



# Quan Yin's Lavender Flame Healing Manual

*By Andrea "Suraya" Meyers*

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# Quan Yin's Lavender Flame Healing Manual

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# About the Author

Andrea “Suraya” Meyers is an energy worker, food sanitation enthusiast and fiction writer who has studied Energy Healing and Alternative Healing for five years at the time this manual was written.

She is ordained through Chrysalis Healing Ministries as a Healing Minister and has been attuned to several energy systems including: Lightarian Reiki, Shamballa MDH, Blue Star Celestial Energy, and, of course, Usui Reiki, in which she served a one year apprenticeship with her Master, Sharon Coe.

Though she acknowledges that every system that she has studied has brought her more understanding of herself and the Universe, she credits Shamballa MDH with opening her to receive blessings such as the Lavender Flame of Quan Yin, the energy she bases this system of healing on.

She took the healing name of “Suraya” out of necessity three years ago as Reiki is misunderstood in her area. “Suraya” means “Pleiades” in Arabic. She uses this name as her healing name and to post on the internet.

Andrea owns the lavenderflame e-group, which is dedicated to spreading the energy across the globe. She is a co-moderator of the attunementshare e-group.

Andrea currently lives in a small rural town in Indiana with her husband and six cats.

## History of the Energy

I received the empowerment to the Lavender Flame on 7-05-01.

I had learned about an energy such as this one from the internet. I tried very hard to get information on it but all I could ever find was a workshop notice.

At the time, I had desperately wanted a connection to Quan Yin because of a vision I had had the year before, which was also from Quan Yin.

To go back to that time, I was working at my job and all of a sudden I was stricken (I cannot think of a better word than *stricken* because it was so quick and powerful) with such immense love and a feeling of peace. I "heard" a voice, which I had identified as Quan Yin saying that she would like me to bring forth an energy that was rose or lavender because it was much needed in the world. This energy was to bring a deeper compassion into the world and help people to reconnect to their own inner Compassionate One.

I went to a psychic but he dismissed my vision as an Ego experience and I thought no more of it. Indeed, I totally forgot about the whole experience. I felt ashamed that I had thought I had been contacted by Quan Yin for any purpose. Returning to the date of the empowerment- again, I was at my job and I was in my car meditating. I had read some information about animal abuse and was very heartsick. Indeed, I had been crying and trying to put myself together to go back and face both public and co-workers.

I was talking to one of my guides at the time and he said he had to move back so Quan Yin could come in and empower me, that my heart was open enough now.

The grief that I felt for the abused animals had moved me to enough compassion that I was ready. I was then surrounded by a beautiful rosy-lavender energy that came in through my heart and crown simultaneously. I went on to write some things about the energy in my journal, such as the symbol for the energy and those of its two angelic caretakers or helpers.

The Lotus Jewels came in 2002, at the end of April or beginning of May. They came during evenings of meditations after I had some higher energy attunements.

The first Lotus Jewel I received was the Lotus Jewel of Karmic Release and I believe it to be the most important Lotus Jewel in all of the work. You will read more about this energetic gift later on in the manual.

The Lotus Jewels are still coming through, as a matter of fact. On the e-group, I try to keep a running list of those that I know of and have worked with enough to make public. I try to work with new energies and understand them as much as possible before "going public" with them. This is why the list seems to grow a little with time.

I encourage everyone who is attuned to the Quan Yin Lavender Flame and the Lotus Jewels to join the e-list so they may stay up to date with the Jewels as they are made known- not only to me but to other members, some of whom have channeled their own.

## Who is Quan Yin?

*adapted from an essay by Bethleen Cole*

<http://www.lava.net/tribalartifacts/qunynex.htm>

Quan Yin is one of the most universally beloved of deities in the Buddhist tradition. Also known as Kuan Yin, Quan'Am (Vietnam), Kannon (Japan), and Kanin (Bali). She is the embodiment of compassionate loving kindness. As the Bodhisattva of Compassion, She hears the cries of all beings. Quan Yin enjoys a strong resonance with the Christian Mary, the Mother of Jesus, and the Tibetan goddess Tara.

