

Life Path Empowerment



Channeled Artwork by Linda Colibert

Channeled Life Path Empowerment Manual by Linda Colibert

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Accredited by the World Metaphysical Association

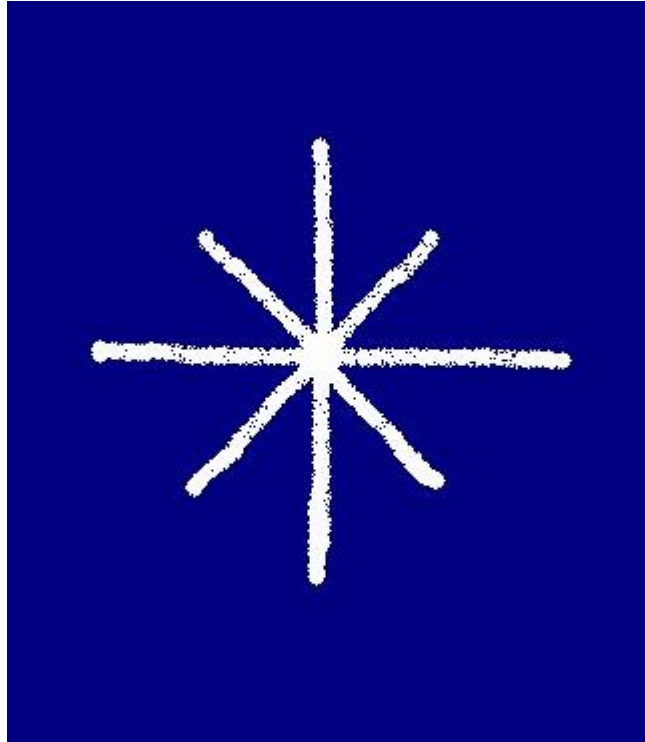
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Life Path Empowerment

The Life Path Empowerment will help you discover and strengthen your connection to your personal guides. It will help you discover your life's path and stay on that path. This is an empowerment that connects you to your Higher Self and your guides so that you will accelerate your Spiritual growth and ascension. The Life Path Empowerment is easy to use and gives you access to communicate with your personal guides in a way that allows you to know who your guides are, often giving you the names of your guides, and teaching you how to receive clear guidance from them so that you can discover your Life Path and stay true to it. The Life Path Empowerment was given to me by my personal guide, Bernice. She has insisted that this empowerment system be simple and easy to use so that everyone who wants and needs guidance can receive it and apply it. It is one attunement with a simple symbol that you can use to focus and strengthen the connection to your guides.

The Eight Point Star drawn in a straight line style is associated with Spirit and the Angels. Not all of your guides will be Angels, but this symbol can be used to connect to any of your guides so that you can receive the guidance you need.



8 point star symbol

Use this symbol to help you focus and connect to your guides during meditation, on when you are seeking to connect with your guides for guidance. This symbol is also to be used whenever you are beginning to stray from your Life Path and need to get back on track. If you feel you need assistance getting back into the flow of following your Life's Path, think of the 8 point star symbol and you will begin to see your path more clearly.

Signs that you are off track on your Life's Path:

Depression

Anxiety

Sadness

Restlessness

Insomnia

Fear

Listlessness

Sickness, including nausea, headache, etc.

Lack of motivation

Procrastination

Worry

Stress

If you are experiencing these symptoms, you may want to work to adjust your thoughts and actions to get back on track with your Life's Path. To do this, simply think of the 8 point star symbol and state that you want to be back on track with your Life's Path for the highest good. This will help you with adjusting your thoughts and then you will need to begin taking action to align with your Life's Path. You will receive an adjustment from the Higher Beings of Light when you do this that will raise your vibration and help you get become clear and focused on your Life's Path. You may hear ringing in your ears of a lower or higher pitch, feel a bit light headed or spacey, feel the flutter of angel's wings around you, or receive a clear message about your next step. These symptoms will pass shortly, but if you feel the need you may ground yourself by holding a piece of hematite, putting the palms on the earth or on a tree to send the excess energies to help heal the Earth, or hold your hands under cold running water for a few

minutes until your physical body adjusts to the changes of your higher spiritual vibration.

