

# Celestial Reiki

## Master Manual

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I came upon this type of Reiki while in a deep meditation. I began to see the solar system as a whole, and each planet as a burning force of healing light. I wanted to know more and so I asked my guides how I could channel this energy and teach others how to channel this energy. I was then filled with much already discovered knowledge, presented to me in a different light. I was told that each planet carries its own healing properties and that if channeled by a pure light being, a natural healer, these energies could be used to help the body, mind and spirit heal. As astrology is a very well researched topic, it has never been said that these planets we use to map out our future and lives could be used to heal emotional, spiritual and physical wounds. I asked my guides what it is that I should tell others about this system and each planet along with the earth's moon, lit up. A higher being then contacted me and began speaking to me, and showing me how to cultivate this energy for the greatest good.

Planetary Reiki is the study of how the energy of the planets within our solar system can allow us to heal. Each planet carries with it a different energy and represents a different aspect of our lives. By using this energy we can start to change and improve our lives for the highest good.

Planetary Reiki concentrates on the cores of each planet, and how the energy of the core can be translated into healing energy. In our study we will be looking at Mercury, Venus, Earth, Mars, Jupiter, Saturn, Neptune, Pluto and the Moon. These planets contain the core energy that we want to access and channel. This type of Reiki opens our minds and connects us to each of these planetary energies and allows us to channel them into our everyday healing.

In addition to using the cores of the planet, we must also recognize the flow and movement of each planet in alignment within our own. Astrology explains a lot about how each planet takes a turn in retrograde, and how each planetary energy reaches high and low points. We already know this because of the way our moon goes through phases. This is the same for each planet, and when doing planetary healing, you will need to be aware of these changes. I would suggest paying a lot of attention to the Witch's Almanac, because though Reiki is non religious, the almanac carries the dates and times for each planet's pattern and will be a useful tool in your practice.

Each of the planets is named after a God, and because of that personification, we can attribute personality to our planetary system and it better helps us to know when to use each planet for which type of healing. Below is an overview of what each of the Gods represent. I will go through their healing properties in a later section.

## Mercury

<b>Title:</b> Messenger of the gods	<b>Greek name:</b> Hermes
<b>Relations:</b> Son of <a href="#">Maia</a>	<b>Day of the Week:</b> <a href="#">Wednesday</a>
<b>English words:</b> Mercury or Quicksilver is a liquid metal. Mercurial means light-hearted and active.	<b>Solar system:</b> <a href="#">planet Mercury</a>

Mercury was the god of travelers. He had a winged hat and sandals, so he could fly. He carried a staff with two snakes winding round it. He was also the god of thieves! When he was only a few days old, he stole the cows of Apollo. Mercury made special shoes for the cows and made them walk backwards, so no-one could follow their tracks. Eventually Apollo noticed that Mercury was playing a new musical instrument called a lyre, strung with cow-gut! Apollo was furious with Mercury, but thought the lyre was wonderful. So they agreed that Mercury could keep the cows and Apollo would get the lyre. Mercury was also the god of science and business.

## Venus

<b>Title:</b> Goddess of love	<b>Greek name:</b> Aphrodite
<b>Relations:</b> Mother of <a href="#">Cupid</a>	<b>Day of the Week:</b> <a href="#">Friday</a> <a href="#">planet Venus</a>
	<b>Solar system:</b>

Venus was born in the sea and first came to shore at Cyprus, floating on a scallop shell.

There was a Golden Apple with "For the Fairest" written on the side. Venus, [Juno](#) and [Minerva](#) all wanted it. They decided to let a man, Paris, judge between them. They were all so beautiful that he couldn't make his mind up. So Juno said she would make him powerful. Minerva said she would make him wise. Venus offered him Helen, the most beautiful woman in the world. He chose Venus, and Helen. Unfortunately Helen was married to someone else, and when Paris carried her off to his home at

Troy, her husband came with his allies to get her back. Paris and all his family were killed and Troy was destroyed.

## Earth/ Ceres

**Title:** The Earth Goddess

**Greek name:** Demeter

**Relations:** Mother of Proserpine

**English words:** Breakfast Cereal

Ceres was the Earth goddess and goddess of corn. Her daughter was Proserpine.

