

# Bat's Echo Energy

Attunement and Manual  
by Nathaniel Lawrence



The next offering in Sacred Animal Sound Energies comes to us from a creature that is often misunderstood and feared - the Bat.

Bats are nocturnal creatures. They are active while the sun is down and they do most of their activities in complete darkness. Even though their eyes are virtually useless they none the less can find their way where other creatures might have significant difficulty.

The trick to this lies in the greatest asset in the repertoire of any Bat - its sonar. These waves of sound can bounce off of solid surfaces and return to the ears of the Bat giving it information about its surroundings like height of obstacles and openings through which they can fly.

One of the most feared types of Bats are their cousins the Vampire Bat. These creatures are said to extract blood from other living creatures in order to survive. This trait is also said to belong to beings known as Vampyres (I prefer this spelling to the more common vampire as it has a sense of ancientness that I have a difficulty fully expressing with words). Vampyres tend to take more of a human form under most circumstances, but can change at will to a mist, bat or even a wolf form depending on the local legends. They are the basis of significant amounts of fear in humans.

This energy has several purposes, those being the following:

- ◆ Seeing what might otherwise be hidden
- ◆ Perceiving the Shadow Self, sometimes related to the Inner Child, which is the summation of all repressed emotions and fears
- ◆ Working with the Shadow Self to heal and integrate it into your being in a positive and transformative way
- ◆ Increasing/developing your ability with the power of Discernment in all areas of life and opening it up at the fastest possible safe speed for you in alignment with Eternal Sacred Source
- ◆ Remaining hidden or unseen in company that you find to be either unacceptable or abrasive in nature especially when you feel you may be harmed in any way

Vampirism, in all its forms (physical or psychic), is in my perception truly the highest call to service that one can have. Before you judge that statement please give me a moment to explain. Vampyres are forced to feed off of others to survive when they are out of balance. Most of those claiming to be vampyres, at least within the context of this point in linear space/time, are quite unbalanced in my perception. I have had some experiences with Past Life Regression and they revealed a life to me that had vampyric qualities in it. Much of what is currently believed about vampyric weaknesses was true for me in that life until I had the privilege to perform a healing service for someone after my "turning". That experience revealed that the "thirst" that comes from being a vampyre disappeared when healing energies were applied to another being by a vampyre!! Many of those weaknesses also ceased to exist in light of that discovery!! This flies in the face of tradition as I am well aware. I reveal this only to give you a new perspective on something that most would choose to fear.

As such, if you were/are a vampyre (physical/psychic), you might stand to benefit greatly from the energies of this attunement. I would encourage others to experience it as well since that is not the only benefit to be had here, far from it.

# Attunement Instructions:

Please clear your energy field by grounding and centering in the manner you are most familiar with. This will allow you to receive this energy as efficiently as possible.

Find a comfortable place to be for about 15-20 minutes. The transfer of the energies only takes a few moments, but the experience will most likely last longer than that. Ask your Guides/Guardians/Angels/Ascended Masters to help you know when the process is completed.

When you are ready to begin, bring yourself into oneness so that you may be receptive to the energies of the attunement. Ask the Eternal Sacred Source to allow the energy of the Bat's Echo to be encoded into your soul consciousness in the most appropriate manner for you.

You may experience heat or other sensations just like in direct energy transfer from other energy work modalities followed by a pulsing wave (one that resembles sonar mapping).

This process has seven stages each working directly with one of the Major Chakra Points. Most people experience the energy activating from the Root Chakra up to the Crown Chakra.

After the initial time frame of the attunement, the rest of your day will be involved in the process of activating that energy within you. I have found that this does not hinder normal activities, but rather may make the day go by quite smoothly. Your night may consist of very deep sleep or very lucid dreams. This is normal. You may even be met by your guides (possibly ones you have not yet met) so they can "teach" you how to work with this energy.

I am excited for you!! Know that YOU are the Master of your Reality and that only YOU have the power to change that which no longer serves you by simply altering your perception of it in Love and Light.

# Working with Bat's Echo Energies

Once your attunement is completed you may work with these energies as often as you would like to assist you in your growth. I suggest that you get yourself into a meditative state before starting the work. Once you are in the right state of consciousness, you may begin by intending that the Bat's

Echo Energy activate. Typically, the energy begins as a sonar wave that radiates out from the Heart Chakra in 360 degrees. The wave will travel to the edge of your energy system and then return to the Heart Chakra. This

process will repeat itself as the wave gradually increases in speed. At a certain point, the wave will begin to reduce in speed/intensity and come back to a still point. This process may have several cycles of varying intensity. Eventually the energy will stop moving, and at that point you may proceed with whatever methods/techniques you use to perceive things which may be hidden or in Shadow and work those things in the manner most acceptable to you in alignment with your Soul's Highest Purpose.

Keep in mind whatever your Guides/Guardians/Angels/Ascended Masters have told you about how they wish you to work with these energies for your own benefit. Fear of the unknown or even of the Self, either natural or

Shadow, is the only thing that stands in the way of progressing on your path. Please do not forget to enjoy the process and laugh when you need to. Humor is one of the best medicines ever to exist!! If you can laugh at your own mistakes and folly then you will be able to more easily forgive not only yourself but others as well when they operate out of a state of dis-

connection from Self/Source. Masterhood is the result of fully understanding the Self and remaining in alignment with same in all aspects of life.

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Origin Date August 21<sup>st</sup>, 2010