



Zodiac Reiki

Master Manual

Zodiac Reiki

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Zodiac Reiki

About Zodiac Reiki

Zodiac Reiki is a Reiki system based on the twelve signs of the Western astrology system. Whether you believe in astrology or not, these twelve signs have become archetypes in our culture. Each sign is imbued with specific qualities – both good and bad – that represent different personal qualities and types of people.

For example, people of the sign “Aries” are often described as impulsive, outspoken, assertive, and yet childlike. Virgos are seen to be methodical and organized. Libras are supposed to always see two sides to every story – maybe three!

While these qualities may not exactly represent the person born under that star sign, they do describe the different essences and faces that we express in our own humanity.

Put together, the signs of Zodiac become a dynamic and potent system that speaks to the essence of our souls.

How to Use This System

This manual is the “Master Manual” for the entire system. It includes information on all of the star signs. You can attune your clients and use this system as an integrated whole.

Then, you can use the energies from each star sign as guided in a Reiki session. You may choose to use all the energies, as a means of balancing out the client. We are all thought to go through each star sign in our soul’s

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development. We are born under a specific star sign to work on manifesting those qualities, while additionally expressing the qualities of our “ascendant” sign.

When using the entire system, you may wish to work with your client’s sun sign, rising (“ascendant”) sign, and moon sign (for emotions).

Manuals

You may have received separate manuals for each star sign (or not). These individual manuals simply provide the same information provided here, but just for that specific star sign. If you did not receive individual manuals, this manual can be “cut up” into separate manuals for each sign, which is why some information is slightly repetitious.

(Note, you will need to include the attunement information in the back if you choose to print out individual sections of the manual.)

Thus, you can give attunements for each star sign individually and provide them as separate, complete systems. Zodiac Reiki comprises all the star signs as a whole.

You are welcome to develop your own manuals for these energies using your own words; please do not take credit for developing the system, however.

Zodiac Reiki

The Zodiac Reiki Systems

Here are the individual Reiki systems by star sign:

Aries Zodiac Reiki

Taurus Zodiac Reiki

Gemini Zodiac Reiki

Cancer Zodiac Reiki

Leo Zodiac Reiki

Virgo Zodiac Reiki

Libra Zodiac Reiki

Scorpio Zodiac Reiki

Sagittarius Zodiac Reiki

Capricorn Zodiac Reiki

Aquarius Zodiac Reiki

Pisces Zodiac Reiki

If using this system as a whole, please note you will still need to give 12 separate attunements: one for each star sign.

Attunements for individual star signs do not need to be done in any particular order. A client does not need to receive all attunements!

If all someone wants to receive is the attunement for Aquarius, then that's fine. If they want to combine Aquarius with Pisces, that's fine. Each sign provides different qualities and energies but are whole and complete as individual systems.

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It is recommended, but not required, that clients receive attunements in their own star signs in the least, and then whatever other signs they feel guided to receive.

When giving Zodiac Reiki, send the energy that feels the most “right” without regard to the person’s star sign. If you are unsure, simply send the energy of their star sign or rising sign (ascendant).

Fire – Earth – Air – Water

Each Zodiac sign also shares the qualities one of the four elements, fire, earth, air and water. By using a sign that has a specific elemental quality, you can use the cleansing power of the element.

The signs are grouped by element in the following manner:

Fire

Aries, Leo, Sagittarius

Earth

Taurus, Virgo, Capricorn

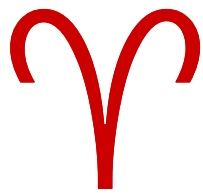
Air

Gemini, Libra, Aquarius

Water

Cancer, Scorpio, Pisces

Zodiac Reiki



Aries

Zodiac Reiki

Zodiac Reiki

About Aries Zodiac Reiki

Aries Zodiac Reiki is part of the Zodiac Reiki system. It can be used in conjunction with the rest of the Zodiac Reiki energies, or on its own.

You do not need to be an Aries to use this energy, and you do not need to send this energy only to Aries people. This energy represents the positive archetypal qualities of Aries and as such can be shared with anyone who needs a boost of those energies. It will also balance out the negative qualities of Aries if they are demonstrating in the client.

Qualities of Aries

Aries is a Fire sign, bringing it qualities of leadership, action, and adventure.