[Pluto](#) fell in love with Proserpine, and carried her off to the Underworld. Ceres searched everywhere, but couldn't find her. Eventually Ceres refused to let the plants grow any more, and everyone began to die of hunger. So Pluto admitted he had Proserpine, but said she could only go back home if she had eaten none of the food of the Dead. Proserpine had eaten almost nothing, as she was so sad at being kept underground, but she had eaten six seeds from a pomegranate. So she could go home for six months every year, but had to return to her husband for the rest of the time. Ceres stopped everything growing when this happened. This is Winter.

## Mars

**Title:** God of war

**Relations:** Son of [Jupiter](#)

Father of Romulus and Remus

**English words:** Martial means warlike.

**Greek name:** Ares

**Day of the Week:** [Tuesday](#)

**Solar system:** [planet Mars](#)

**Month:** [March](#)

The Romans were great soldiers and thought Mars, the god of War, was very important. They said that he was the father of Romulus and Remus, the founders of Rome. When Romulus and Remus were babies, they were left to die. But they were found by a mother wolf, who suckled them.

The Campus Martius or field of Mars, was next to the river Tiber in ancient Rome. It was used to train soldiers and hold horse races.

# Jupiter

**Title:** King of the gods

**Relations:** Son of [Saturn](#)

Grandson of [Uranus](#)

Husband of [Juno](#)

Brother of [Neptune](#) and [Pluto](#)

Many children

**English words:** Jovial means jolly.

**Greek name:** Zeus

**Day of the Week:** Thursday

**Solar system:** Planet Jupiter

**Wonder of World:** Statue at Olympia

Jupiter means Father Jove (Father in Latin is "pater"). There was a big temple in Rome dedicated to Jupiter Optimus Maximus (which means Jupiter Best and Greatest). The Romans thought that Jupiter guarded their city and looked after them.

Jupiter was king of the Gods. His weapon was the Thunderbolt (thunder and lightning). All other gods were terrified of him, although he was a little scared of his wife [Juno](#)! Jupiter, [Neptune](#) and [Pluto](#) were the three sons of [Saturn](#). They divided up the world between themselves. Jupiter took the air, Neptune had the sea and Pluto ruled under the earth, the home of the Dead.

# Saturn

**Title:** God of time

**Greek name:** Cronos

**Relations:** Son of [Uranus](#)

Father of [Jupiter](#), [Neptune](#) and

[Pluto](#)

**English words:** Saturnine means serious and gloomy.

**Solar system:** [planet Saturn](#)

Saturn was god of Time and his weapon was a scythe. He ruled the gods before [Jupiter](#). He is called Old Father Time.

Jupiter, [Neptune](#) and [Pluto](#) were his children. They represent Air, Water and Death, the three things that Time cannot kill.

The Romans had a mid-winter festival in honour of Saturn, called the Saturnalia. It lasted seven days, and there was much merrymaking. Public business was suspended and schools were closed. Parents gave toys to their children and there was a public banquet. That is why we eat so much at Christmas, give presents and go to parties.

## Uranus

<b>Title:</b>	The Sky	
<b>Relations:</b>	Husband of Gaea, the Earth Father of <a href="#">Saturn</a> Grandfather of <a href="#">Jupiter</a>	<b>Greek:</b> Uranus and Gaea are Greek names
<b>English words:</b>	Uranium	<b>Solar system:</b> <a href="#">planet Uranus</a>

Uranus was a shadowly figure right at the start of time. He came before Saturn, who came before Jupiter. There is no picture of him, so here is a good picture of the rings of planet Uranus instead!

Uranus was the sky, and his wife Gaea was the earth. They had a violent argument and split up. Ever since the earth and sky have been apart.

Uranium is a radio-active metal used for nuclear power. It was called after the planet Uranus, as it was discovered about the same time.

## Neptune

<b>Title:</b>	God of the Sea	<b>Greek name:</b>	Poseidon
<b>Relations:</b>	Son of <a href="#">Saturn</a> Brother of <a href="#">Jupiter</a> and <a href="#">Pluto</a>	<b>Solar system:</b>	<a href="#">planet Neptune</a>

Neptune was the god of the sea. He carried a trident, which had three prongs. He rode a dolphin or a horse. When the sea is rough enough to show white tops to the waves, these are called sea horses.

