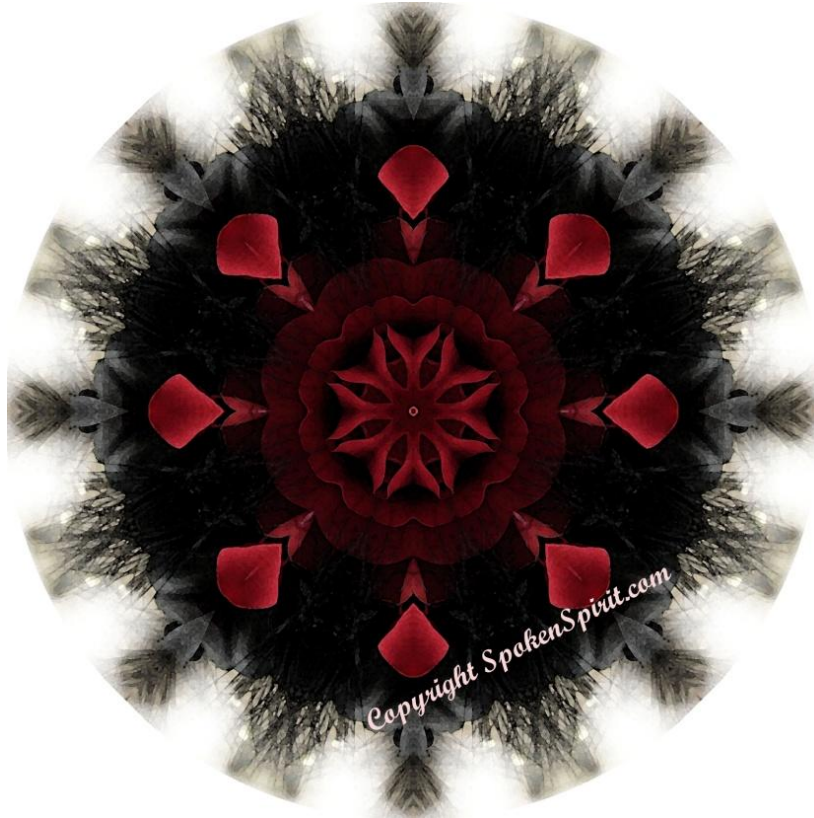


WELCOME TO

REAL VAMPIRE REIKI



EMPOWERMENT AND ATTUNEMENT

This Empowerment/Attunement is Available to ANYONE. (This is Level I for Master Teachers)

Real Vampire Reiki was channeled by Tina Hesskew and the entity named 'Charley' in July of 2011. All images subject to Copyright.

*****REQUIREMENTS*****

None. Only to know that Reiki is the universal life healing energy. It can be applied via the laying on of hands or sent distantly. The benefits are extraordinary in maintaining well being and healing.

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INDEX PAGE

Goal of this Manual

Learn about Vampirism

Types of Human Vampires in the Vampire Community

Lifestylers or Vampyres

Psychic Vampires or Energy Eaters

Elemental Vampires

Blood Drinkers; Sanguine Vampires

Vampire Bats

Donors

We as humans; Vampire or not

Psychic Attack Protection

Gemstones Available for Use

How Vampire Reiki Came to Me

What Real Vampire Reiki does for You

The Attunement Empowerment to Real Vampire Reiki

The Sacred ANK Vampire Reiki Symbol

How to share the Healing Energies with Others

Daily Method of Protection and Utilization of Real Vampire Reiki

How to Perform Cord Cuttings (Negative Attachment)

How to Charge Items with Vampire Reiki

REAL VAMPIRE REIKI

Goal of this Manual and the Attunement

To attune those drawn to vampires and vampirism to the Real Vampire Reiki energies for a better understanding of the lifestyles, needs, wants, desires, strengths, and uniqueness of all human Vampires as well as Vampire Bats.

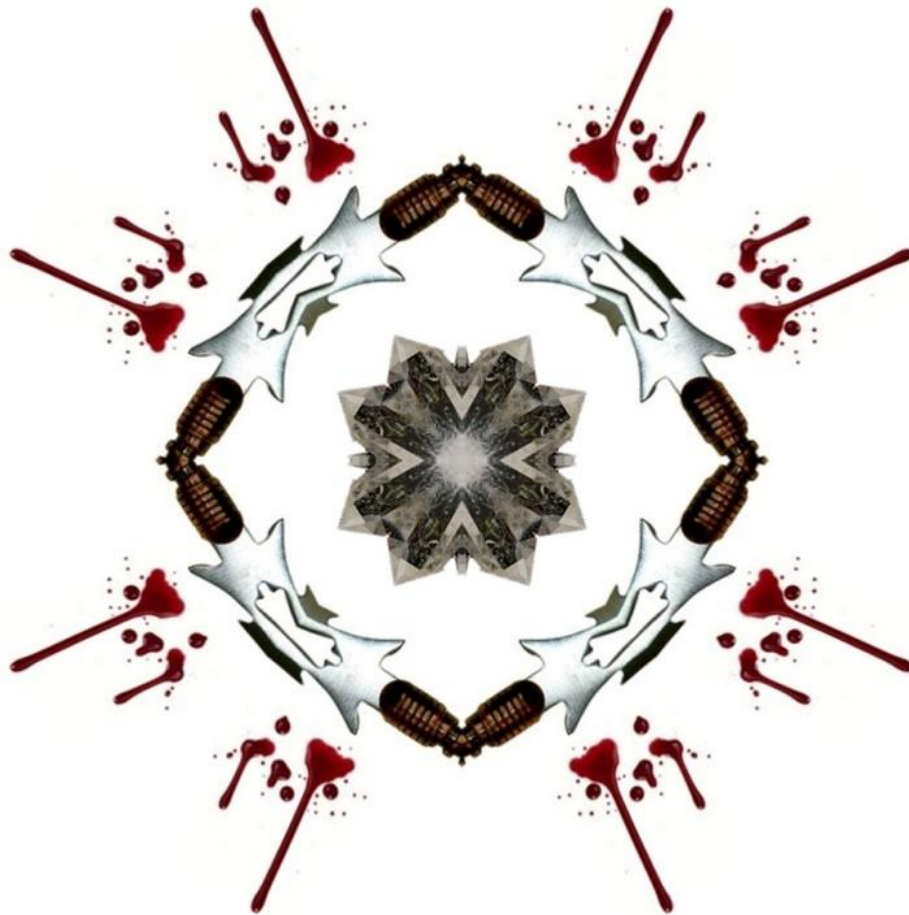
Learn about Human Vampirism

First let's briefly discuss what a real human vampire is.