In many images She is depicted carrying the pearls of illumination. Often Quan Yin is shown pouring a stream of healing water, the "Water of Life," from a small vase. With this water devotees and all living things are blessed with physical and spiritual peace. She holds a sheaf of ripe rice or a bowl of rice seed as a metaphor for fertility and sustenance. The dragon, an ancient symbol for high spirituality, wisdom, strength, and divine powers of transformation, is a common motif found in combination with the Goddess of Mercy.

Sometimes Kuan Yin is represented as a many armed figure, with each hand either containing a different cosmic symbol or expressing a specific ritual position, or mudra. This characterizes the Goddess as the source and sustenance of all things. Her cupped hands often form the Yoni Mudra, symbolizing the womb as the door for entry to this world through the universal female principle.

Quan Yin, as a true Enlightened One, or Bodhisattva, vowed to remain in the earthly realms and not enter the heavenly worlds until all other living things have completed their own enlightenment and thus become liberated from the pain-filled cycle of birth, death, and rebirth.

There are numerous legends that recount the miracles which Quan Yin performs to help those who call on Her. Like Artemis, She is a virgin Goddess who protects women, offers them a religious life as an alternative to marriage, and grants children to those who desire them.

The Goddess of Mercy is unique among the heavenly hierarchy in that She is so utterly free from pride or vengefulness that She remains reluctant to punish even

those to whom a severe lesson might be appropriate. Individuals who could be sentenced to dreadful penance in other systems can attain rebirth and renewal by simply calling upon Her graces with utter and absolute sincerity. It is said that, even for one kneeling beneath the executioner's sword already raised to strike, a single heartfelt cry to Bodhisattva Quan Yin will cause the blade to fall shattered to the ground.

The many stories and anecdotes featuring this Goddess serve to convey the idea of an enlightened being who embodies the attributes of an all pervasive, all consuming, unwavering loving compassion and who is accessible to everyone. Quan Yin counsels us by Her actions to cultivate within ourselves those particular refined qualities that all beings are said to naturally possess in some vestigial form.

Contemplating the Goddess of Mercy involves little dogma or ritual. The simplicity of this gentle being and Her standards tends to lead Her devotees towards becoming more compassionate and loving themselves. A deep sense of service to all fellow beings naturally follows any devotion to the Goddess.

## About the Lavender Flame

The **Lavender Flame of Quan Yin** is a fraction of the Violet Flame of Transmutation. It is part of a triad of energies sourced from that flame, namely Purple, Amethyst and Lavender. All of the energies sourced from Violet have something to do with transformation, transmutation, purification or divine alchemy. In the case of Lavender we deal mostly with **purification** and **divine alchemy**, which is clearing the unwanted and turning our experiences into the Light.

Lavender comes from Quan Yin, the bodhisattva of Compassion, the Chohan of the Violet ray previously to St. Germain. She still acts on the Violet ray as the source of the Lavender Flame.

The Lavender Flame is a gentler version of Violet with nurturing aspects and a definite Feminine feel to it. Lavender soothes away negative energies, slowly purifying our fields and bringing us back to our balance. It clears the blocks we may have put up against the Feminine Divine as the result of social or religious conditioning. It brings a feeling of peace and mercy with it and as a result, may be used when Violet seems too strong an energy for us. Lavender embraces us, nurturing away our traumas and is good for those of us who need Mother's Love.

The healing aspect of Lavender surrounds dis-ease with a layer of love, guiding it out of the system.

This energy teaches us that it is all right to be gentle with ourselves, that nothing is gained by self-abuse or being extreme with ourselves. It tells us to " Be here Now. You **are perfect as you are** and need nothing else to be complete. You are a precious Child of God and you are Enough ".

The Lavender Flame has been described as pure 5th dimensional energy that has not been toned down. It is possible for us to connect with this energy since it burns away what is lower/denser than 5th dimensional energy.