Neptune was also the god of earthquakes. He was called the Earth-shaker! It may seem strange that Neptune was not a more important god, since the Roman Empire was based on the Mediterranean. But the Romans were poor sailors. When Julius Caesar invaded Britain, it was considered an astounding adventure, even though he was just crossing the English Channel!

## Pluto

<b>Title:</b>	God of the Dead	<b>Greek name:</b>	Hades
<b>Relations:</b>	Son of <a href="#">Saturn</a> Brother of <a href="#">Jupiter</a> and <a href="#">Neptune</a> Husband of <a href="#">Proserpine</a>	<b>Solar system:</b>	<a href="#">planet Pluto</a>
<b>English words:</b>	Plutonium		

Pluto was the god of the Dead. When someone died, they travelled down to the Underworld. First, they had to cross the River of the Dead, called the Styx. Everyone was buried with a coin, to pay the ferryman, Charon. Then they had to get past Cerberus, a fierce dog with three heads, which would only let the Dead through. Finally they had to come before the Judges of the Dead.

The only living man to fight Cerberus was Hercules, the strongest man in the world. He had to bring Cerberus back from the Underworld. (He let it go afterwards.) The moon of planet Pluto is called Charon.

The metal Plutonium is radio-active. It was discovered at the same time as the planet Pluto. It is not only used for nuclear bombs, it is deadly by itself. It deserves to belong to the god of Death!

Pluto sometimes got confused with the Greek god, Plutus, the god of wealth. This is not surprising, since the names sound alike, and also wealth, like gold, silver or jewels, are found underground, where Pluto ruled.

## The Moon

<b>Title:</b> Goddess of the Moon	<b>Greek name:</b> Artemis
<b>Relations:</b> Daughter of <a href="#">Jupiter</a>	<b>Day of the Week:</b> <a href="#">Monday</a>
Sister of <a href="#">Apollo</a>	<b>Solar System:</b> <a href="#">Moon</a>
	<b>Wonder of</b> <a href="#">Temple at Ephesus</a>
	<b>World:</b>

Diana was the goddess of the moon. Her twin brother [Apollo](#) was the god of the sun. Diana carried a bow and arrows. She was the goddess of hunting. Once she was bathing in a forest pool. A hunter called Actaeon spied on her. So Diana turned him into a stag. She helped women in child-birth, because her mother Leto gave birth to her and her twin brother so easily.

## The Sun

<b>Title:</b> God of the Sun	<b>Day of the Week:</b> <a href="#">Sunday</a>
<b>Relations:</b> Son of <a href="#">Jupiter</a>	<b>Solar System:</b> <a href="#">Sun</a>
Brother of <a href="#">Diana</a>	<b>Wonder of</b> <a href="#">Colossus at Rhodes</a>
	<b>World:</b>

Apollo was the god of the sun. Each day he drove his chariot of fiery horses across the sky to give light to the world.

He was also the god of healing, so sick people prayed to him.

His most famous temple was at Delphi. There, his priestess would prophesy the future. But she wasn't easy to understand. One day, a great king asked the priestess if he should invade a nearby kingdom. She said, "If you do this, a great kingdom will be destroyed." He thought that she meant he would be successful, and so started the war. He lost disastrously. It was his own kingdom that got destroyed!

Apollo had a son called Phaethon, who was human. Phaethon nagged at Apollo to let him borrow the sun chariot and fly across the sky. Finally Apollo agreed. Phaethon proudly drove the sun chariot up

into the sky, but then he lost control of the horses. The sun chariot dived towards the earth, burning everything. Finally [Jupiter](#) had to stop him with a thunder bolt.

### Symbols and Healing Properties



Sun



Mercury



Venus



Earth



Moon



Mars



Jupiter



Saturn



Uranus



Neptune



Pluto

### **The Sun: Planet of Self**

As the Sun puts forth light, so it brings forth life. This Planet (also known as a luminary and a star) represents the self, one's personality and ego, the spirit and what it is that makes the individual unique. It is our identity and our face to the world. The Sun also speaks to creative ability and the power of the individual to meet the challenges of everyday life.