A real vampire is a human just like everyone else. They have many characteristics that make it more apparent to themselves or others that they are, or might be, a vampire. They are not evil, nor do they prey upon anyone (any more so than any other human). They love, they laugh, and they live just as other humans do. Your grandma, the mailman, even your next door neighbor could be a vampire and you may never know it, unless you know what to look for.

Basic definition of a Real Human Vampire:

Somebody that feeds off of life, rather it is Blood or Energy in order to maintain their health and well being. This attunement is utilized for the energy of all vampires that feed off of life, rather human or not. Limiting these attunements to those vampires that consume only human life was too constricting to one of the goals of these attunements, which is, to raise the vibration and awareness of vampirism, increasing consciousness' growth of the ALL.



TYPES OF HUMAN VAMPIRES IN THE VAMPIRE COMMUNITY

What is a Vampire Community?

It is just as it sounds; a community of people of the like mindedness of vampirism.

LIFESTYLERS



“Lifestylers” or “Fashion Vamps” or “Vampyres” are basically just really ‘into’ vampires and may choose to dress, live, and/or act like a vampire. Vampirism just appeals to them. They may or may not drink blood. Some may go as far as having their canine teeth transformed into fangs by a cosmetic dentist.

Some vampires look down upon lifestylers, fashion vamps, or vampyres and consider them as ‘posers’ or wanna be’s.

Nevertheless, they have become part of many Vampire Communities and are welcomed and celebrated for their own uniqueness that they bring to the community and image of Vampires.

PSYCHIC VAMPIRES OR ENERGY EATERS



Psychic Vampires are a different sort of psychic who needs to take in human energy in order to maintain themselves, physically, mentally, and spiritually. They are extremely psychic from a very young age. They are usually sick, weak or tired much of the time, which is why they need energy.

Psychic vampires take energy utilizing these methods:

Touch, Eye Contact, Sexual Intercourse, Dreams, Conversations, and many other forms and ways.

There are psychic vampires that provoke and take knowingly or unknowingly via these mannerisms:

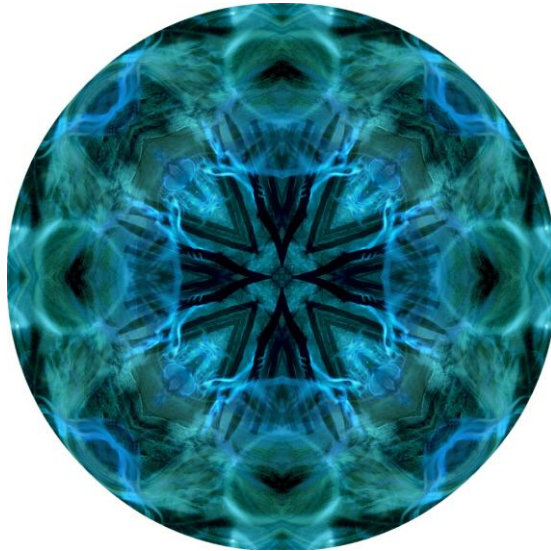
1. The rude in your face that strives to get a reaction out of their victim in order to feed upon their energy.
2. The poor me, feel sorry for me, everything goes wrong for me. They utilize that behavior to gains their victims' energy by making them feel sorry for them. They are the pity eaters.

Again, there are many other methods in which a psychic vampire can attack.

The Modern Psychic Vampire

The modern psychic vampire has awakened to what they are, and they are more conscious of what it is they are doing; taking energy in order to feel better, stronger, and healthier. When they realize this and are comfortable with who they are they also become more conscious of how and whom they obtain their energy. They do not take energy without permission, therefore they do not perform psychic 'attacks'.

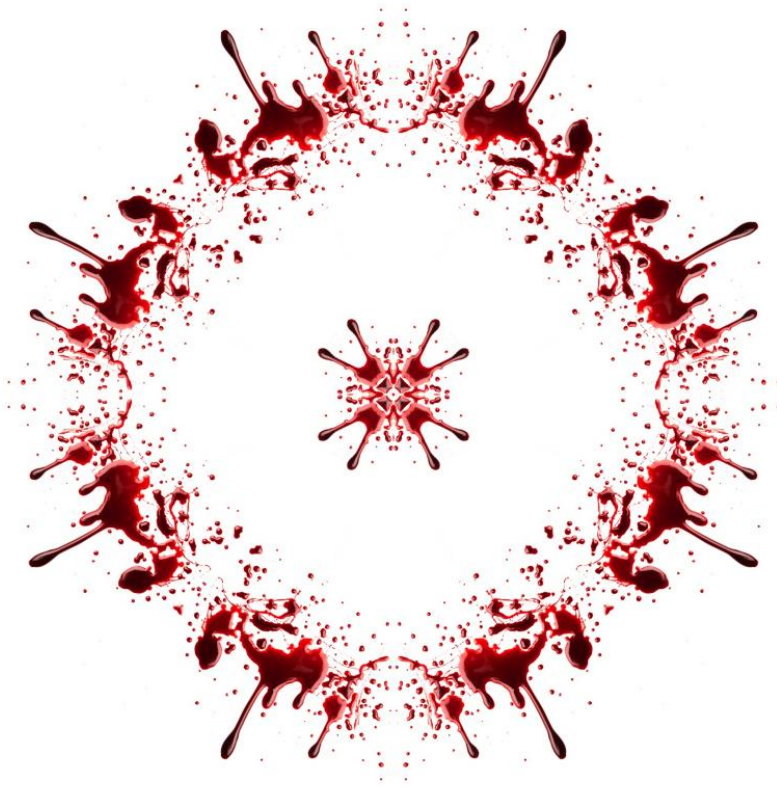
ELEMENTAL VAMPIRES



An elemental vampire feeds off of the ambient energy of nature, be it earth, water, air and/or fire. Some vampires contest whether this is a real vampirism, since most everyone “feeds off” of nature’s energy in some form. People enjoy the beauty of nature, the feeling of the sun upon their skin, the cool waters, etc. This makes people feel good because they are absorbing nature’s pranic energy.

What makes elemental vampirism what it is, is the person is weak, tired, sickly and feels they need to ‘feed’ off nature’s energy to maintain their well being. This is the SAME as psychic vampires feeling weak and tired and feeding off of people’s pranic energy, and the SAME as vampires gaining energy, or that feeling of nirvana, when feeding off human blood. For this purpose this type of vampirism is included in Real Vampire Rieki.