Positive traits:

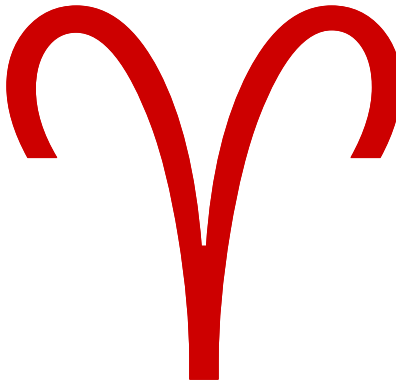
Energetic
Fearless
Adventurous
Confident
Daring

Negative traits:

Impulsive
Self-centered
Impatient
Arrogant
Quick-tempered

Zodiac Reiki

Aries Zodiac Reiki Symbol



All you need to do to activate Aries Zodiac Reiki is to use the Aries symbol. Use it as you would any regular Reiki symbol.

Zodiac Reiki

Using Aries Zodiac Reiki

The simplest way to use Aries Zodiac Reiki is to apply the symbol above as you would any Reiki symbol. Additionally, you may want to introduce the additional healing qualities of fire in the healing.

To do so, simply imagine the Aries symbol “on fire” when you activate it.

Be judicious in your use of the Aries fire, as it can be particularly potent. It is great for areas that are really stuck and need deep healing. After using Aries Fire, you may wish to send some “cooling” energy with a water sign such as Cancer or Pisces.

Aries Zodiac Reiki is particularly suited for the following types of people:

Those with Aries sun sign or ascendant.

Those missing Aries from their charts.

Those feeling weak, indecisive, bogged down, or fearful.

Aries who are manifesting the negative aspects of their sign (aggressiveness, fighting, knee-jerk reacting).

Zodiac Reiki

Aries Fire Meditation

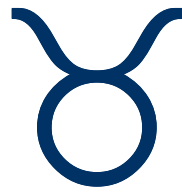
Here is a meditation to use to tap into the positive qualities of the fire element:

Make yourself comfortable. Imagine a healing cleansing flame developing in your belly. See the flame grow to envelope you, or travel to areas that need healing. Wherever the flame goes, see darkness and negativity clearing.

For Aries sign suns, repeat the following affirmation:

I now imbue myself with the positive qualities of the ram. I am strong, determined, and fearless. I light the path of truth wherever I go.

Zodiac Reiki



Taurus

Zodiac Reiki

Zodiac Reiki

About Taurus Zodiac Reiki

Taurus Zodiac Reiki is part of the Zodiac Reiki system. It can be used in conjunction with the rest of the Zodiac Reiki energies, or on its own.

You do not need to be a Taurus to use this energy, and you do not need to send this energy only to Taurus people. This energy represents the positive archetypal qualities of Taurus and as such can be shared with anyone who needs a boost of those energies. It will also balance out the negative qualities of Taurus if they are demonstrating in the client.

Qualities of Taurus

Taurus is an Earth sign, bringing it qualities of grounding, stability, and steadfastness.

Positive traits:

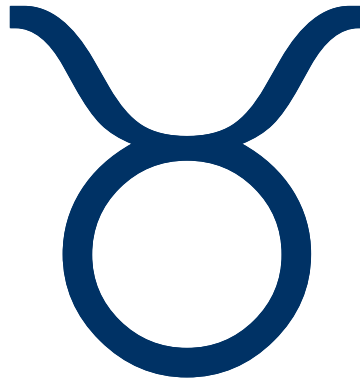
Patient
Calm
Persistent
Reliable
Level-headed
Practical

Negative traits:

Stubborn
Jealous
Resentful
Materialistic
Argumentative
Bull-headed

Zodiac Reiki

Taurus Zodiac Reiki Symbol



All you need to do to activate Taurus Zodiac Reiki is to use the Taurus symbol. Use it as you would any regular Reiki symbol.

Zodiac Reiki

Using Taurus Zodiac Reiki

The simplest way to use Taurus Zodiac Reiki is to apply the symbol above as you would any Reiki symbol. Additionally, you may want to introduce the additional healing qualities of earth in the healing.

To do so, simply imagine the Taurus symbol covered in earth when you activate it.

The additional earth element will provide even more grounding and calming, and is good to use for people who are flighty, distracted, and not fully in their bodies.

Taurus Zodiac Reiki is particularly suited for the following types of people:

Those with Taurus sun sign or ascendant.

Those missing Taurus from their charts.

Those feeling indecisive, non-committal, or impatient.

Taurus people who are manifesting the negative aspects of their sign (stubbornness, overly conservative and unwilling to budge).

Zodiac Reiki

Taurus Earth Meditation

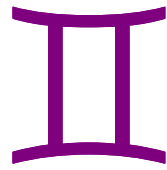
Here is a meditation to use to tap into the positive qualities of the earth element:

Make yourself comfortable. Imagine the earth beneath your feet. Breathe in deeply, pulling up the positive energies of the earth. Breathe out any negative energies, fears, and worries, and see the negative energies go down into the earth to be transmuted and healed.