One's natural father, husbands and other male influences are ruled by the Sun, as are children. The Sun's energy is a forceful one, and in its wake comes authority, the ability to lead and an individual's essence, their core being. Through the will of this Planet, we learn to manifest ourselves in the world. The Sun is majestic, and in keeping with its regal air, it rules royalty and higher office. This orb also lords over our health and well-being. The Sun's golden glow is a vital life force which imbues us with strength, energy and a will to succeed. It is the Sun which gives strength to the other Planets, which is why this Planet occupies a key role in Astrology.

The Sun spends about a month visiting each Sign and takes a year to journey through the twelve Signs of the Zodiac. It is masculine energy and rules Leo and the Fifth House.



## Mercury: Planet of Communication

Mercury, much like the winged messenger of the gods, comes in on feather-light wings and commands us to speak. Communication, intellect and awareness are all within Mercury's domain, as are logic and reasoning, our manner of thinking, and how we create and express our thought processes.

A mercurial nature brings to mind restlessness and motion. Rat-a-tat-tat -- things happen fast here.

Mercury is about a quick wit, quick thinking, possibilities, opinions, reasoning and the ability to rationalize things. Mercurial energy can be good or bad, but it will certainly be energizing! This Planet also prompts us to move from one thing to the next and to get answers on both a physical and psychological level. Further, Mercury's energy is both dexterous and perceptive.

Mercury is about short trips: a visit to a neighbor or a friend across town, the workaday commute, a weekend getaway. Siblings, and transportation in general, are also within Mercury's realm.

Speaking, writing, books, online communications and learning are all within Mercury's domain. This Planet implores us to express ourselves often -- and well. When Mercury goes retrograde (the appearance of traveling backward), however, our communications will be challenged.

Mercury is never more than 28 degrees from the Sun; it takes about 88 days to complete its orbit of the Sun. It is neither masculine nor feminine energy and assumes the gender of the Sign it is in. It rules both Gemini and Virgo and the Third and Sixth Houses.

## Venus: Planet of Love and Money

Venus is all about pleasure, especially pleasure shared with someone else. This Planet concerns itself with love, romance and harmony in our emotional attachments, marriages, friendships and other unions (like business partnerships). Venus is content to spread happiness and tenderness, all the while teaching us how to love and appreciate others and the things that we possess.

We appear attractive -- and we attract others -- thanks to Venus's energy. Socializing with and relating to others are important to this Planet.

Beauty is also strongly associated with Venus. The arts (music, dance, drama and literature, to name a few) and a sense of the aesthetic fall within the realm of Venus. Venus beseeches us to indulge our senses and revel in the beauty of our world. This Planet is inextricably linked to refinement, culture, charm and grace.

Venus also deals with the pleasure we derive from our possessions. Luxuries (jewelry, paintings, expensive cars), good food and drink, a beautiful home and a sense of refinement all please Venus's interests. This Planet asks us to appreciate the exquisite nature of things. It's a sensual -- though not necessarily sexual -- world as far as Venus is concerned.

Venus takes 225 days to complete its orbit of the zodiac; it is never more than 47 degrees from the Sun. It is a feminine energy and rules both [Taurus](#) and [Libra](#) and the [Second](#) and [Seventh](#) Houses.

## The Moon: Ruler of the Emotions

Since the Moon is the closest 'Planet' to Earth, this satellite literally zips around the Zodiac, completing its circuit in less than a month. It also touches us more deeply than most Planets.

As the ruler of the tides, it is fitting that the Moon should be the ruler of our emotions. Still waters run deep? Making waves? A wellspring of emotion? Yes, our emotions have long been portrayed in terms of the sea: fluid, momentous, churning from within. Mood swings, instinct, how we feel about things and how our feelings affect others are all influenced by the Moon. Whereas the Sun gives us our spirit, it's the Moon which gives us our soul.