BLOOD DRINKERS OR SANGUINE VAMPIRES



Blood Drinkers or Sanguine Vampires are those that drink blood.

The Metaphysical drinkers are those that feel they drink the blood as an energy source; the life force energy inside of the blood.

Drinkers for “Medical” or “Clinical” purpose believe that they have a physical need for the blood itself, that there is something in the blood that they need that they do not have or have enough of. *Not all sanguines feel this way.

Hybrids drink for both metaphysical purposes and medical purposes.

VAMPIRE BATS

A LITTLE ON OUR NON HUMAN VAMPIRES

There are many animals, insects, bugs, worms and other creatures which are also Haematophagous. The word haematophagous, or Hematophagy, derives from the Greek words, “haima”, meaning “blood”, and “phagein” meaning “to eat”. These creatures feed on blood for its rich and nutritious proteins, carbohydrates, fat and minerals (which may be why human vampires say it makes them feel better and increases energy and stamina).



Vampire Bats

Found in the tropics of Mexico, Central America and South America, the common Vampire Bat has a special flat nose that allows it to locate where blood flows closest to the skin on its victim. Their sharp teeth penetrates its host's skin and its tongue laps up the blood.

These creatures live in medium to large (100 to 1000 bats) communities and sleep in caves, deep crevices and caverns in total darkness during the day. During the darkest part of the day vampire bats emerge to begin their feeding on livestock and animals such as cows, horses, goats, etc. Some have even been known to feed upon humans. The feeding takes up to 30 minutes, is painless to the victim, and does not take enough blood to harm its host. Although sometimes infection can occur to the small open wound. It's also interesting to know that infant vampire bats do not drink blood but survive from milk from their mothers for about three months.

This is nature at its finest.

Namaste to our Animal Vampires,
Who are living, growing, thriving,
And expanding as we are.

Back to our Human Vampires and Human Vampirism

DONORS

Donors are those who donate blood and/or energy to vampires. They are usually family and friends of the vampire. People that are donors are called “Swans”.

A **Crystal Swan** donates pranic or life energy.

A **Crimson Swan** donates blood to sanguinarian vampires.

An **Amber Swan** donates both pranic or life energy and blood.

Another swan is the **Black Swan**, and they simply donate friendship and whatever else they can provide to vampires, or family and friends of vampires.

We as Humans; Vampire or Not

We are all Gifted, Unique and Special

Too much has been heaved upon labeling, which only works to alienate in the current perception of the population. If you have studied God, or spirituality, or looked deep within your own self, then you know we are all one and never separate. We are all here, to live, to experience, and to share – to continue to grow together as one. If the current populations’ limited view would change into categorizing our ‘specialness’, then perhaps we can grow in one unity for the benefit of all living energies(and those on the other side); human, plant, animal, etc.

Do you find yourself attracted to vampires?

Some of you wanting these attunement may simply be attracted to vampires, be it due to fantastical movies, or just because you are intrigued with vampires. That is fine you do not have to be a ‘real vampire’ to take and benefit from this attunement. This attunement will NOT make you a vampire. Real vampires are not impressed with posers and would appreciate people leaning more about what ‘real vampires’ are. Please google (research) it before continuing on.

Are you a real vampire?

This is something you may feel is at the very core of your being. You are not alone there are many others with the same feeling, and some say it's a certain infrastructure in your DNA. You were born this way, it did not magically happen, although you may not have recognized your gift until recently. If you feel you are alone, please search the internet for "real vampire". There are several very good sites that will allow you to connect to people who are just like you.

Some (just a few) of the initial signs you may experience if you are a real vampire:

- ❖ At times you may feel you are more aware of your surroundings than the others in the same room with you. Sometimes you may even experience the feeling of being psychic, seeing and hearing things about people's thought, reactions, events, past and present
- ❖ You may feel stronger at times, stronger than you have every felt in your life, and then later not have that feeling.
- ❖ You may find yourself with the ability to change the moods of people around you, simply by thinking it.
- ❖ You may have a parent or a child that experiences these same things
- ❖ You seem to recover from illnesses faster than others.
- ❖ You have clear yet strong healthy fingernails.
- ❖ You prefer your resting quarters, dim and cooler than most people.
- ❖ You have sensitivity to bright sunlight as it may bother your eyes and/or your skin.
- ❖ You really enjoy rare or medium rare steak and after you eat it, your normal paleness is replaced by a new pinkish skin (not a temporary flush that last only a few minutes)
- ❖ You may feel like you would like to taste or drink blood. *Psychic vampires may or may not drink blood in addition to their psychic feedings.

Again, if you feel alone in your venture and wish to connect with other vampires, there are places on the internet that can tell you where you can find "[Real Vampires](#)". Please [Google it](#). Sometimes we are at our best when we surround ourselves with those of like mindedness and vibration.

You are the perfect You

Do not worry, nothing is wrong with you, you are just noticing what makes you special and unique; you are beginning to SEE. Everything in life is about seeing. Every one of us is able to “see”, many in the same ways, and many in various ways. We each have our strengths and weaknesses; our specialness, that gives us intuitiveness, clairvoyance, psychic abilities and so forth and so on. Some of us are so used to being the way we are that we don’t even recognize it as special. I have a friend that has seen aura’s all of her life; from as far back as she could remember; a toddler. She thought everyone saw them, until one day on the school bus, she made a comment about the uncommon colors (not typical auric colors) coming from around one of her school mates, and everyone started laughing at her and making fun of her. She was horrified, and did not mention it again. Luckily she was very wise and now utilizes and embraces this gift; her uniqueness.

Be proud of who you are. Don’t live by other’s rules or perceptions of whom and what you are. Find your true self and act, dress, speak, the way your true self wishes you to do. This is the key to happiness. It is your life, unique and awesome as it is. Live it.

LEARN ABOUT PSYCHIC ATTACK PROTECTION

Protection and Shielding Procedures

These are two shielding techniques that you can utilize whenever you are stressed, nervous, worried, or afraid. They of course are also used to prevent psychic attacks, negative attachments, and any other negative type of energy assault.

Finger Interlock Technique



Each index finger touches each thumb and you interlock them as seen in the picture above. You can do this sitting, standing, it does not matter. You can be very inconspicuous about it as well.

As you do this you will envision or feel that your energy is flowing in a never ending loop that cannot be broken (it is locked within you), therefore knowing it is, and you are safe and protected and your energy cannot be drained, nor can you be attached to.