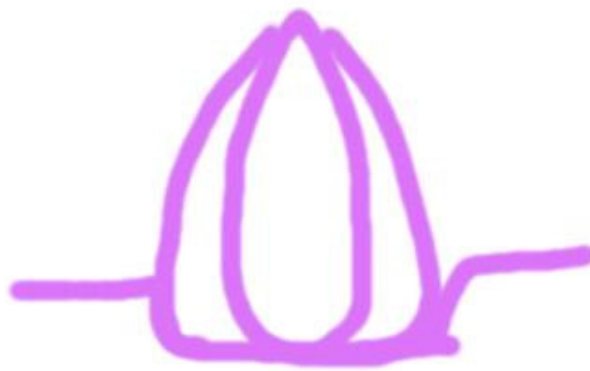
It first works its way through the different subtle bodies from outside in as well as going through crown chakra and third eye at the same time. So far, before QYLF, all higher dimensional frequencies had to be toned down so that our denser bodies were able to receive higher energies in a diluted version.

The Lavender color has been described as "not of 3rd dimensional Lavender, but the 5th dimensional color of 3rd dimensional Violet, since this Lavender is mixed with silver and has a liquidity and translucent energy to it. "

The Flame can be run along with Reiki or any other type of energy healing. It is easy to "turn on" and there are many methods of this that we will discuss later.



## The Symbol of the Energy



*Lavender Flame*

As you can see, the symbol for the Lavender Flame resembles a lavender lotus.

The lotus is regarded as a very spiritual flower, a symbol of higher love and perfection. Quan Yin Herself is often shown seated on a lotus.

The usual method for drawing the symbol is to draw the central petal first, then the right outer petal, the left outer petal, and to draw the leaves as one fluid line beneath the petals from left to right.

## The Lotus Jewels

The second part of Lavender Flame Healing is the Lotus Jewels.

Lotus Jewels are energetic gifts from Quan Yin. They usually come as a round energetic construct about the size of a quarter or 50 cent piece, perhaps the size of a ping-pong ball. They appear in many forms: they can be perfectly spherical, faceted spherical; they can appear as crystals and they also transform into lotuses.

Each Jewel is imbued with certain qualities, such as Compassion. Each has its own color and chakra or position in the energetic field. At this time it is believed that there is one for every existing chakra, and possibly more than one for some, such as the Heart Chakra.

Quan Yin has called these constructs “Gifts” and they are granted by her freely as such.

It is believed that they Lotus Jewels are given to people (called Jewel Bearers) to evolve the charkas into more perfect forms.

## List of Known Lotus Jewels

### **The Lotus Jewel of Karmic Release**

Color- Blue-Violet

Chakra/Location- Heart Chakra

The lotus jewel of karmic release allows one to release any karmic tapes, injuries, or incidents that are not Love. One may release all negative karma that he or she is willing to let go of by concentrating on this Gift. This jewel resides in the heart space.

The Jewel of Karmic Release also works for those who do not possess it. When a person whose heart space contains the jewel encounters one without who desires to release the negative karma, the jewel resonates, sending energy out to cause removal of that person's negative karma.

When this karma is released, it is immediately transformed into pure Love and returned as such to the one who released it.

The color of this Lotus jewel is blue-violet. The blue energy allows it to act karmically and the violet energy allows it to purify and transmute the karma it is working on.

This jewel can travel into the past and the future to eliminate all negative karma the bearer is willing to release. It is present on all planes and can travel into all incarnations of a soul to heal mis-aligned karmic energies.

Once the karma is released, the bearer is free to make new choices regarding tapes or behaviors that were affected by the now-purified karma.

**\*\* (This Jewel was the first channeled from Quan Yin and should be included in every Lavender Flame Attunement ) \*\***

### **Lotus Jewels of Earth Healing**

Chakra- Grounding Chakras

Color- Golden Brown

The Lotus Jewels of Earth Healing are located in the Grounding Chakras, which are in the soles of the feet. These Jewels allow the bearer to transmit healing energy into the earth with each step he or she takes. Again, the Jewels are

always active and therefore there is no need to intend to send healing energy into the Earth.

The healing energy sent via these Jewels will travel to where it is most needed. There is no need to intend a place for the energy to go. The Earth will always accept any healing energy sent with love.