The Moon is goddess-like in that it symbolizes mother and the relationship between woman and child. This Planet (also known as a luminary) speaks to the women in one's life and their role as nurturer. Fertility, pregnancy and childbirth are also governed by the Moon. We see the Moon casting its silvery glow from our earliest moments, when we were stroked and caressed by our mother and felt her tender touch.

Our emotions manifest themselves through our being and set the tone for our daily lives. The Moon is party to this continuum, rendering us vital one moment and fragile the next. We're up and down, naughty or nice, and may laugh wildly or cry at will. Through the Moon's energy, we endeavor to reconcile these varied emotions in order to make ourselves complete and one with the world. The Moon also helps us see that which we want, and to use memory and the past as part of this process.

The Moon spends roughly 2 1/2 days in each sign and takes 28 days to circumnavigate the Zodiac. It is feminine energy and rules [Cancer](#) and the [Fourth House](#).

## **Mars: Planet of Passion**

Mars is the action Planet of the Zodiac. The 'Red Planet,' after all, should be pretty fiery, and Mars does not disappoint. Energy, passion, drive and determination are all right up Mars's alley. This Planet commands you (and yes, Mars does rule the military) to stand up, be noticed and get things done -- sitting on the sidelines belongs somewhere else in the heavens. Simply put, Mars speaks to the power and confident expression of the individual.

Ambition and competition are also within Mars's realm. Whether it's at work or on the field of play, Mars encourages us to face challenges and to be our best -- or better. Aggression is part of the plan here, although Mars also values courage and honor. Assertion and a daring, fearless nature please this Planet.

It's important to note that Mars's energy can be constructive or destructive. The God of War in ancient times, Mars could be brutally violent. While this energy still emanates from the Planet, it also asks us to harness this force for good. Stamina, ambition and achievement are all part of Mars' mantra.

Mars rules our sexuality and sexual energy, and governs weapons, accidents and surgery (the last two illustrating the yin and yang nature of this Planet). In the end, however, the energy of Mars can be quite useful if used properly.

It takes nearly two years for Mars to complete its orbit through the Zodiac. It is masculine energy and rules both [Aries](#) and [Scorpio](#) and the [First](#) and [Eighth](#) Houses.

## **Jupiter: Planet of Luck**

Jupiter is the thinking person's Planet. As the guardian of the abstract mind, this Planet rules higher learning and bestows upon us a yen for exploring ideas, both intellectually and spiritually. Intellectually speaking, Jupiter assists us in formulating our ideology. In the more spiritual realm, Jupiter lords over religions and philosophy. A search for the answers is what Jupiter proposes, and if it means spanning the globe to find them, well, that's probably why Jupiter also rules long-distance travel. In keeping with this theme, Jupiter compels us to assess our ethical and moral values; it also addresses our sense of optimism.

Luck and good fortune are associated with Jupiter for good reason. This is a kind and benevolent Planet, one which wants us to grow and flourish in a positive way. Jupiter may be judge and jury, but it's mostly an honorable helpmate, seeing to it that we're on the right path. While our success, accomplishments and prosperity are all within Jupiter's realm, this largesse can, at times, deteriorate into laziness and sloth (Jupiter, at its worst, is associated with weight gain!). More often than not, however, Jupiter will guide us down the primrose path.

Leisure time is also one of Jupiter's pastimes. Sports of all kinds, games of chance, and a stroll in the park with the family pet (Jupiter loves animals) are all ruled by this Planet. Finally, Jupiter often presages great wealth, material and otherwise. This is a good friend in the heavens!

It takes Jupiter about twelve years to circle the Zodiac (the Planet visits an average of one Sign a year). It is masculine energy and rules both [Sagittarius](#) and [Pisces](#) and the [Ninth](#) and [Twelfth](#) Houses.

## Saturn: Planet of Karma

Saturn doesn't make things easy. That's the role of the taskmaster of the Zodiac. Saturn commands us to get to work and to work hard. Discipline and responsibility are important to this Planet, yet if we're eager to conquer the world, that's okay, too.

Much like Father Time, Saturn implores us to look at the clock (its glyph, after all, is the sickle of Chronos, the God of Time). Is there time for everything we want to do, or are there limits? Those limitations are important to Saturn, and we must learn to manage them. Restrictions are the province of this Planet, as is any form of discipline or delay.