Shielding within in your energy field



Place a egg shape around yourself (in your mind's eye) to prevent anything outside of your energy field to enter. It does not have to any specific color, make it what you feel it is. Some say envisioning drawing energy from the earth; actually seeing it as a white light, or bright light entering them from the ground into their feet up into the crown of the head and creating this egg shape dome is a super effective and empowering technique of shielding. Do not worry; you cannot get this 'wrong'. It is what you see and feel and is always appropriate and correct. Just allow.

GEMSTONES AVAILABLE FOR USE

There are several stones available that greatly benefit holders of Real Vampire Reiki. All listed below benefit the maintenance of one's well being, as well as increase your strengths and abilities and provide protection from psychic attacks. **All these stones may be charged with Real Vampire Reiki using the method found in this manual under the title: HOW TO CHARGE ITEMS WITH REAL VAMPIRE REIKI

Bloodstone:



For Potential Victim: Protection stone. Blocks undesirable influences and prevents mood control used by vampires. Grounds heart energy.

For Both Vampire and Potential Victim: Excellent blood cleanser and powerful healer. Energy cleanser and invigorates the immune system. Purifies blood, regulates and supports blood flow.

How to use: Wear as jewelry for general good health. Hold at times to prevent psychic attacks. Hold or wear as jewelry during donation to blood drinkers or psychic vampires.

Clear Quartz:



This stone is always beneficial for both Vampire and Potential Victim.

The bearer may program this stone for whatever he or she wishes, including, but certainly not limited to, protection from psychic attacks and/or a stabilization of your own energy fields. It stimulates the immune system and brings the body into balance.

This stone is the most powerful healing and energy amplifying stone there is. It stores, absorbs, releases and unblocks and regulates energy.

How to use: Hold or wear

****To program this stone simply state what it is you wish it to do and then say "Please stay".

Green Aventurine:



For potential victim: Protection from psychic attacks of energy and heart energy. Takes draining situations and turns them around.

For both vampire and potential victim: Psychologically increases your leadership qualities and stabilization of mind making you more in control of your own energy. Also increases the holders' vibration of empathy skills. Balances blood pressure and possesses healing aspects for the nervous system, as well as the lungs, sinuses, heart, and the muscular systems.

How to use: Hold or place over effected area.

Ruby:



For potential victim: Powerful stone to shield against vampirism of heart energy and psychic attack.

For Both and potential victim: Detoxifies the blood, body, and restricted blood flow. Ruby is also beneficial for the circulatory system and the heart.

How to use: Wear over heart, on finger as ring, or anklet.

How Vampire Reiki came to me.....

I am a facilitator.

Without giving things extraordinary titles, I will simply say, I hear. I hear from spirit and I hear from those that have passed on. For several days I had been hearing “vampire”. Then I got “real vampire”, then “real vampire is just like you.” Finally, I sat with pen and paper ready to question spirit. From there I learned there is a woman around me who has passed on. She was first drawn to my neighbor as they had a matching vibration field.

My neighbor had some very amazing things happen to him in the past year. Although he has not studied spirituality or even attended church of any type on a regular basis, he has had many experiences with spirit and ghosts than most spiritualists ever experience, and many of them they would be envious of such. These occurrences began at a time in his life when he questioned his own identity. When one does this, they open up to many experiences. At this time many lost souls were attracted to him, because at this time he was “lost”. Since then he has ‘found himself’ but those that passed on still come to him like he is a beacon. Although he does not see them often (with his eyes), he can still feel them. He is not someone that is into ‘this sort of thing’; he is a hard working physical laborer. He mostly focuses on his everyday life instead of stop to see who is around him and for those that know that they’ve already passed on, it’s fine with them. They love to sit and watch and see through his eyes.

Charley is one that was drawn to him, and this is where she started seeing me through his eyes, and now she is seeing through my eyes.

When Charley was alive, she was a psychic vampire. She says that term did not surface until much later in her life, but that she did not need labels to understand that she needed people as a source of energy for her. She says she did eventually meet other people like herself and they lived together in harmony, although closed off to others. She felt loved by those close to her, yet misunderstood and isolated by others.

After her death (and the discovery that she had passed on) Charley saw that her life plan had been to make people aware that each of us has special skills, talents, quirks, ticks, limitations, handicaps, etc.... all these things that make us unique. Every one of these unique characteristics is a gift from spirit. Each gift is a pathway for us to see spirit, to know “God”, to see the ONE. To see that we are never separate, that we are always one and never isolated.

Charley had seen that what she thought was her weakness, was in fact a very special gift. She learned to utilize energy in many ways. Charley did not just take energy; she learned to give energy, to grow energy and to manifest energy. She learned that she was a creator, that we are all creators, that we are the ONE creator. All of ‘this’ is our creation. Charley sees this clearer now than before she passed on. She has a clearer vision and even stronger connection and vibration with the One. She wishes to fulfill her life plan even now. And so together we have channeled the spirit of Real Vampire Reiki.

Once spirit gave Charley and I the details, I was told to prepare for the attunement in the manner I will show to you. I have received many attunements over the years but this by far has been the strongest, most empowering, most energizing, gratifying experience that I have ever had. I hope your experience is as strong.



WHAT REAL VAMPIRE REIKI DOES FOR YOU

What this attunement does not do

This attunement will not make you a vampire if you are not a vampire.

What this attunement does do

This attunement simply increases and brings to you the real vampire energies of:

Psychic Vampires, Sanguine Vampires/Blood Drinkers,
Lifestylers/Vampyres, Elemental Vampires and Vampire Bats.

This attunement gives you the Reiki energy to heal all wounds, past and present and protect from future ones. This healing energy may be used upon yourself or sent to others. This may be done with the laying on of hands (or placing them around the person), through chi balls, through items/gifts you have charged with the healing energy. You must utilize the sacred Real Vampire Reiki symbol in all methods, prior or during the sending/giving of this healing energy.

This attunement cuts all cords that may be attached to you in a negative manner. All attachments are severed, healed, and then sealed, so it is that harm was never done.

This attunement also increases your power of protection against any future attacks, be they cords of negative attachment, psychic attacks (vampiristic or not), black magic, voodoo, or any invasion of your aura, your energy field, or any essence of you.

Nature and the elements will also provide their energy essence to you in larger quantities, or rather; you will be much more easily able to benefit and absorb the energy of nature, be it water, earth, air or fire. When you feel tired or run down, go outside, or light a candle or sit next to a fire and see how your energy level seems to increase. Your lowness; feeling of sadness or depression will release the longer you make yourself available to the elements. Access of the Real Vampire Reiki increases your openness to more easily receive this ambient elemental energy.

