to exceed 20 minutes of this at a time, and allow grounding time!

For self-healing of past, present and future, simply follow the instructions as given above and think of ONE particular issue at a time for insights/healing – taking note of any information that is given.

To ‘power up’ the Aquamarine crystals, simply go into a meditative state, hold an Aquamarine crystal in your hand and ask for it to be a channel for the AQUAMARINE energy. This will make it more powerful to use in this form of healing, and may be given to a client to receive a gentle dose of AQUAMARINE energy when needed at home!

ATTUNEMENT

The attunement can only be passed by someone who has already received the attunement themselves. It can be given in person and also distantly – at a given time or by the Chi Ball method.

To receive the AQUAMARINE attunement, simply say the following:
“I now ask to receive the Dolphin gift of Love: The Aquamarine Emotional Healing Ray from (name) [place hands on heart]. I receive with love, and I give with love. As brothers and sisters, we are ONE.”

If the attunement has been sent by the Chi Ball method simply say so after saying the name of the person sending the attunement.

The attunement will last up to 20 or so minutes, and everyone’s experiences will be different. You may feel very peaceful, see Dolphins or see the colour Aquamarine.

To pass the AQUAMARINE attunement, simply say the following:
“I now ask to give the Dolphin gift of Love: The Aquamarine Emotional Healing Ray to (name) [place hands on heart]. I receive with love, and I give with love. As brothers and sisters, we are ONE.”

To send by Chi ball, create the energy ball in your hands and also state this in the statement above after saying the student’s name.

It is recommended to use an Aquamarine crystal during attunement.

REMEMBER TO THANK THE DOLPHINS FOR THEIR HELP!



Although AQUAMARINE is an excellent and gentle and loving energy that is given by the Dolphins, it is only meant to compliment healing sessions and is not suitable for dealing directly with those who are very unstable in their mental health (Suicidal, clinically depressed, etc) although this would be able to used by medically qualified practitioners in this specialist field) – AQUAMARINE deals mainly with the day-to-day emotional ups and downs that many of us have.

DOLPHIN BLESSINGS TO YOU ALL!

Transcribed 17/1/07.

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Dolphin photo taken by Carolynn Lloyd Aug 05 at Sea World, Orlando.