In keeping with the passage of time, Saturn governs old age along with the lessons it teaches us.

Learning life's lessons is key to this Planet, in keeping with its role as teacher. The majesty of older age also brings with it a certain sense of tradition, conventionality (our learned patterns of behavior) and wisdom, and Saturn is mindful of these characteristics. This Planet applauds our perseverance and the fact that we've withstood the test of time (yes, time comes up once again). This senior status further brings with it a measure of authority, and Saturn lords over that as well.

Structure, order and the way in which we conduct our affairs are all ruled by this ringed Planet.

Contraction and the reining in of assets are also important here. Lastly, Saturn, again in its role as teacher, concerns itself with [karma](#) and the lessons which past experiences might bring.

It takes Saturn 28-30 years to complete its orbit of the zodiac. It is masculine energy and rules [Capricorn](#) and [Aquarius](#) and the [Tenth](#) and [Eleventh](#) Houses.

## Uranus: Planet of Rebellion

The Planet Uranus wasn't discovered until 1781. As one of the outermost Planets, it moves rather slowly through the Zodiac. The result is that its effect is felt more generationally than individually. Uranus brings with it a new way of looking at things, and its approach is best met with an expanded consciousness. Originality, inventions, computers, cutting-edge technologies and future events are all ruled by this Planet. Uranus sees no need for the status quo, preferring instead to break with tradition and create a new mold. While the building blocks (science, electricity) are safe here, this Planet would rather focus its gaze on a new world order. To that end, rebellion, revolution, dictators, an autonomous state and free will all fall under the aegis of this Planet.

No one will ever characterize Uranus as subtle. This is the Planet which coaxes erratic and bizarre behavior and byzantine schemes. A bohemian, utopian society is more in keeping with Uranus's bent, as are humanitarian ideals. Freedom and creativity are important to this Planet; Astrology is also within

its realm. Lastly, in keeping with its sudden, sometimes violent and often unexpected manner, Uranus rules earthquakes and other natural disasters.

It takes Uranus 84 years to complete its trip around the zodiac. It is an androgynous energy and rules [Aquarius](#) and the [Eleventh House](#). Uranus is considered to be the higher octave of Mercury and the first of the transcendental Planets.

## Neptune: Planet of Illusion

Neptune, another of the outer Planets, was discovered in 1846. Its slow orbit around our Zodiac ensures that its effect is generational in nature.

Neptune's glyph is the trident of Poseidon, God of the Seas. Much about this Planet is fluid (Neptune rules the oceans of the Earth), changeable and illusory in nature. Dreams, illusion, abstract thought and the mysterious are all governed by Neptune. Our spirituality is important to this Planet, and how we harness that energy for our personal betterment. Neptune invites us to let its energy wash over us and to use a meditative state to gain insights and heightened awareness. Poetry, music and dance are among the trance-like activities which this Planet favors.

Neptune does have its showier side, as it rules movies, television, theater, fashion and all forms of glamour. In essence, Neptune is creating an illusion -- of what is enchanting on the outside and captivating within. Neptune has a mystique which doesn't reveal itself easily. It can be a poser, too, dabbling in flattery -- and subversion.

The shadow side of Neptune is akin to the aging star who cannot make one more curtain. When the lights are low, this Planet plays in a netherworld of drugs, alcohol, trances and hypnosis. Neptunian energy reeks of escapism on its darker days, a sea of delusion, hypochondria and abnormality. Sleep and dreams are also lorded over by this Planet. At the end of the day, Neptune keeps coming at you -- how will you receive it?

It takes Neptune 165 years to complete its whirl around the Zodiac, spending roughly 14 years at each Sign. It is feminine energy and rules [Pisces](#) and the [Twelfth House](#). Neptune is known as the higher octave of [Venus](#) and is the second of the transcendental Planets.

## Pluto: Planet of Power

As the outermost Planet in our solar system, Pluto is also the farthest from the Sun. It has only recently been discovered, having come to light (albeit a dim one) in 1930.

