



* Translation of the Hieroglyphics: Patient says: Don't hurt me, practitioners reply:
I will act so you praise me.

Zone Reiki

Level 3

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**This system is created only for spiritual purposes.
This system does not replace any medical treatment or medication.**

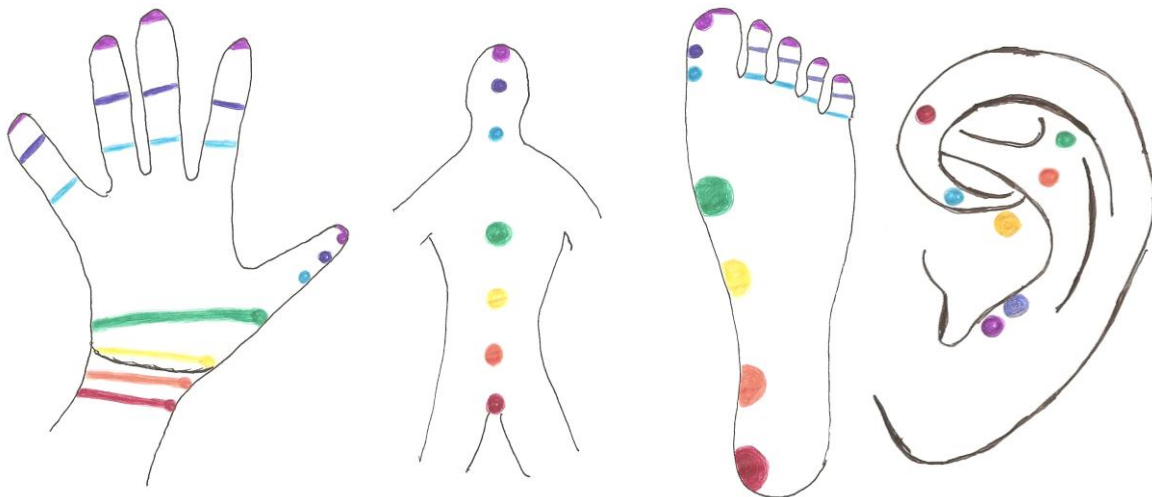


Underneath the Bodhi Tree

Level 3

With this level you are able to balance the chakra's and treat meridians and the organs and body parts they feed. You can do this by beaming Reiki with the fingers or beaming Reiki with the eyes or heart. Also you get two more symbols.

-The Chakra's



Mostly known as energy wheels, chakra's are a part of our connection to the outer world. The head chakra's are located on parts of the body where big nerve knots and also endocrine glands are located.

Through the chakra's chi (life energy) is coming into the body. Chakra's also have an internal communication through meridians, nadi's and organs. A lesser known aspect of chakra's is their knowledge function. This knowledge comes from inside out. The first human forms had one sense. Through evolution human forms developed with more senses. The modern humans known as humans from the fifth race (the race with five senses) go to develop more subtle senses. The Indigo and Crystal humans already are more working with subtle energies. The communication between chakra's works through the Flower of Life principle. And so works the communication with the outer world also (Universal Chi).

To understand this. You can imagine that you see your hand under an electro-microscope. The hand does not look so material anymore. You can see all little particles moving around "Nothing". The so called "Nothing", also known as an unfold field is the field from where ideas manifest in all kind of ways. And the particles move in all kind of frequencies, just to their nature. Thoughts, words, sounds, pictures all move through this "Nothing" and manifest somehow.

When the frequency of the unfold field slows down or even blocks particles freeze and we see, hear, feel matter. Through this process we have the idea we are separated from everything. But with a second look, we see the illusion of it.

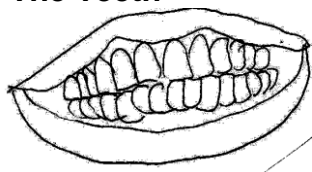


And with the knowing of the so called “nothing”, we can solve the whom Am I problem.

-The Meridians

Meridians are part of the Flower of Life. They transport knowledge from one chakra to the other and information from the Universal Chi. Meridians can also be seen as chi canals. They transport chi to all organs, limbs and other body parts. When the flow in one or more body parts is blocked, someone can become ill. Separation in manifestation. Meridians also flow through reflex zones and can be treated with Reiki.

-The Teeth



Also our teeth have zones. The condition of the set of teeth can tell us something about the condition of meridians and the limbs and organs they flow through. A block in a meridian has consequences for the health limbs and organs and also the teeth and molars.



The symbols

-Caduceus

An Universal symbol. The wand of the Greek God Hermes. Two snakes around a winged staff. It is also related to the rising of the Kundalini.