For Taurus sign suns, repeat the following affirmation:

I now imbue myself with the positive qualities of the bull. I am strong and steadfast. I am loving. I am a rock for those around me.

Zodiac Reiki



Gemini

Zodiac Reiki

Zodiac Reiki

About Gemini Zodiac Reiki

Gemini Zodiac Reiki is part of the Zodiac Reiki system. It can be used in conjunction with the rest of the Zodiac Reiki energies, or on its own.

You do not need to be a Gemini to use this energy, and you do not need to send this energy only to Gemini people. This energy represents the positive archetypal qualities of Gemini and as such can be shared with anyone who needs a boost of those energies. It will also balance out the negative qualities of Gemini if they are demonstrating in the client.

Qualities of Gemini

Gemini is an Air sign, bringing it qualities of intellect, communication, and versatility.

Positive traits:

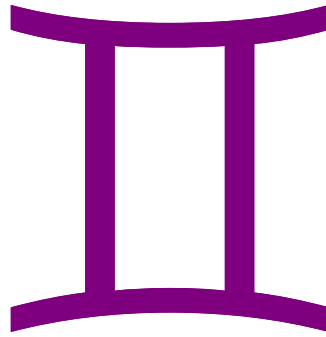
Adaptable
Witty
Intelligent
Youthful
Charming
Fun

Negative traits:

Nervous
Superficial
Concerned about appearances
Flaky
Two-faced
Devious

Zodiac Reiki

Gemini Zodiac Reiki Symbol



All you need to do to activate Gemini Zodiac Reiki is to use the Gemini symbol. Use it as you would any regular Reiki symbol.

Zodiac Reiki

Using Gemini Zodiac Reiki

The simplest way to use Gemini Zodiac Reiki is to apply the symbol above as you would any Reiki symbol. Additionally, you may want to introduce the additional healing qualities of air in the healing.

To do so, simply imagine the Gemini symbol is made out of air when you activate it.

Adding air to the healing can be very helpful in “airing out” the energy system and clearing up the cobwebs. Be careful not to use too much air for people who are air signs or aren’t grounded. Gemini Air in particular tends towards flightiness when overdone, but it can be great in helping people lighten up.

Gemini Zodiac Reiki is particularly suited for the following types of people:

Those with Gemini sun sign or ascendant.

Those missing Gemini from their charts.

Those who are too serious, conservative and rigid.

Gemini people who are manifesting the negative aspects of their sign (superficial, lying, manipulative).

Zodiac Reiki

Gemini Air Meditation

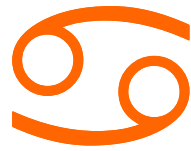
Here is a meditation to use to tap into the positive qualities of the air element:

Make yourself comfortable. If you can, open a window or use a fan to feel a gentle breeze. Feel the breeze blowing over you, clearing away any negative energies, thoughts, or worries.

For Gemini sign suns, repeat the following affirmation:

I now imbue myself with the positive qualities of Gemini. I am unique, I am myself, I am free.

Zodiac Reiki



Cancer Zodiac Reiki

Zodiac Reiki

About Cancer Zodiac Reiki

Cancer Zodiac Reiki is part of the Zodiac Reiki system. It can be used in conjunction with the rest of the Zodiac Reiki energies, or on its own.

You do not need to be a Cancer to use this energy, and you do not need to send this energy only to Cancer people. This energy represents the positive archetypal qualities of Cancer and as such can be shared with anyone who needs a boost of those energies. It will also balance out the negative qualities of Cancer if they are demonstrating in the client.

Qualities of Cancer

Cancer is a Water sign, bringing it qualities of empathy, intuition, and imagination.

Positive traits:

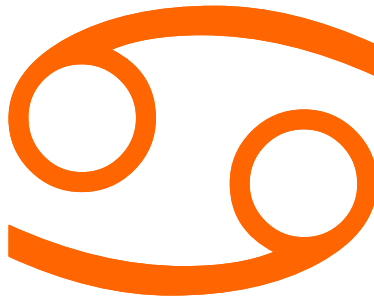
In tune with emotions
Loving
Gentle
Intuitive
Sympathetic
Nurturing

Negative traits:

Moody
Overemotional
Needy
Overly sensitive
Unable to let go
Withdrawn

Zodiac Reiki

Cancer Zodiac Reiki Symbol



All you need to do to activate Cancer Zodiac Reiki is to use the Cancer symbol. Use it as you would any regular Reiki symbol.

Zodiac Reiki

Using Cancer Zodiac Reiki

The simplest way to use Cancer Zodiac Reiki is to apply the symbol above as you would any Reiki symbol. Additionally, you may want to introduce the additional healing qualities of water in the healing.

