

buddhas bliss



channelling and manual by
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Introduction

Buddha's Bliss came to me after many years of being a Reiki Master and working with energy. It was a gift from source and spirit and after many hours of channelling the system I was then so touched by the blessing that I wanted others to receive it to.

Since that time I have had many visions and messages from source and Buddha and have created this simple system to pass on.

The intention is to create a stronger connection for you to be able to experience Buddha and Buddha's bliss and blessing. This can be used in meditation and help you on the road to enlightenment.



Who is Buddha?

Buddha can refer to the historical Buddha or anyone that has attained full enlightenment and has experienced Nirvana.



In general, 'Buddha' means 'Awakened One', someone who has awakened from the sleep of ignorance and sees things as they really are. A Buddha is a person who is completely free from all faults and mental obstructions. There are many people who have become Buddha's in the past, and many people will become Buddha's in the future....There is nothing that Buddha does not know. Because he has awakened from the sleep of ignorance and has removed all obstructions from his mind, he knows everything of the past, present, and future, directly and simultaneously. Moreover, Buddha has great compassion which is completely impartial, embracing all living beings without discrimination. He benefits all living beings without exception by emanating various forms throughout the universe, and by bestowing his blessings on their minds. Through receiving Buddha's blessings, all beings, even the lowliest animals, sometimes develop peaceful and virtuous states of mind. Eventually, through meeting an emanation of Buddha in the form of a Spiritual Guide, everyone will have the

opportunity to enter the path to liberation and enlightenment. As the great Indian Buddhist scholar Nagarjuna said, there is no one who has not received help from Buddha.



It is impossible to describe all the good qualities of a Buddha. A Buddha's compassion, wisdom, and power are completely beyond conception. With nothing left to obscure his mind, he sees all phenomena throughout the universe as clearly as he sees a jewel held in the palm of his hand. Through the force of his or her compassion, a Buddha spontaneously does whatever is appropriate to benefit others. He has no need to think about what is the best way to help living beings - he naturally and effortlessly acts in the most beneficial way. Just as the sun does not need to motivate itself to radiate light and heat but does so simply because light and heat are its very nature, so a Buddha does not need to motivate himself to benefit others but does so simply because being beneficial is his very nature.



Like the reflections of the moon that effortlessly appear in any body of still water, a Buddha's emanations spontaneously appear wherever living beings' minds are capable of perceiving them. Buddha's can emanate in any form whatsoever to help living beings. Sometimes they manifest as Buddhists and sometimes as non-Buddhists. They can manifest as women or men, monarchs or tramps, law-abiding citizens or criminals. They can even manifest as animals, as wind or rain, or as mountains or islands. Unless we are a Buddha our self we cannot possibly say who or what is an emanation of a Buddha.

Of all the ways in which a Buddha helps living beings, the supreme way is by emanation as a Spiritual Guide. Through his or her teachings and immaculate example, an authentic Spiritual Guide leads his or her disciples along the spiritual path to liberation and enlightenment. If we meet a qualified Mahayana Spiritual Guide and put into practice everything he or she teaches, we shall definitely attain full enlightenment and become a Conqueror Buddha. We shall then be in a position to repay the kindness of all living beings by liberating them from the sufferings of samsara and leading them to the supreme bliss of Buddhahood



Buddha's Bliss Attunement Procedure

Prepare yourself and connect with Buddha connect with the persons higher self ask for permission to pass the connection and give thanks for this. Ask for there Reiki and Spirit Guides to assist and give thanks for this. Set your Intention for the highest level of guidance and give thanks to Buddha for making this connection happen.

I ask that (Name) will be attuned to the Buddha's Bliss Attunement at (Time)on (Date) in his or her time zone. The strongest energy that they can handle.

Let the energy flow for as long as needed.