Those of you who are vampires, this attunement will give you even greater capabilities to access, control, hone, identify and perfect the energy, strengths, skills, and mental abilities that you possess. It provides stamina and will also help you to better store, preserve and reserve your energy for maximum usage, keeping you from feeling as drained, tired, or that feeling of 'missing' or 'being without' as quickly.

For those of you that are not vampires, this will draw the vampire energies to you. You may notice your psychic abilities increase. You may notice people, ghosts and spirits showing up in your life that possess vampires' qualities. You may have the urge to be outside during rain, or storms, or have feelings of needed to be near water, or fire, or the sun and moon. You may experience 'feeling like a vampire' be it psychic, blood drinker, or even lifestyle (vampyres).

Typical listing of what you may feel during after attunements and empowerments:

If you have never received an attunement or an empowerment before you should be aware:

1. That you may experience cold and warm on various parts of your body during the attunement.
2. You may feel tingling or the essence of something or someone touching you during the attunement.
3. You may see things in your mind's eye.
4. After the attunement you may feel light headed or dizzy. The first thing you will do is drink the water from the glass used in this attunement. Drink much water for this day and the next.

Side effects/ Manifestations after the attunement:

You may have all of these experiences all on and off at various times for the next few days. Everyone is unique and experiences in different ways.

1. You may experience during and after the attunement feelings of wanting to perform vampirism, be it psychically, or a thirst for blood, or the urge to dress in dark clothing.
2. You may feel you have fangs in your mouth. Even though stereotypic vampires and vampirism is also with fangs (as with the Vampire Bat).
3. You may be drawn to the vampire bat. If so, read about him/her.
4. Sunlight may seem extra bright and you may feel as you are getting a sunburn or experience light skin irritation.
5. You may notice your preference to dimly lit rooms
6. You may experience weakness or tiredness.
7. You may experience the opposite and feel great strength, great clarity, clear thinking, even euphoria.
8. You may be drawn outdoors.
9. You may feel as those you are receiving an IV or something flowing into and through your veins.
10. You may catch glimpses of other people's thoughts.
11. You may see images in your minds eyes of events that are about to happen a few moments before they do.

COMPILATION LIST

** I am compiling a list of side effects to later add to my website, students, please email me your experiences to vampirereiki@gmail.com. Thank you.

THE ATTUNEMENT EMPOWERMENT TO REAL VAMPIRE REIKI

THE ATTUNEMENT CEREMONY (Optional)

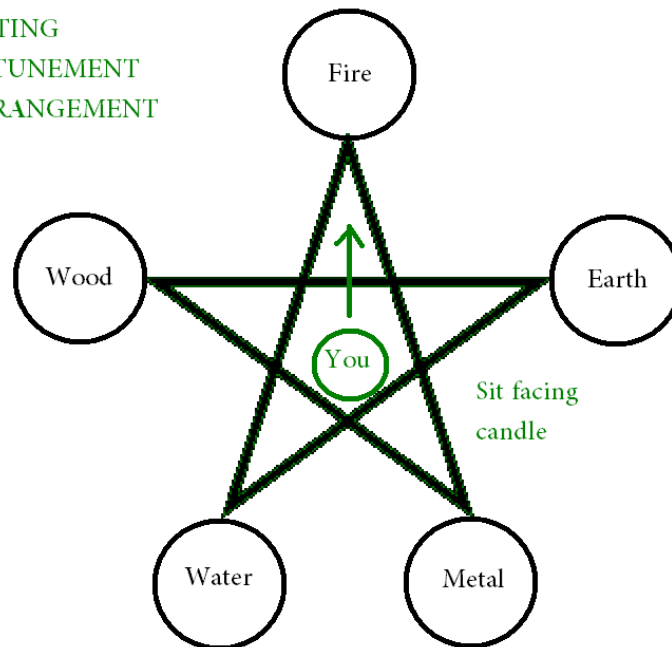
Spirit has shown us that for this to be a very personable attunement and empowerment and should require ceremony.

You should obtain these items prior to your attunement:

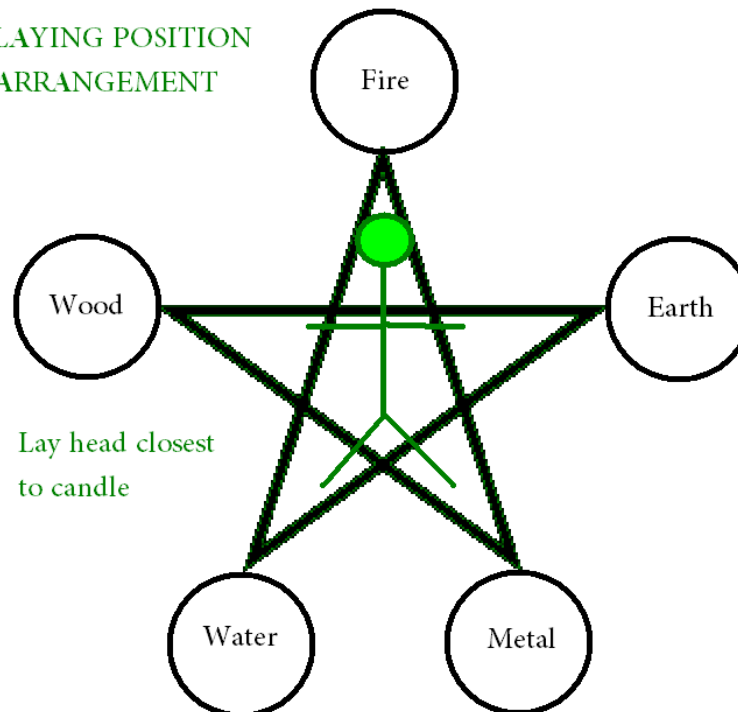
1. Candle (representative of fire) – any color. Black preferable, but not necessary.
2. Stone/Rock/Gemstone (representative of earth) – One of the gemstones listed earlier is preferable, especially bloodstone. However, any stone, even one collected from outside, will work. For a stone found outside the preferred shape is as flat and round as possible. To prepare the stone for the attunement, it is highly preferred that a finger prick producing a drop of blood is touched to the stone and let dry. *The stone may be later cleansed removing residue, however the essence of your blood dna will be intertwined into the stone. After the attunement the stone may be used as a protector against all negative energies and may be accessed by carrying the stone with you or simply touching it. It is a 'booster' and maximizer for you.
3. Copper/Silver/Gold (representative of itself) – Can be any metal item. Copper is preferred, but not necessary.
4. Glass of water (representative of water)- please use a clear glass container.
5. Wood (representative of wood) – can be anything made of wood or wood itself. Petrified wood is also very acceptable.