To do so, simply imagine that the Cancer symbol is made out of water when you activate it.

The water element will provide a cooling, cleansing quality to the healing.

Cancer Zodiac Reiki is particularly suited for the following types of people:

Those with Cancer sun sign or ascendant.

Those missing Cancer from their charts.

Those feeling emotionally shut down.

Cancer people who are manifesting the negative aspects of their sign (overly sensitive, withdrawn, moody).

Zodiac Reiki

Cancer Water Meditation

Here is a meditation to use to tap into the positive qualities of the water element:

Make yourself comfortable. Imagine a healing waterfall over your head. Feel the healing waters pour down over you, removing negativity and washing away fears and blockages.

For Cancer sign suns, repeat the following affirmation:

I now imbue myself with the positive qualities of Cancer. I am sensitive, caring, and nurturing, to myself and to others.

Zodiac Reiki



Leo

Zodiac Reiki

Zodiac Reiki

About Leo Zodiac Reiki

Leo Zodiac Reiki is part of the Zodiac Reiki system. It can be used in conjunction with the rest of the Zodiac Reiki energies, or on its own.

You do not need to be a Leo to use this energy, and you do not need to send this energy only to Leo people. This energy represents the positive archetypal qualities of Leo and as such can be shared with anyone who needs a boost of those energies. It will also balance out the negative qualities of Leo if they are demonstrating in the client.

Qualities of Leo

Leo is a Fire sign, bringing it qualities of leadership, action, and adventure.

Positive traits:

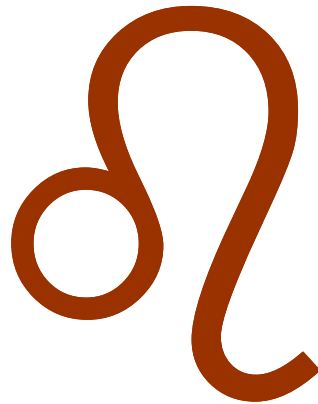
Generous
Gregarious
Creative
Enthusiastic
Loving
Daring

Negative traits:

Patronizing
Arrogant
Bossy
Dogmatic
Unfaithful
Prideful

Zodiac Reiki

Leo Zodiac Reiki Symbol



All you need to do to activate Leo Zodiac Reiki is to use the Leo symbol. Use it as you would any regular Reiki symbol.

Zodiac Reiki

Using Leo Zodiac Reiki

The simplest way to use Leo Zodiac Reiki is to apply the symbol above as you would any Reiki symbol. Additionally, you may want to introduce the additional healing qualities of fire in the healing.

To do so, simply imagine the Leo symbol “on fire” when you activate it.

Leo Fire will provide a burst of energy and inspiration for clients, but do not overwhelm them with it. After using Leo Fire, you may wish to send some “cooling” energy with a water sign such as Cancer or Pisces.

Leo Zodiac Reiki is particularly suited for the following types of people:

Those with Leo sun sign or ascendant.

Those missing Leo from their charts.

Those feeling bored, bereft of purpose, or fearful.

Leo who are manifesting the negative aspects of their sign (pride, arrogance, Peter Pan syndrome).

Zodiac Reiki

Leo Fire Meditation

Here is a meditation to use to tap into the positive qualities of the fire element:

Make yourself comfortable. Imagine a healing cleansing flame developing in your belly. See the flame grow to envelope you, or travel to areas that need healing. Wherever the flame goes, see darkness and negativity clearing.

For Leo sign suns, repeat the following affirmation:

I now imbue myself with the positive qualities of the lion. I am strong. I am fearless. I am love.

Zodiac Reiki



Virgo

Zodiac Reiki

Zodiac Reiki

About Virgo Zodiac Reiki

Virgo Zodiac Reiki is part of the Zodiac Reiki system. It can be used in conjunction with the rest of the Zodiac Reiki energies, or on its own.

You do not need to be a Virgo to use this energy, and you do not need to send this energy only to Virgo people. This energy represents the positive archetypal qualities of Virgo and as such can be shared with anyone who needs a boost of those energies. It will also balance out the negative qualities of Virgo if they are demonstrating in the client.

Qualities of Virgo

Virgo is an Earth sign, bringing it qualities of grounding, stability, and steadfastness.

Positive traits:

Modest
Detail-oriented
Diligent
Practical
Analytical

Negative traits:

Excessive worrying
Critical
Perfectionist
Plays it safe
Dull

Zodiac Reiki

Virgo Zodiac Reiki Symbol



All you need to do to activate Virgo Zodiac Reiki is to use the Virgo symbol. Use it as you would any regular Reiki symbol.

