



The turquoise energy ray stands for loving yourself. Turquoise stands for Atlantis and for the dolphins with their skill to communicate from one heart to another and their ability to confide in the depth of the ocean and to ride the waves exactly so, as they come and go. So, as the breath comes and goes. Turquoise expands the lungs in order that we can assimilate as much of the valuable life energy (or Chi or Prana) as possible, rebuild, to ride the waves of our lives. To resist against these waves that come and go anyway creates a congestion in our energy field. So, turquoise brings back the flow into our life and primarily into our emotions.

The turquoise ray is a channelled System given to us by the angelessence Amai. That means that the Turquoise Flame is not directed by one of the raised masters, but is an angelic energy which is made available to us additional to the twelve divine rays to carry us directly into the new energy. This ray is especially closely connected to Lady Nada, Serapis Bey and Hilarion.

While you are reading this script the vibration of the Turquoise Flame becomes independent. So, while you're reading the energy is already transferred to you.

## Message of the inhabitants of Atlantis (Atlantics)

"Loved human, who now wants to bear his atlantic potential in mind. We are the Atlantics, who always worked with the light, and you will now feel the flow of the immense bright light-energy that passes through you. This light-energy will cleanse you, depurate you, so that you can better adjust to the atlantic energy. Amais energy is very soft and we agreed to intensify her energy:

Therefore, visualise a white ray coming from the divine source and direct it to the place, you want it to impinge. Use your forefinger and visualise the pure divine ray coming out of it. Use this ray whenever you feel the impulse to do so. If your intention is good and pure you can't derogate anyone.



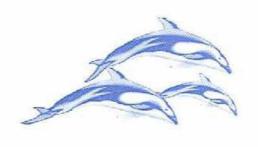
The atlantic work is about the common welfare, the community of the light-bringers, who carry the light to the earth to manifest it here and aggravate it. You will receive guidance to strengthen this aim. That is quite a big help on the way and Amai will help you to alleviate being a human being. The Earth is in great time of need and could collapse under the heavy burden of mankind. We need light to put the vision of a joyful partnership with mother earth in action, because growth shall happen in gladness. There's again the vision of the faultless community in which all members are well-disposed. Has man not yet realised he is destroying himself as he derogates others? Community can only function if we are in love with the planet we are allowed to occupy. May this sink into the humans hearts as cognition so the seed of love can finally sprout."

Now look at a picture of dolphins and let this perfect being touch you for a moment. Get touched by his eyes, which offer you to look deeply into his soul, his aesthetics and dynamics, his gentleness and power.











## The Turquoise Flame



The angel-essence Amai ensouls the Turquoise Flame. She is connected to the height of Atlantis as old potential prospered for common welfare. All lived in conform to each other: humans, animals, plants and spiritual beings supported each other and welcomed the divine spark in every being. Turquoises were lying everywhere to advance and to consolidate the communication between the different worlds, because holding an achieved aim was really difficulty for the Atlantics. They wanted farther and more and more didn't settle for their aims. An achieved aim caused boredom quite speedily. The Atlantic veered toward finding new aims very fast. If he encountered difficulties he never betrayed his aim. He knew it could only be a test. Passing those tests was a divine challenge for him. And thereby his belief in god, he had anyway, grew. But he came into the height to increase this belief and to become a confidence providing source for others himself. Be blessed Amai and be blessed gracious reader. Let her attune you to the atlantic energy that takes you back to this source, this memory as you were this confidence providing source yourself.

I now want to accompany you into the depths of your inner nature where you will face yourself. I want to help you to abrogate the fears that stand between you and your inner wisdom and that may have avoided till today that you could use this inner wisdom as an all-day adviser. So turquoise drives you to your wise girlfriend, your inner voice.



- Close your eyes for a moment and ask your higher self to give you a symbol for your inner voice. Trust your inner wisdom. Trust you and your senses.
- Now get in contact with this symbol. Communicate with it. This symbol will be your wise accompanist. But nothing lasts forever. The symbol can change during your journey. The gateways to your inner realm stand wide open.
  - Look at the Turquoise Flame as it burns the way to your inner realm. Feel how it strengthens your courage to meet yourself there.
    - Thank your higher self.
    - It is up to help you anytime.
  - A flood of golden light gushes into your inner realm. The source of wisdom reveals truths. Truths that were entombed for a long time.
- Now open your eyes again, accept the messages of your inner voice and take them to your everyday life.
- Look inside yourself several times per day. The connection to your inner wisdom needs care and attentive devotion.

## Your atlantic name

Now Amai and me want to attune you to an atlantic name. You will gain insight to your atlantic activity. Look forward to the journey to your turquoise roots. First it's important to ask yourself if you want to free all your love-potential. If the answer from your heart is "no" we are not allowed to do this exercise together because it is too early. If the answer from your heart is "yes" we can start now.

- Take a seat in your meditative area.
- Enclose yourself with turquoise protection-energy.
- Direct your hands like bowls in front of your heart and say "I free" while you slowly direct your upturn opened hands forward, open your arms to the sides and direct your hands again like upturn opened bowls in front of your heart-chakra.
  - Feel the freeing of your total love-potential.
    - Repeat this ritual seven times.

The turquoise energy of the atlantic source runs into your heart and overflows as you say "I free" like a turquoise river, your atlantic lifestream. See now how this stream combines with the stream of your current life. A collective stream flowing into the big ocean of love of all atlantic life-streams. Dolphins jump in front of your eyes and celebrate the arrival of your love in the endless sea of life.



Waves quickly carry your love everywhere it is needed at the moment. Every wash of the waves fills your heart with love because walls around the heart work no longer. A dolphin swims to you and you acclaim each other. You now each other from atlantic times, the time of the height of Atlantis and the functioning of the community. The dolphin invites you to dunk with him into the depth of the ocean. Also Amai escorts you. You are on your way to recover your former atlantic way.

As you reach the floor of the ocean you find a temple of light in form of a turquoise pyramid. You swim through a gate of roses. There's a sign: "name-library". The dolphin waits and you go on alone. You walk on solid floor. Amai escorts you into the temple. You can see an altar. On this altar lies a book with your atlantic name as it's title.

Your name is written in golden letters and you can clearly read it. You feel the truth of this name in your heart, because it can only make your heart jingle. Reading your name exalts the frequency / vibration of your heart-chakra and you syntonize to this new heart-energy.

You now get hold of the book. You flip it open and read about yourself: Who you were during the atlantic height, what your appointment was and why you incarnated again accurately now. What has this to do with Atlantis? You find every answer affecting you in this book.

For the time being you came to know enough. You now know, where you can find the book. You can go to the temple of your name-library again anytime you want. From now on your atlantic name is an important key to reveal old knowledge that can today be helpful for you.

While you dealt with your atlantic name Amai attuned you to the Turquoise flame with her energy. Her mission is now completed and she escorts you out of the temple. You cross the gate of roses again. Your friend the dolphin awaits you and Amai and takes you to the water surface. You can see the light shining through the water and as you reach the surface the sun welcomes you soft and warm.

Slowly you return from the deep meditation. Maybe everything feels brand-new, maybe conversant. Dance a bit to connect to mother earth. Dance your name and it's rediscovery.