### **Lotus Jewel of Heavenly Love**

Chakra- Transpersonal Point or “Soul Star”

Color- Soft, Transparent Pink

The Lotus Jewel of Heavenly Love resides in the Soul Star, where our energies are stepped down into the physical and stepped up to meet the Soul. The Jewel of Heavenly love is a transparent, soft pink Gift that allows us to always be in contact with Unconditional Divine Love. This Gift allows us to offer this love to anyone we meet and always is active. Any person, animal, place we encounter can choose to receive this love or to decline it but it is always offered, for its source is limitless.

This gift also allows the bearer to contact heavenly beings. The energy is such that it will only allow the bearer to encounter beings of Love and Light. Anything less will not be able to contact the bearer through the Jewel.

### **Lotus Jewel of Solar Light**

Color- Sunny Yellow (inactive), Burning Gold (activated)

Location- Auric Field

The Lotus Jewel of Solar Light resides in the energy field to the left side about two feet in front of the body and two feet above the head. It is a sunny Yellow but when activated, it glows a burning Gold. This is a multi-faceted jewel whose abilities include: Energy amplification, protection, and removal of unwanted energies from the energy field.

In the energy amplification capacity, this Gift allows all beneficial energies sent by the bearer or to the bearer to be amplified to the highest extent possible within the individual's Highest Good. The Jewel performs this function automatically.

In the Protection capacity, the Jewel will form a shield around the bearer, one of golden light, which will defend against unwanted energies. This aspect is controlled by the Higher Self- one may still find him or herself confronted with a negative energy if the Higher Self has determined it is needed for the growth process.

In the Energy Removal aspect, the Jewel will collect unwanted energies and transform them into positive energy. This is controlled via the bearer's conscious mind and therefore must be activated with knowledge. The bearer activates this Gift with Free Will.

### **Lotus Jewel of Compassion**

Chakra- Thymus Chakra ( High Heart )

Color- Aquamarine

This Gift allows for the development of the bearer's Compassion. Not only does it help one to become compassionate towards other people, but also it allows for compassion towards the self. In this time it seems that compassion towards other people is touted more than compassion for one's own human-ness, his flaws, his mistakes. It is okay to forgive others, it seems, but very bad to forgive one's self. This Jewel allows this to begin to happen.

This is a Free Will gift and as such, only works for the bearer, for it is for him or her to extend compassion into the world. It is not up to the bearer to cause others to be compassionate. ***One must choose this gift him or herself and ask for it him or herself as it is a personal commitment.***

### **Lotus Jewel of Forgiveness**

Chakra- Heart Chakra

Color- Violet

By now, you might begin to think that the heart space is full of energy symbols or constructs- but we would like to remind you that the heart space is infinite and the only thing that can fill it completely is **LOVE**.

The Lotus Jewel of Forgiveness helps one in the practice of forgiveness- Forgiveness to others for hurting the bearer, forgiveness toward the bearer for hurting others. It carries pure Forgiveness and creates a space that can help the bearer in the attitude of that action.

This is another Personal use Jewel, one that only the bearer may use. It is no good to force people into forgiveness and they must come to it by personal, conscious choice.

**Meditation:** Imagine yourself within the Jewel of Forgiveness in your Heart Chakra. You sit within a Violet sphere of perfect forgiveness. From this place,

you can send the energy of forgiveness into the past, present, and future. You may choose to forgive anyone or anything that has happened to you or anyone else. You float within a safe, sacred space...

### **Lotus Jewel of Divine Wisdom**

Chakra- Third Eye

Color- Indigo

For bringing Heart Wisdom into the 3rd eye. For combining the mind and the heart. To strengthen psychic abilities, mostly clairsentience and clairvoyance. Connection with God/dess mind and Akashic records.

### **Lotus Jewel of Ruby Light**

Chakra- Solar Plexus

Color- Vibrant Ruby

The Lotus Jewel of Ruby Light helps calm an over-active solar plexus and helps an individual release the need for power struggles and to act from a place of peace. It may be activated by the recipient or asked to run automatically.