Zodiac Reiki

Using Virgo Zodiac Reiki

The simplest way to use Virgo Zodiac Reiki is to apply the symbol above as you would any Reiki symbol. Additionally, you may want to introduce the additional healing qualities of earth in the healing.

To do so, simply imagine the Virgo symbol covered in earth when you activate it.

The additional earth element will provide even more grounding and calming, and is good to use for people who are flighty, distracted, and not fully in their bodies.

Virgo Zodiac Reiki is particularly suited for the following types of people:

Those with Virgo sun sign or ascendant.

Those missing Virgo from their charts.

Those not able to commit or follow through on a project.

Virgo people who are manifesting the negative aspects of their sign (stuck in their ways, critical, and obsessive).

Zodiac Reiki

Virgo Earth Meditation

Here is a meditation to use to tap into the positive qualities of the earth element:

Make yourself comfortable. Imagine the earth beneath your feet. Breathe in deeply, pulling up the positive energies of the earth. Breathe out any negative energies, fears, and worries, and see the negative energies go down into the earth to be transmuted and healed.

For Virgo sign suns, repeat the following affirmation:

I now imbue myself with the positive qualities of Virgo. I am patient, I am kind, I am diligent. I contribute greatly to the welfare of others.

Zodiac Reiki



Libra

Zodiac Reiki

Zodiac Reiki

About Libra Zodiac Reiki

Libra Zodiac Reiki is part of the Zodiac Reiki system. It can be used in conjunction with the rest of the Zodiac Reiki energies, or on its own.

You do not need to be a Libra to use this energy, and you do not need to send this energy only to Libra people. This energy represents the positive archetypal qualities of Libra and as such can be shared with anyone who needs a boost of those energies. It will also balance out the negative qualities of Libra if they are demonstrating in the client.

Qualities of Libra

Libra is an Air sign, bringing it qualities of intellect, communication, and versatility.

Positive traits:

Diplomatic
Able to see both sides of an issue
Romantic
Idealistic
Easy-going

Negative traits:

Indecisive
Won't take sides when necessary
Gullible
Self-indulgent
Overly trusting

Zodiac Reiki

Libra Zodiac Reiki Symbol



All you need to do to activate Libra Zodiac Reiki is to use the Libra symbol. Use it as you would any regular Reiki symbol.

Zodiac Reiki

Using Libra Zodiac Reiki

The simplest way to use Libra Zodiac Reiki is to apply the symbol above as you would any Reiki symbol. Additionally, you may want to introduce the additional healing qualities of air in the healing.

To do so, simply imagine the Libra symbol is made out of air when you activate it.

Adding air to the healing can be very helpful in “airing out” the energy system and clearing up the cobwebs. Be careful not to use too much air for people who are air signs or aren’t grounded. However, Libra is probably the most grounded of the Air signs, so this is best to use for people who need a gentle air “touch” as opposed to Gemini or Aquarius.

Libra Zodiac Reiki is particularly suited for the following types of people:

Those with Libra sun sign or ascendant.

Those missing Libra from their charts.

Those who are too rigid, one-sided, and argumentative.

Libra people who are manifesting the negative aspects of their sign (indecisive, letting people walk all over them).

Zodiac Reiki

Libra Air Meditation

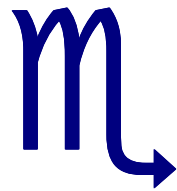
Here is a meditation to use to tap into the positive qualities of the air element:

Make yourself comfortable. If you can, open a window or use a fan to feel a gentle breeze. Feel the breeze blowing over you, clearing away any negative energies, thoughts, or worries.

For Libra sign suns, repeat the following affirmation:

I now imbue myself with the positive qualities of Libra. I am fair and open-minded. I bring people together. I make peace in the world.

Zodiac Reiki



Scorpio

Zodiac Reiki

Zodiac Reiki

About Scorpio Zodiac Reiki

Scorpio Zodiac Reiki is part of the Zodiac Reiki system. It can be used in conjunction with the rest of the Zodiac Reiki energies, or on its own.

You do not need to be a Scorpio to use this energy, and you do not need to send this energy only to Scorpio people. This energy represents the positive archetypal qualities of Scorpio and as such can be shared with anyone who needs a boost of those energies. It will also balance out the negative qualities of Scorpio if they are demonstrating in the client.

Qualities of Scorpio

Scorpio is a Water sign, bringing it qualities of empathy, intuition, and imagination.