Locate the place in which you wish to receive the attunement. You may lie down or sit up. Once you have your location in mind, you will arrange your items in this manner, depending on if you wish to lay or sit:

SITTING
ATTUNEMENT
ARRANGEMENT



LAYING POSITION
ARRANGEMENT



Your teacher and you will have agreed upon a date (time if you wish) that your teacher will have made available the attunement. Upon this date (and time if specified) you will prepare and accept your attunement. *Chi ball is also allowed.

TO BEGIN

Master:

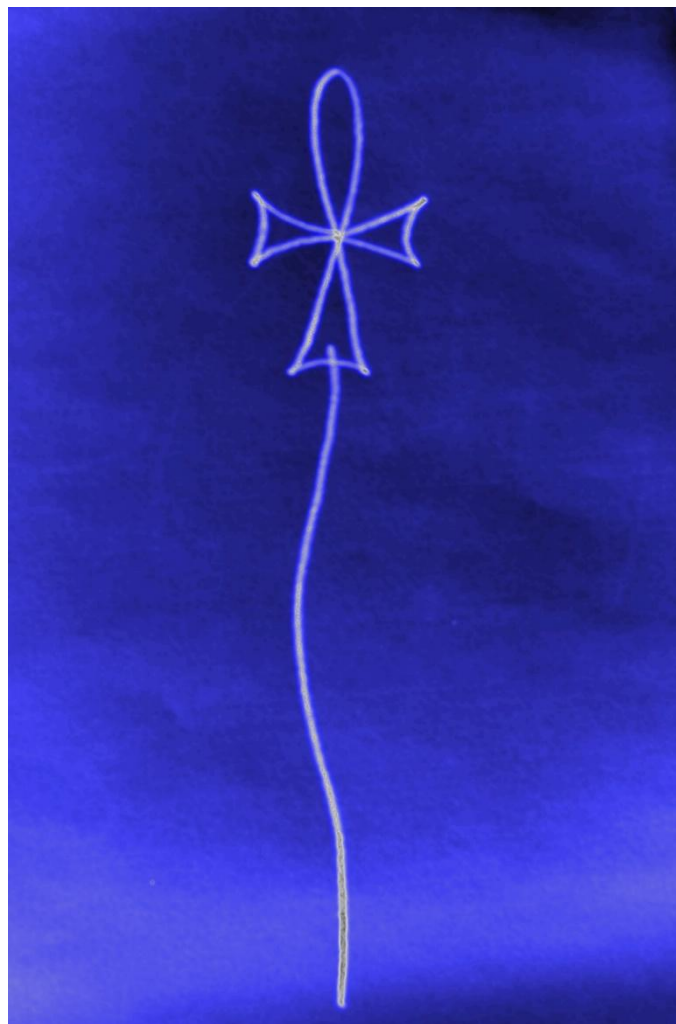
This attunement may be sent in any form that you and your student agree upon. All you need to do is draw the symbol in the manner that you received in your master attunement and intend it to be done. The only words to state aloud are: "I send this attunement to ____ (name of receiver) _____. Namaste". –and it is done.

Student: (first scroll down and view images, then return and begin)

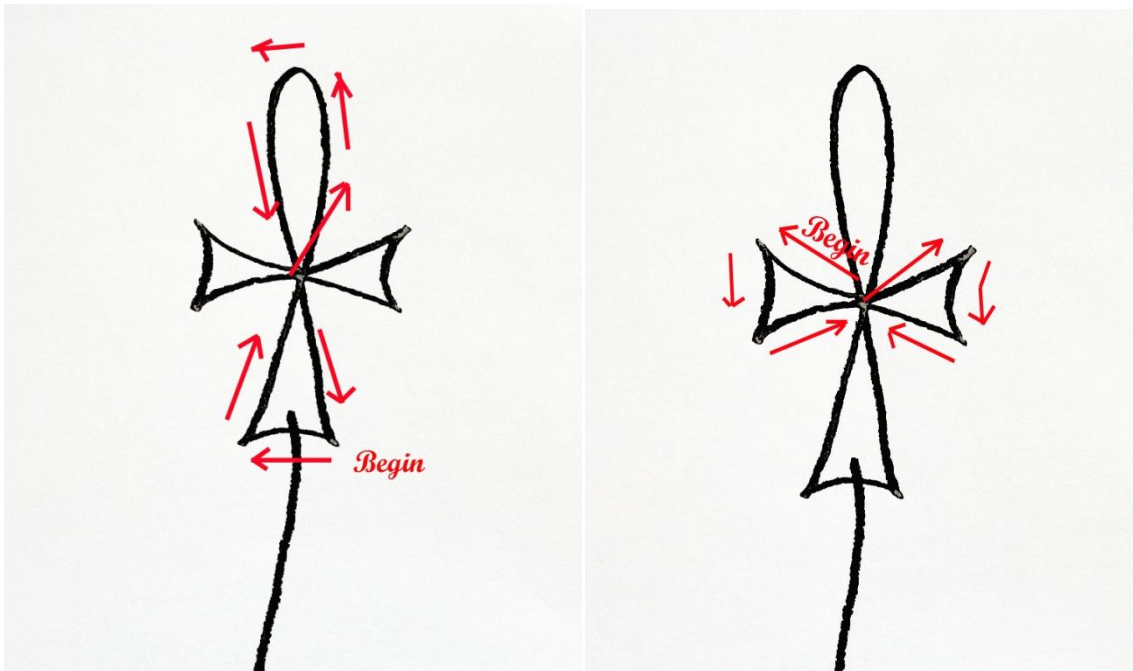
1. Either turn off all noise and/or play meditative music or sounds.
2. Light your candle.
3. Sit or lie in your chosen position.
4. You may close or leave open your eyes.
5. Put your fingers into the finger interlock position and imagine yourself in the egg shaped protection field.
6. At this point, all that you need to do is simply ALLOW. Think or state aloud "Real Vampire Reiki attunement: begin". Then just lie or sit and allow. Breathe slowly and allow. You may feel the sensations stated above or you may not feel anything. Stay seated or lying until you 'feel' the attunement is done. There is no time limit; however, on average it takes approximately 10 minutes. Just allow and feel.
7. When you feel the attunements is done you are ready to draw the specified symbol. If you were lying down, please sit and face the candle.
8. Using the images below, draw the Real Vampire Reiki symbol shown on your first palm. You will use your writing/dominant hand to draw on the opposite palm, and then visa versa. Another words, the symbol is drawn on both of your palms.

