

Gold Reiki Notes



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Gold Reiki 1 Attunement

Prerequisite: Kundalini Reiki 1-2-3. Transmutes fear and darkness into light and joy! Golden Light is the strongest light of transformation in the physical universe!

Here are some simple instructions for how to heal a person:

This uses the same format as the Kundalini Reiki but instead of thinking to yourself “Kundalini Reiki” think “Gold Reiki”

Here are the instructions for remote, long distance and self healing:

This uses the same format as the Kundalini Reiki but instead of thinking to yourself “Kundalini Reiki” think “Gold Reiki”

Gold Reiki 2 & 3 Attunements

Both levels 2 and 3 increase and fortify the 1 attunement, this also raises your vibration levels since this is light energy rather than earth energy, after you have received the third attunement you can pass on the Gold Reiki attunements to others.

How to pass on Gold Reiki Attunements:

It is very simple to pass on the Gold Reiki attunements. You just ask your higher self for the attunements.

You can attune several people at the same time.

Please use the same procedure as you use for Kundalini Reiki attunements but replace the words (Kundalini Reiki level) with (Gold Reiki level).

The attunement will then start and stop after around 25 minutes.

Attuning objects:

Crystals, trees and other objects can be opened to the Gold Reiki energy the same as the Kundalini energy and like Kundalini it only needs attuning once.

Example of attunement: (to your higher self) “I ask that this (object) may be attuned as a Gold Reiki channel” After approximately 30 seconds the process is complete.

(It is recommended that there be a 5-day integrating period between Gold Reiki 1 and 2, and the same between 2 and 3.)