The head of the snake is related to the Ida and Pingala both ending in the nostrils, going down to the base of the spine and then going up to the top of the head aligning us with the Angelic realms, Higher self, Spirit. The Ida also known as the moon meridian and goes from right ovary / testes to left nostril (female energy). The Pingala also known as the sun meridian goes from left ovary /testes to right nostril (male energy). That's why smells let us remember memories more than any other sense.



The wand related to the Shushumna, a meridian or psychic nerve. When the Kundalini is awakened, it flows through the Shushumna and ends in the third eye. When we reach this level, we are free/ ready to go to discover more subtle levels.

The Caduceus also looks like a double Helix like our DNA. DNA contains all life code's of a human being. These code's are unique for every person. It shows us how life teaches itself without repeating it. It is a symbol from harmony and balance and can be used to balance the chakra's. When you use this symbol draw it between the feet or hands or ears.(easy to do when you hold a left and right proxy card next to each other).

-Raku

This symbol look like a lightning flash.

It works this way -- everyone always gets the right information at the right time, the right place and in the right way. Raku can help you to be aware of the messages you get from the Angelic realms, Higher self, and Spirit. It also helps to ground and figure out the meaning of inspiration (ideas, feelings and others senses). It brings the inspirations into the earth and when you can figure out what they mean, you can get them up again from earth into your head again. Raku can also clear and take static energy after a attunement / treatment down into the earth.



Underneath the Bodhi Tree

How to give a treatment:

- Before sending a treatment to a receiver.
- Ask the receiver to sit or lay down comfortably. Legs stretched with the knees a little bent.
- The receiver can put a blanket around her/him to stay warm.
- Tell the receiver the time a treatment can take 45 – 60 minutes (Sometimes longer).
- The sensations can be felt during and/ or after the treatment.
- That it is important to drink water to get the free radicals out of the bloodstream.
- And when some one needs extra rest to follow her/his body request.
- You send energy by using the proxy cards.
- The treatment will be given as a distant treatment even if the receiver is in the same room. Then you can find the spots on the proxy cards and you can beam the Reiki (through heart, fingers) to the corresponding zones on the ears, feet, hands or head.
- Make sure you sit comfortably as well.

The method of balancing the chakra's

- Decide what you want to treat (feet, or hands, or ears)
- Then look at the appropriate proxy cards and find the first chakra
- Concentrate on both body parts you want to treat
- If needed draw the CKR on your fingers or in your own energy field
- Draw the Caduceus between the feet, or hands or ears on the proxy cards
- Put your hands in prayer position, middle fingers against each other until you feel pulsation. Then use from every hand one finger to beam Energy.
- Beam Reiki from your fingers to the first and sixth chakra's on the proxy card till you feel it is done.
Then go on with the second and fifth chakra's
Then go to the third and fourth chakra's
- End with your hand in prayer position with the index fingers stretched and beam an extra 15 – 20 seconds energy in the heart chakra.



The method of beaming energy with the eyes:

- Decide what you want to treat (feet, or hands, or head or ears)
- Then look at the appropriate proxy card and find the first zone
(Always first the right side (sole, inner side, outer side and then the back of the feet or first right palm and then back side of the hand or right ear. When finished treat the left side the same way)
- Concentrate on the body part you want to treat
- If needed draw the CKR before your eyes or in your own energy field
- Open yourself for the Zone Reiki flow and let it become stronger for a few minutes.
- Then glance at the proxy card and let the first zone come “into “your eye
- Beam Reiki from your eyes for 15 – 20 seconds or till you feel it is done.
- Then go to the next zone and so on till you treat all zones.





How to draw the symbols



Caduceus



Raku





Receiving an attunement

Set a Sphere --you can light candles, incense, and/ or play relaxing music if you wish. Ground yourself and get centred by doing some belly breathing exercise and put your hands in Gasshō. Or lie down. You can call in Spirit's help, your guides, angels, Zone Reiki guides to help to receive a perfect attunement for the highest good of all.

After this preparation sit down comfortably with the feet flat on the floor, hands in Gasshō position before the chest. Say mentally or aloud I' Am now willing to receive Zone Reiki level sent to me by..... (masters name). Relax and let it happen.

The attunement downloading can take 30 - 45 minutes, sometimes longer. When the attunement is finished say thanks to all you called in for help. Make sure you are well grounded and centred before you go on with your daily activities and drink water afterwards.

If your master sent you a chi ball. You can call in the chi ball. By saying : I' Am now calling in the Zone Reiki level.... Chi ball sent to me by (masters name). If you can feel the chi ball call it in front of you open it and let the energy flow into you. If you cannot feel energy than imagine the chi ball in front of you and imagine that you open the chi ball and that the energy enter you through the crown chakra.

Enjoy ☺

Recommended websites:

richfranke.users.btopenworld.com

www.light-reiki



Underneath the Bodhi Tree



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Underneath the Bodhi Tree

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