9. Then draw a line from the bottom of each symbol/ANKH on your arm to your elbows, to the median cubical vein (just in the bend of the inside of elbow where an IV would be placed on patients).
10. When it is done blow out your candle and state: Namaste.
11. Drink the water from the glass used in your attunement.
12. Collect all other items (if you performed ceremony) and do with them what you feel appropriate. The stone you may carry with you, or store in a special place. Some feel it further empowering to bury the stone in a special place or garden and that becomes a place of escape and safety for them. Whatever feels right to you is correct.
13. State aloud: I accept the energies of the Real Vampire Reiki:
"Blood, lore, fashion, fang, heart, fire, water, wind, air, mind and soul."

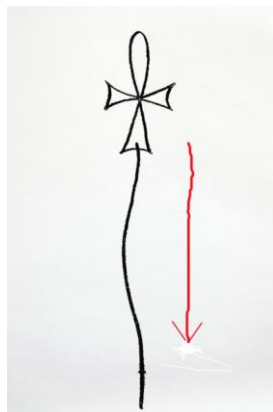
THE SYMBOL SHOWN TO ME BY SPIRIT



This is a symbol of the ANKH. A symbol of life and immortality. Spirit has shown me this is the sacred symbol of Real Vampire Reiki. A symbol connecting you with the existence. A constant reminder for you that you are and never will cease to exist. The line ties the energy into your body, your mind, your heart and your soul. The symbol of the ANKH is also worn as protection and to ward off attack and any energies of dark or negative intention.



Begin drawing the symbol with your dominant hand onto the other hand's palm. Repeat on your other hand's palm.



Complete by drawing the line down each arm until you reach the crease of your elbow as if going into the Median Cubical Vein (in the inside bend of your elbow where an IV is commonly placed on patients). See Image Below....



You may feel energy coursing down into your veins.

Congratulations! Enjoy the delightful energies, and let all others not as pleasant pass with thanks.

HOW TO SHARE THIS HEALING ENERGY WITH OTHERS

1. Draw the symbols upon both palms of your clients and the line to each elbow/ median cubical vein (where and IV is sometimes placed).
2. With your client in lying or sitting position, place your hands on or above in Reiki manner. You may do a complete healing or just on areas you feel draw to.
3. You may also send this healing energy in a distant session and/or via chi ball*.
4. Once the healing session is complete you must shake off your hands and arms away from the client (as to shake off old negative energies/wounds/cords – they disappear once not attached).
5. End the ceremony as you see fit.

*If you are unsure how to create and send a chi ball, please contact me at vampirereiki@gmail.com

CHARGING FOR HEALINGS

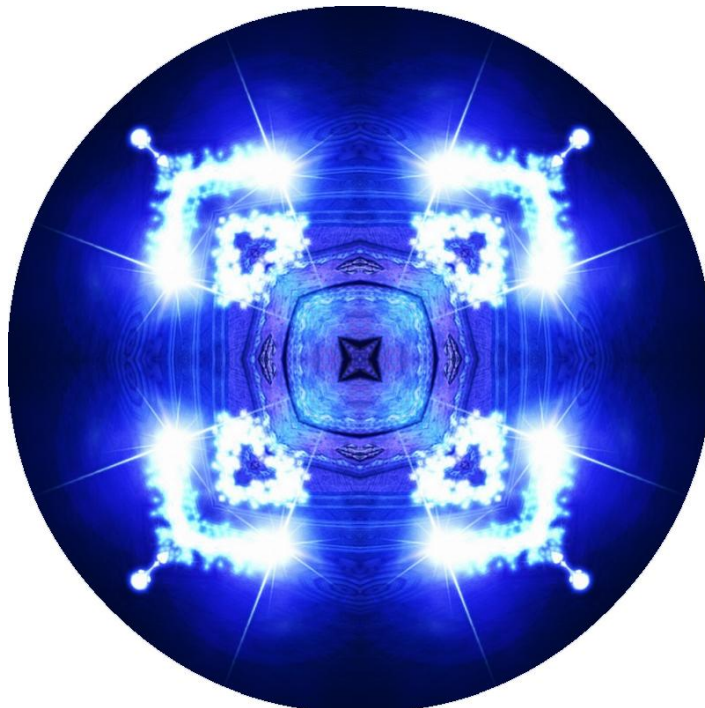
It is my full belief in energy exchange therefore you must charge a fee, or receive some form of payment (unless this is for a child, loved one, close family member – the exchange is Love), for performing the healing and the sharing of Real Vampire Reiki. You may also Vampire Reiki Charge items for a fee.

---End Note---

DAILY METHOD OF PROTECTION AND UTILIZATION OF REAL VAMPIRE REIKI

It is suggested you perform the drawing of the symbol daily. This strengthens the protection from psychic attacks (and all other energy drainers/suckers), as well as invite in the healing energies Real Vampire Reiki. You will feel strengthened, have longer lasting stamina, and physical energy.

1. Begin by putting your fingers into the interlocking position. Envision your energy shield locked into your body.
2. Put the egg shape shield of protection around you.
3. Release your finger interlock and draw the symbol of the ANKH and the line of connectivity as you did for the attunement on each palm.
4. Take a deep breath in and exhale slowly, releasing any old energies of negative.
5. Breathe in the clear fresh highly charged air.
6. State: Namaste



HOW TO CHARGE ITEMS WITH REAL VAMPIRE REIKI

FOR PSYCHIC PROTECTION & HEALING

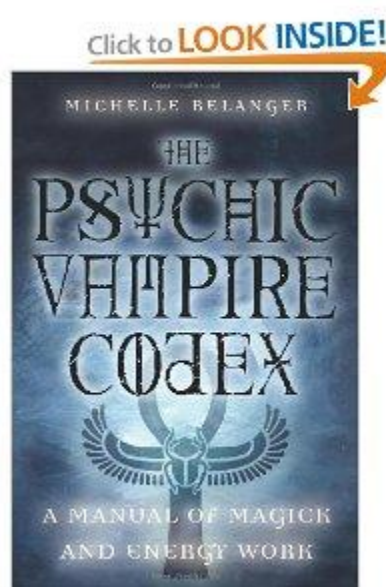
1. Take the item and mark upon it the symbol of Real Vampire Reiki. This may be a gestured mark or a mark you engrave or draw upon the object.
2. Set the item in the daylight, but not direct sunlight, OR, set it in the moonlight for approximately one hour.
3. The item is now charged and ready to utilize.