Positive traits:

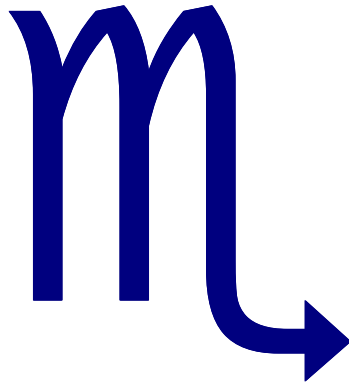
Powerful
Intuitive
Passionate
Sensual
Magnetic
Deep

Negative traits:

Possessive
Holds grudges
Revenge-driven
Manipulative
Compulsive
Dark

Zodiac Reiki

Scorpio Zodiac Reiki Symbol



All you need to do to activate Scorpio Zodiac Reiki is to use the Scorpio symbol. Use it as you would any regular Reiki symbol.

Zodiac Reiki

Using Scorpio Zodiac Reiki

The simplest way to use Scorpio Zodiac Reiki is to apply the symbol above as you would any Reiki symbol. Additionally, you may want to introduce the additional healing qualities of water in the healing.

To do so, simply imagine that the Scorpio symbol is made out of water when you activate it.

The water element will provide a cooling, cleansing quality to the healing.

Scorpio Zodiac Reiki is particularly suited for the following types of people:

Those with Scorpio sun sign or ascendant.

Those missing Scorpio from their charts.

Those shut down from their sensual and intuitive natures.

Scorpio people who are manifesting the negative aspects of their sign (jealous, vengeful, Machiavellian).

Zodiac Reiki

Scorpio Water Meditation

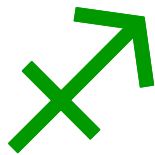
Here is a meditation to use to tap into the positive qualities of the water element:

Make yourself comfortable. Imagine a healing waterfall over your head. Feel the healing waters pour down over you, removing negativity and washing away fears and blockages.

For Scorpio sign suns, repeat the following affirmation:

I now imbue myself with the positive qualities of Scorpio. I am passionate, purposeful, and present.

Zodiac Reiki



Sagittarius Zodiac Reiki

Zodiac Reiki

About Sagittarius Zodiac Reiki

Sagittarius Zodiac Reiki is part of the Zodiac Reiki system. It can be used in conjunction with the rest of the Zodiac Reiki energies, or on its own.

You do not need to be an Sagittarius to use this energy, and you do not need to send this energy only to Sagittarius people. This energy represents the positive archetypal qualities of Sagittarius and as such can be shared with anyone who needs a boost of those energies. It will also balance out the negative qualities of Sagittarius if they are demonstrating in the client.

Qualities of Sagittarius

Sagittarius is a Fire sign, bringing it qualities of leadership, action, and adventure.

Positive traits:

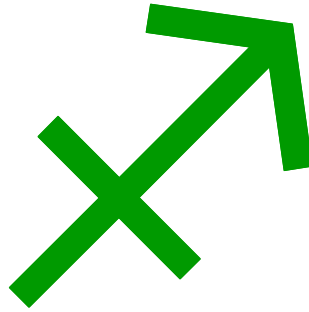
Optimistic
Life of the party
Straightforward
Charming
Philosophical
Clever

Negative traits:

Irresponsible
Superficial
Tactless
Restless
Attention-grabbing

Zodiac Reiki

Sagittarius Zodiac Reiki Symbol



All you need to do to activate Sagittarius Zodiac Reiki is to use the Sagittarius symbol. Use it as you would any regular Reiki symbol.

Zodiac Reiki

Using Sagittarius Zodiac Reiki

The simplest way to use Sagittarius Zodiac Reiki is to apply the symbol above as you would any Reiki symbol. Additionally, you may want to introduce the additional healing qualities of fire in the healing.

To do so, simply imagine the Sagittarius symbol “on fire” when you activate it.

Sagittarius fire is best used for bringing in some fun and humor to a client. Keep it light. After using Sagittarius Fire, you may wish to send some “cooling” energy with a water sign such as Cancer or Pisces.

Sagittarius Zodiac Reiki is particularly suited for the following types of people:

Those with Sagittarius sun sign or ascendant.

Those missing Sagittarius from their charts.

Those feeling depressed, lonely, or isolated.

Sagittarius who are manifesting the negative aspects of their sign (Queen Bee syndrome, devil-may-care, unreliable).

Zodiac Reiki

Sagittarius Fire Meditation

Here is a meditation to use to tap into the positive qualities of the fire element:

Make yourself comfortable. Imagine a healing cleansing flame developing in your belly. See the flame grow to envelope you, or travel to areas that need healing. Wherever the flame goes, see darkness and negativity clearing.

For Sagittarius sign suns, repeat the following affirmation:

I now imbue myself with the positive qualities of Sagittarius. I contribute light, joy, and truth to the world.

Zodiac Reiki



Capricorn Zodiac Reiki

Zodiac Reiki

About Capricorn Zodiac Reiki

Capricorn Zodiac Reiki is part of the Zodiac Reiki system. It can be used in conjunction with the rest of the Zodiac Reiki energies, or on its own.