Meditation

Light a yellow or white candle and gaze at the flame. Allow your mind to become still, empty all of the worries of the day, and just relax. When you feel yourself become relaxed and your mind is clear, ask, “Who are my spirit guides?” Pay attention to any images, names, or other messages that come through. If you did not get a name for your guide, ask, “What is your name?” Just relax and allow the messages to flow. Continue to gaze at the flame of the candle. Ask, “What is my Life’s Path?” Pay attention to any signals, signs, messages that come to you. If the message is confusing and unclear to you because it has come in as flashing images, or riddles, write down all of the sensations and impressions that you receive and repeat the meditation and question asking the next day. Often you will discover that all of the pieces begin to fit together like a puzzle and the message will become clear. You can use this meditation for guidance in any area of your life, as the information you receive is always for your highest good. You will never receive a message for the Universe or Spirit, or the Higher Beings that tells you to do things that are bad or wrong. The information will always be for the highest good of all concerned.

Protection

It is a good idea to always call on the Four Archangels—Uriel, Raphael, Michael, and Gabriel for protection before doing any meditations, or sending or receiving attunements. This will prevent any unwanted energies from trying to tap in or attach to you or your energies. I mention this because as a Lightworker, you will glow with a spiritual light in the etheric and there are times that Negative energies, entities, or spirits may see your light shining and be attracted to it. You can protect yourself and those you send healing and attunements to by calling on the Archangels to protect you.

Here is how to Protect yourself.

Say, “I call on the Archangels Uriel, Raphael, Michael, and Gabriel to protect me during the sending of this attunement, and to protect (name the person receiving healing or an attunement) during the receiving of this attunement. Do not let anything negative enter, interfere, or attach during the sending or receiving of this attunement. Please allow only the pure energies of the attunement (or healing) to enter. I thank you.”

If you are doing a meditation and want protection, do it the same way as above, except state that it is during your meditation so that you receive only pure energies and messages for the highest good.

Attunement Procedure

It is suggested that you call for protection before sending the attunement.

Then continue to send your attunement as follows:

Get comfortable and relax. Take three deep breaths and exhale slowly to clear your mind and prepare to send the attunement.

Say, “ I ask that (name) be attuned to (name the attunement – which in this case is Life Path Empowerment) on (date and time). Let (name of person being attuned) feel the energies and know he (or she) has been attuned. Thank you! And so it is.” Then just allow the energies to flow through you to the person being attuned.

Receiving your Attunement

Allow yourself about 25 minutes of quiet time to relax and enjoy receiving your attunement. Get comfortable and relax. Take three deep breaths and exhale slowly. Say, “ I accept this attunement from (name of person sending the attunement) at this time.” Then just allow the energies to come in to you and enjoy it.

This attunement can be sent as a scheduled distance attunement, or with the chi ball call in distance method, or done in person in the way that is most comfortable for you to do. It is sent by intention and you should always send the attunement in the way that feels right to you. This will allow the energies to be passed in the most efficient way through you and out your hands to the person being attuned. Distance attunements are just as powerful as in person attunements. The energies come from Spirit and are passed through the teacher to the student. Once you have been attuned

**to the energies of the Life Path Empowerment, you may pass it on to
others.**

**Reiki is a form of energy healing that always helps and never harms. If you
are ill, please see your physician. Reiki works hand in hand with the
medical profession. Results may vary depending on where you are on your
spiritual path and how much you work with the energies.**

**This manual and the artwork for Life Path Empowerment is copyrighted by
the Founder, Linda Colibert. The manual may not be changed or altered in
any way without permission from the Founder, as this would change the
energies of the attunement.**

**Please get permission from the founder before translating it into another
language.**

**While there is no set amount that you must charge for this attunement
should you decide to teach and pass it, I ask that you respect the energies
and keep it pure.**

May your find the guidance you seek on your Life Path!

Linda Colibert – Founder

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