# Sample Script for Lotus Jewel Facilitation

## **Facilitating the Lotus Jewel of Karmic Release**

Adapted by P.L. (Lovelie) Hill *with permission*

(Name recipient) Sitting quietly now, close your eyes and relax. Just let the muscles of your body completely relax as you allow yourself to enter into a tranquil state of being. From this still quiet space, become aware of yourself entering a garden – a very special garden, sacred unto you. You may find in your garden a pond containing lotus flowers, perhaps there are fairies, butterflies, birds, flowers in your garden..... whatever is right and perfect for you. This is a very special garden and you are perfectly safe here. From this wonderful garden, nothing can disturb or distract you. Any noises will only serve to relax you even more. Should you need to return to full awareness in case of an emergency you will return fully alert and wide-awake.



As you settle yourself in your garden, I am going to invite a very special energy to join us – the energy of Quan Yin - for the purpose of bestowing the Lotus of Jewel of Karmic Release upon you. I call to Quan Yin now, “Namo Quan Shih Yin Pu’sa”. She replies, “My hands are your hands, your hands are My hands. I am You, You are Quan Yin.”

( name recipient ). Please see extending from your heart space a flower, perhaps a lotus flower or calla lily, with its face directed toward me. Thank you. Quan Yin, I ask you to place in my hand now, the Lotus Jewel of Karmic Release, prepared specifically for (name recipient). Thank you. I am now placing the Lotus Jewel in the heart of your flower. See the petals of the flower wrapping around the Jewel as it recedes into your heart space and seals. Take a deep breath as your Jewel activates now. Feel the energies flowing through you now as the violet blue fills you. Breathe deeply.

Taking as long as you need, experience the gift to the Lotus Jewel. When you feel ready to return to the room, give thanks to Quan Yin for this gift and come back fully refreshed, wide awake and ready to continue on with your day.

## The Angelic Caretakers of the Flame

There are two main angels that assist Quan Yin in working with this energy:

**Archeia** (Female Archangel): Isariel

**ArchAngel:** Suriel

Angel Flame Colors

(The color(s) in which the angels manifest their energies)

**Isariel:** Rose Lavender

**Suriel:** White/Lavender

The angels help to transmit the energies of the Flame and are said to help in the initiations by protecting the initiate with their wings.

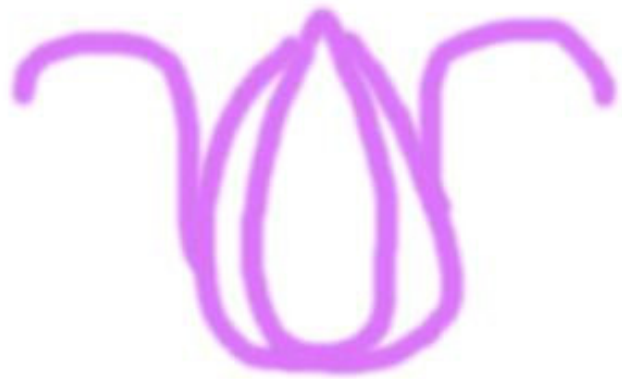
The angels can be called upon to help facilitate healings, especially distance healings. They will also work with the recipient in self-healing.

It is thought that every energy system has angelic caretakers who are responsible for keeping the energy pure and safe.