You do not need to be a Capricorn to use this energy, and you do not need to send this energy only to Capricorn people. This energy represents the positive archetypal qualities of Capricorn and as such can be shared with anyone who needs a boost of those energies. It will also balance out the negative qualities of Capricorn if they are demonstrating in the client.

Qualities of Capricorn

Capricorn is an Earth sign, bringing it qualities of grounding, stability, and steadfastness.

Positive traits:

Practical
Cautious
Ambitious
Elegant
Disciplined

Negative traits:

Stubborn
Pessimistic
Materialistic
Holds grudges
Regressive
Judgmental

Zodiac Reiki

Capricorn Zodiac Reiki Symbol



All you need to do to activate Capricorn Zodiac Reiki is to use the Capricorn symbol. Use it as you would any regular Reiki symbol.

Zodiac Reiki

Using Capricorn Zodiac Reiki

The simplest way to use Capricorn Zodiac Reiki is to apply the symbol above as you would any Reiki symbol. Additionally, you may want to introduce the additional healing qualities of earth in the healing.

To do so, simply imagine the Capricorn symbol covered in earth when you activate it.

The additional earth element will provide even more grounding and calming, and is good to use for people who are flighty, distracted, and not fully in their bodies.

Capricorn Zodiac Reiki is particularly suited for the following types of people:

Those with Capricorn sun sign or ascendant.

Those missing Capricorn from their charts.

Those feeling unstable, impatient, or unable to commit.

Capricorn people who are manifesting the negative aspects of their sign (stubbornness, overly conservative, judgmental).

Zodiac Reiki

Capricorn Earth Meditation

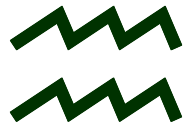
Here is a meditation to use to tap into the positive qualities of the earth element:

Make yourself comfortable. Imagine the earth beneath your feet. Breathe in deeply, pulling up the positive energies of the earth. Breathe out any negative energies, fears, and worries, and see the negative energies go down into the earth to be transmuted and healed.

For Capricorn sign suns, repeat the following affirmation:

I now imbue myself with the positive qualities of the goat. I am graceful, I am noble, I am visionary.

Zodiac Reiki



Aquarius

Zodiac Reiki

Zodiac Reiki

About Aquarius Zodiac Reiki

Aquarius Zodiac Reiki is part of the Zodiac Reiki system. It can be used in conjunction with the rest of the Zodiac Reiki energies, or on its own.

You do not need to be a Aquarius to use this energy, and you do not need to send this energy only to Aquarius people. This energy represents the positive archetypal qualities of Aquarius and as such can be shared with anyone who needs a boost of those energies. It will also balance out the negative qualities of Aquarius if they are demonstrating in the client.

Qualities of Aquarius

Aquarius is an Air sign, bringing it qualities of intellect, communication, and versatility.

Positive traits:

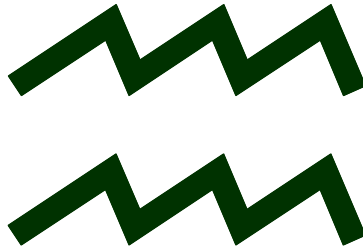
Humanitarian
Loyal friend
Forthright
Quirky
Independent

Negative traits:

Stubborn
Contrarian
Purposefully unpredictable
Detached
Plays mind games

Zodiac Reiki

Aquarius Zodiac Reiki Symbol



All you need to do to activate Aquarius Zodiac Reiki is to use the Aquarius symbol. Use it as you would any regular Reiki symbol.

Zodiac Reiki

Using Aquarius Zodiac Reiki

The simplest way to use Aquarius Zodiac Reiki is to apply the symbol above as you would any Reiki symbol. Additionally, you may want to introduce the additional healing qualities of air in the healing.

To do so, simply imagine the Aquarius symbol is made out of air when you activate it.

Adding air to the healing can be very helpful in “airing out” the energy system and clearing up the cobwebs. Be careful not to use too much air for people who are air signs or aren’t grounded. Aquarius Air in particular tends towards intellectualism divorced from emotion when overdone, but it can be great in helping people who are too bogged down in feelings and past hurts.

Aquarius Zodiac Reiki is particularly suited for the following types of people:

Those with Aquarius sun sign or ascendant.

Those missing Aquarius from their charts.

Those who are too serious, conservative and rigid.

Aquarius people who are manifesting the negative aspects of their sign (rebellious, cold, cruel).