Given as a gift, you should inform the recipient that it is an item used to prevent psychic attacks, negative cords of attachment, and any negative draining of their energy, or entry into their aura or life force energy without permission. It is also used as a healing tool and may be held during meditation to increase psychic abilities, healing old wounds, and increasing ones overall energy.

HOW TO PERFORM CORD CUTTINGS (NEGATIVE ATTACHMENT) CEREMONY WITH REAL VAMPIRE REIKI:

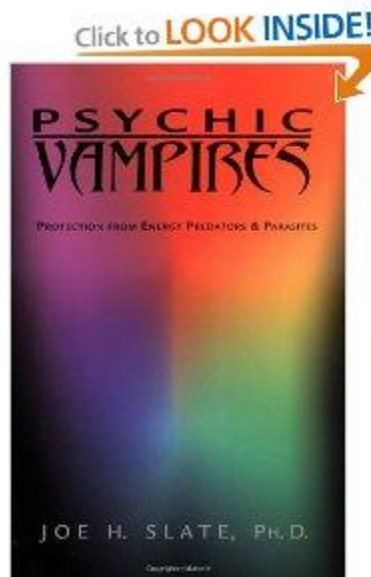
1. Begin by drawing the symbols upon your palms and down into your elbows where an IV is normally placed in patients.
2. Go to your client if working in person, or visualize your client if working distantly.
3. Visualize a dagger with long silver blade and a very sharp tip and edges. Cut ethereal cords of negative attachment.
4. Draw the image of the ANKH with NO LINES and place it over the area(s) of severed cords. This seals and protects.

Books that I HIGHLY Recommend:



The Psychic Vampire Codex: A Manual of Magick and Energy Work

By [Michelle A Bellanger](#)



Psychic Vampires: Protection from Energy Predators & Parasites

By [Joe H Slate](#)

Free Online Video Resources:

Video by Michelle Belanger, a Psychic Vampire herself:

<http://www.youtube.com/watch?v=LeCw4UBMQ2M&feature=related>

Good video by a senior college student in regards to Psychic Vampires. September 2009.

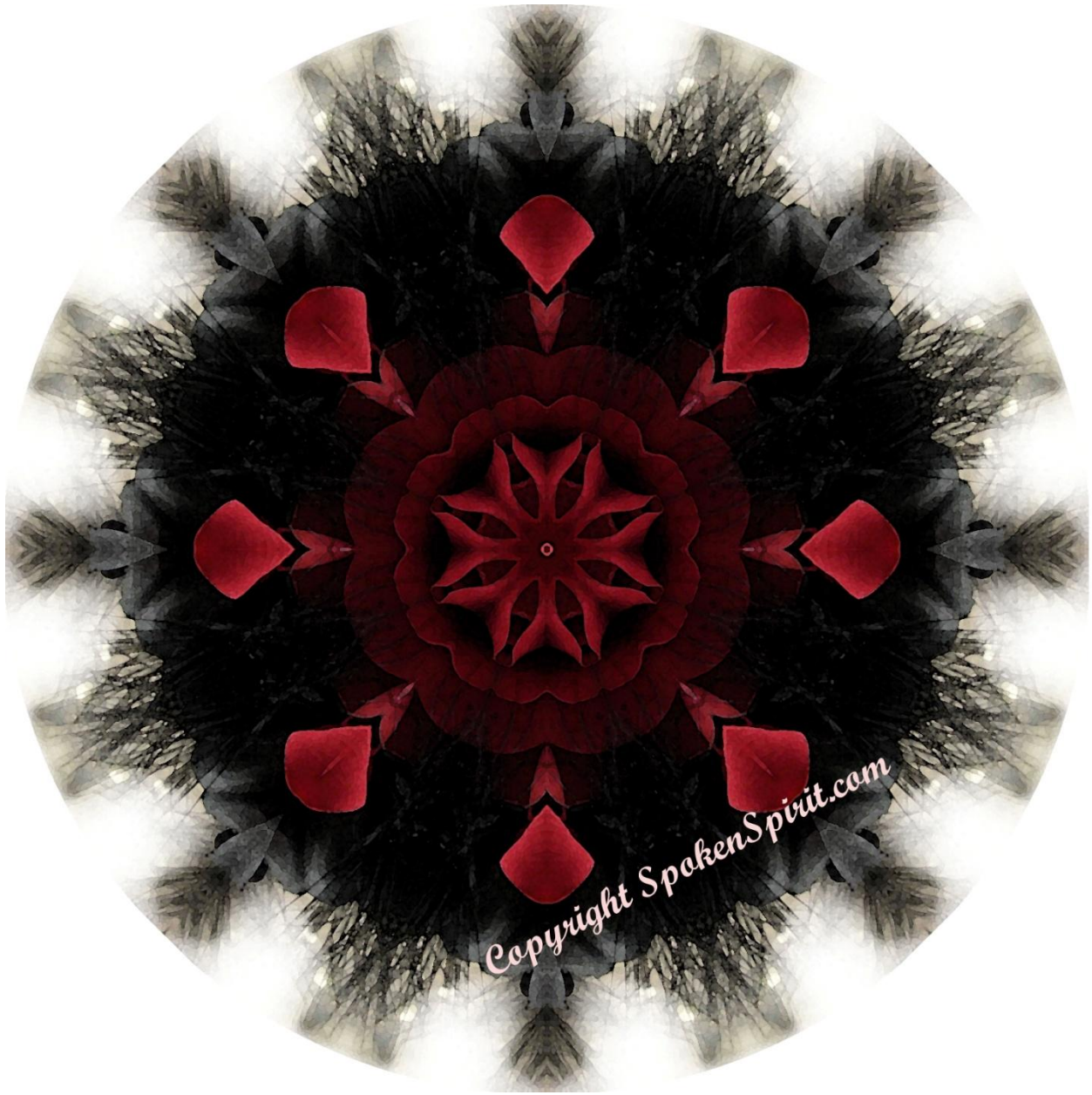
<http://www.youtube.com/watch?v=dGlsfDt6TzA>

Short video by Fox News in Cleveland Ohio dated November 6th 2009.

<http://www.youtube.com/watch?v=knKCKvJ-icE>

Video about Elemental Vampism

<http://www.youtube.com/watch?v=NPN8p2sJTM8&feature=related>



NAMASTE

Questions or comments, please email me, Tina Hesskew at
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<http://spokenspirit.com>