## Symbols of the Angels of the Energy

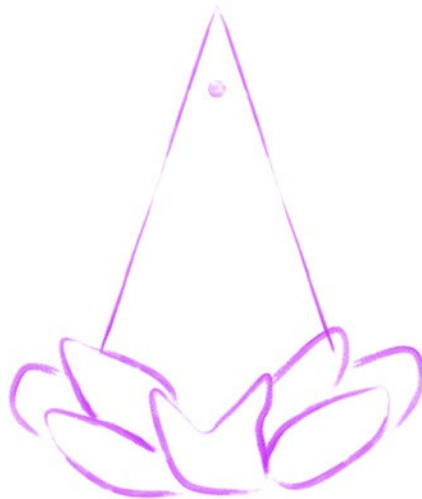


*Isariel*

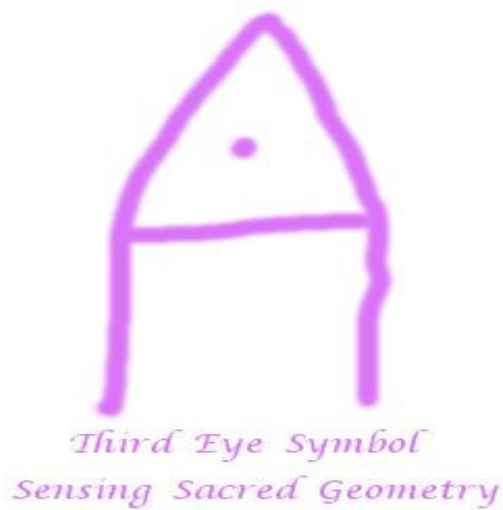


*Suriel*

## Other Symbols of the Energy



This first symbol was channeled by Kyron Yau while in a crystal shop. The symbol can be used to empower crystals and crystal grids.



This symbol can be used to empower the Third Eye. It helps the user sense the sacred geometry of energies and objects, that is, it helps one discover new symbols.



This symbol is called “Sacred Shield” and is used to protect people and places from harm.

## Ways of Calling on the Energy

The energy of the Lavender Flame may be called upon using a variety of methods.

- You may say “Lavender Flame on!” and intend that the energy flow.
- You may recite a Quan Yin Mantra such as “Namo Quan Shih Yin Pu’sa”
- You may draw the main Lavender Flame Symbol in the air before you or on both hands.
- You may call aloud or in your mind to Quan Yin and the angels to create you as a vessel for the transmission of the energy.

The energy is usually seen entering the crown and the heart simultaneously and then proceeding down the auxiliary channels to the palms.

## Distance Technique

As with other systems, the energy of the Lavender Flame may be sent at a distance, whether physical or time-related.

To send the energy long-distance, I use the following method:

I chant the Quan Yin mantra: *Namo Quan Shih Yin Pu'sa* until I feel the energy build up.

I ask mentally for Quan Yin to fill me fully with the energy.

I set my intent to send healing long distance.

I name the person who I am sending healing to.

I create a sort of mudra or hand position that resembles a lotus by placing the tips of my thumbs together and allowing the tips of my index fingers to touch.

I envision the person who needs healing in the center of this lotus shape.

I then mentally direct the energy to address this person's issue.

I always trust the energy to get to the person because I know that, while I am not perfect, Quan Yin is and she will assure the healing will not go astray.

**There is no distance symbol for this energy.**

## Rose Quartz Prayer Method

If you have an altar or a healing altar, there is a method you can employ to send healing energy to those in need. You will need:

- a clean piece of paper
- a pen or a pencil

- a rose quartz stone

On the paper at the top, write the recipient's name, and their concern (such as Gem Glendannon, Arthritis). Next, fill the paper with the Quan Yin Mantra until you have covered the entire sheet on one side. This has the effect of charging the paper with energy. Now fold the paper and on the outside, draw the Lavender Flame Symbol and the two angel symbols. If you wish, spend time with the paper in your hands, giving it extra energy. Place the folded paper on your healing altar and put the Rose Quartz on top. Leave the paper there until positive change occurs.

## Attunement Procedure

Set up a space that feels honored and sacred. You may burn incense if you like or have soft music in the background. The important thing is that you will not be disturbed and that you feel safe and honored in your work. You may wish to bathe before or do some meditation to purify yourself and honor the sacredness of the gift you are about to bestow.

Focus on the person you are sending to. Say their name several times to become connected to them.

You may wish to say a little prayer to Quan Yin for the attunement to take place in the most perfect way, for the highest good of the recipient.

Begin saying the Quan Yin mantra, whether aloud or mentally.

*Namo Quan Shih Yin Pu'sa... Namó Quan Shih Yin Pu'sa... Namó Quan Shih Yin Pu'sa...*

Begin drawing the energy into your Crown and into your Heart.

Breathe the energy into your lungs from your Heart and Crown.

Intend to send this attunement to the recipient and that he or she be fully and perfectly attuned and able to pass on the Lavender Flame attunements from this time on.

Create the "Lotus Mudra" with your hands.

See the person in the center of the shape and know the center of the shape is an extra-dimensional gateway that connects you with this person. Know also that your hands are now the hands of Quan Yin, compassionate and fully capable of empowering the recipient in the most perfect way.

Take a deep breath of the energy and blow it through the gateway.