Zodiac Reiki

Aquarius Air Meditation

Here is a meditation to use to tap into the positive qualities of the air element:

Make yourself comfortable. If you can, open a window or use a fan to feel a gentle breeze. Feel the breeze blowing over you, clearing away any negative energies, thoughts, or worries.

For Aquarius sign suns, repeat the following affirmation:

I now imbue myself with the positive qualities of Aquarius. I constantly reinvent myself for the positive.

Zodiac Reiki



Pisces

Zodiac Reiki

Zodiac Reiki

About Pisces Zodiac Reiki

Pisces Zodiac Reiki is part of the Zodiac Reiki system. It can be used in conjunction with the rest of the Zodiac Reiki energies, or on its own.

You do not need to be a Pisces to use this energy, and you do not need to send this energy only to Pisces people. This energy represents the positive archetypal qualities of Pisces and as such can be shared with anyone who needs a boost of those energies. It will also balance out the negative qualities of Pisces if they are demonstrating in the client.

Qualities of Pisces

Pisces is a Water sign, bringing it qualities of empathy, intuition, and imagination.

Positive traits:

- Empathic
- Sensitive
- Compassionate
- Not materialistic
- Psychic

Negative traits:

- Escapist
- Easily hurt
- Secretive
- Emotionally weak
- Follows, not leads
- Denies own needs to care for others

Zodiac Reiki

Pisces Zodiac Reiki Symbol



All you need to do to activate Pisces Zodiac Reiki is to use the Pisces symbol. Use it as you would any regular Reiki symbol.

Zodiac Reiki

Using Pisces Zodiac Reiki

The simplest way to use Pisces Zodiac Reiki is to apply the symbol above as you would any Reiki symbol. Additionally, you may want to introduce the additional healing qualities of water in the healing.

To do so, simply imagine that the Pisces symbol is made out of water when you activate it.

The water element will provide a cooling, cleansing quality to the healing.

Pisces Zodiac Reiki is particularly suited for the following types of people:

Those with Pisces sun sign or ascendant.

Those missing Pisces from their charts.

Those wanting to develop their intuition.

Pisces people who are manifesting the negative aspects of their sign (overly sensitive, weak-willed, head in the clouds).

Zodiac Reiki

Pisces Water Meditation

Here is a meditation to use to tap into the positive qualities of the water element:

Make yourself comfortable. Imagine a healing waterfall over your head. Feel the healing waters pour down over you, removing negativity and washing away fears and blockages.

For Pisces sign suns, repeat the following affirmation:

I now imbue myself with the positive qualities of Pisces. My heart is open, my mind is receptive, and my soul is loving.

Zodiac Reiki

Zodiac Reiki Attunement Process

To follow is the Zodiac Reiki attunement process. You are also welcome to use any existing attunement method you are already familiar with.

Note: Each Zodiac sign requires a separate attunement using that Zodiac symbol. You do not need to wait in between attunements. You can only attune other people to a Zodiac symbol you have been attuned to first.

Do not try to cut corners and send all the symbols at once in one singular attunement. Each Zodiac sign must get its own separate attunement.

In-Person Attunement

Most people you attune to Zodiac Reiki should already be Reiki Masters or at least Reiki Level II. If not, you should make sure the person has had a Reiki session in the past week (at minimum).

For the attunement: Have the client sit in front of you with eyes closed to receive the attunement.

Call upon the person's higher self to help with the attunement.

To pass the attunement, place both hands on the client's head and send the Zodiac Reiki symbol into the crown chakra, seeing it expand to fill the entire body.

Zodiac Reiki

Distance Attunement

Distance attunements are just as effective as in-person attunements. You do not even need to send the attunement at the same time the client receives it (as attunements can be sent through time and distance).

If you want to send the attunement at the same time the client receives it, then you will need to set a mutually beneficial time to do so. Have the client prepare themselves on their end by finding a quiet place to meditate for at least a half-hour.

You can also send the attunement with the intention that the client will receive it when they are ready. All you need to do is send the attunement with that intention, and then direct the client to set aside a time to receive the attunement (a half-hour at least) at their convenience.

For both methods, the client can open themselves up to receiving the attunement by repeating to themselves out loud or silently:

I am now receiving the Zodiac Reiki attunement sent by <your name>. Thank you.

To send the attunement:

Call upon the person's higher self to help with the attunement.

Zodiac Reiki

Then, imagine that you are sending Zodiac Reiki symbol into the crown chakra with the intent to attune the client, as if the client was directly in front of you.

Remember to tell the client that they need to set aside time to receive a separate attunement for each individual symbol.

Zodiac Reiki

Providing a comprehensive history and explanation of astrology is beyond the scope of this manual. To further enrich your Zodiac Reiki work, please check your local bookstore for the many fine books available on the subject.

Thank you!