**Repeat this TWO more times.**

Clap your hands to seal the attunement.

Give thanks to Quan Yin.



Proceed with the **Lotus Jewel of Karmic Release Script**.

Ground yourself.

## Alternate Attunement Procedure

*For those wishing to use the symbols in the attunement, this alternate procedure is offered:*

Set up a space that feels honored and sacred. You may burn incense if you like or have soft music in the background. The important thing is that you will not be disturbed and that you feel safe and honored in your work. You may wish to bathe before or do some meditation to purify yourself and honor the sacredness of the gift you are about to bestow.

If the person is present, please stand behind them, having them standing or seated in a chair: Whichever is most comfortable for you both.

If you wish, you may say a little prayer requesting the aid of Quan Yin and the Angels for this attunement.

Begin to generate the energy by chanting the Quan Yin Mantra.

Breathe this energy into your Crown and into your Heart.

Now breathe the energy into your lungs, send it down your arms and draw the Lavender Flame Symbol above the recipient's head, into the crown chakra.

Give a slightly forceful exhale of the energy and see the symbol radiating the Flame down into the Crown Chakra. Give another slightly forceful exhale and see the symbol descend into the Crown. Give one more exhale and see the symbol in the Crown, radiating the energy.

Move to the front of the recipient.

To their left, use the energy to draw the symbol of the Archeia Isariel. Give a slightly forceful exhale and see the symbol become empowered in the recipient's energy field.

Now to the right draw the symbol of the Archangel Suriel with the energy. Give a slightly forceful exhale and see the symbol empowered in the recipient's energy field.

Into the Heart Chakra draw the Lavender Flame Symbol. Empower it with a breath of the energy. Draw the symbol twice again, empowering each drawing with the energy in your breath.

Move to the back of the recipient.

Place your hands on their shoulders and run the energy for a minute.

Come around the front of the recipient again and draw the Crystal Empowerment Symbol with the lotus-like part situated at heart level and the top of the triangle touching the Third Eye. Empower this symbol with a breath of the energy.

Draw the Third Eye Symbol into the Third Eye and empower as before.

Now back a pace away and draw Spiritual Shield onto the recipient's energy field.

Now take the Recipient's hands and placing them between your own, blow the energy into them.

Come around the recipient one final time; place your hands gently on their shoulders and run the energy.

Proceed to read the Lotus Jewel of Karmic Release Script aloud.

Welcome the recipient as a new QYLF Healer.

You and the recipient should now ground yourselves and give thanks to Quan Yin and the Angels.



# Lavender Flame

*This is to certify that*  
*Name*  
*Has been initiated by me into the*  
*Lavender Flame of Quan Yin*

*Date: November 21, 2003*  
*(Your Name)*

*Lineage: Rev. Andrea Meyers (Suraya) ~*  
*(Your Name or Name of Teacher)~ (Your*  
*Name or Name Recipient)*

## Credits

Channelings of Andrea "Suraya" Meyers, July 2001, April 2002, May 2002, Sept 2002-Sept 2003, Isariel, Suriel, and the Goddess Quan Yin

Channelings of Argante on the Lavender Flame: AquiliaQuanYin@aol.com

Lotus Jewel of Karmic Release Script courtesy of Pamela Lovelle Hill:  
[lovelle@telus.net](mailto:lovelle@telus.net)

Crystal Empowerment Symbol: Channeled by Kryon Yau:  
[kryon\\_yau@yahoo.com](mailto:kryon_yau@yahoo.com)

Certificate Template graciously donated by Aroon Kumar,  
[kahokiam@yahoo.com](mailto:kahokiam@yahoo.com), and is intended for **not-for-profit use only**.

“Who is Quan Yin?” material is adapted from an essay by Bethleen Cole and may be found at: <http://www.lava.net/tribalartifacts/qunynex.htm>

Cover image of Quan Yin by an unknown artist, modified by Aroon Kumar

## Resources

Lavender Flame e-group: <http://groups.yahoo.com/lavenderflame>

You may mail Andrea at [templeofstars@yahoo.com](mailto:templeofstars@yahoo.com) with any questions you may have about this energy.