Pluto's energy may be subtle, but its results will hit you like a ton of bricks. This Planet is about transformation, regeneration and rebirth. Things aren't pretty with Pluto, but they do get done. Pluto says 'out with the old and in with the new,' and we'd better be ready for it. If we're not, this Planet will simply have us wallow in our misery. Pluto asks us to transcend that which we know, redeem ourselves in the process, and come out stronger as a result.

For all that Pluto (re)creates (it also governs the reproductive system), it loves to destroy. This Planet rules destruction, death, obsession, kidnapping, coercion, viruses and waste. That's definitely not pretty. Pluto also governs crime and the underworld, along with many forms of subversive activity (terrorism, dictatorships). This Planet is about all that is secret and undercover, that which is hidden from view. Is this the story of good vs. evil? Yes.

No one will deny Pluto's power (it rules atomic power, too) and intensity. This Planet's energy is often focused on the masses and what the collective will do. Pluto beseeches the masses to look inward (and to their subconscious) to see what's there. It may be scary, but Pluto doesn't care. This Planet knows how to push buttons.

It takes Pluto approximately 248 years to complete its orbit around the Zodiac. Due to the eccentricity of its orbit, it takes this Planet between 12 and 31 years to pass through a Sign. It rules [Scorpio](#) and the [Eighth House](#). Pluto is the last of the transcendental Planets and is the higher octave of [Mars](#).

## Retrogrades and Patterns

### Mercury

The Mercury retrograde is perhaps best known of all retrogrades. This celestial body requires 88 days to make a complete pass around the Sun and remains stationary for anywhere between a few hours and a few days, depending on the time of year. This planet goes into retrograde three times a year for around three weeks each time. Mercury has the highest frequency of retrograde and stays in this position for the shortest length of time of any other planet.

Communication is Mercury's main domain. Therefore, communication is greatly affected by this planet's pull. During the period Mercury is in retrograde motion, individuals may find their message is better conveyed through another less familiar medium. Messages may be misunderstood; whispers may be overheard and mail or email may be misdirected. Those who are usually constrained by public speaking may have moments of clarity, while those giving a public address may be dramatically misquoted. This is a good time to explore new outlets of communication. Choose your words carefully. If Mercury retrograde is in your chart, your tongue is likely to get you into trouble or you may be afraid to speak your mind for fear of the consequences. There may be an issue with intellect or intelligence. You may find your self-expression is "heard" through other forms rather than verbal or written.

### Venus

Venus revolves around the Sun in 225 days and remains stationary for three to four days. Every eighteen months or so, this planet slips into retrograde for approximately six weeks.

In general, Venus retrograde forces us to take an examining eye to our romantic relationships. Suppressed feelings may rise to the surface, and we may reevaluate what we want and where we seek it. The rules that structure our value system may come into question; suddenly what we valued most may seem inconsequential. We may find ourselves rethinking the meaning of beauty and aesthetics. Financial issues may step into the limelight as well.

If Venus is retrograde in your chart, you may have some relationship issues to overcome. Oftentimes you feel too inhibited to seek what you really want and you withdraw from your partner. You find it hard to get exactly what you need from the people who are close to you. Some of this influence that applies to emotional matters also applies to money matters: You never quite feel that you have enough in your pockets. Self-worth becomes a large issue for you in your lifetime.

### Mars

Mars requires 687 days to travel one cycle around the Sun and, depending on the time of year, this planet is stationary for up to five days. Its retrograde period happens every two years and it stays in this state for two to two-and-a-half months.

Mars is the Planet of War, and in a retrograde period it causes anger and discord to turn internal. Passive aggression, inner angst, stress and anguish are all attributed to this planet in retrograde. Turning emotions inward rather than releasing them in a more healthy manner can cause anger and hatred to be misdirected. Like Don Quixote, you are battling demons you can't even see. Severe road rage and

issues with internal wellness may be highlighted during this time. More balanced individuals aren't as affected by Mars in retrograde, but during its influence none of us are as saintly as we'd like to be. If you have Mars in retrograde in your chart you may find that you have difficulty in asserting yourself. Timidity, lack of direction and other self-imposed emotional obstacles hold you back from realizing your dreams. Often you rely on others to fight your battles; too often you feel you are being used as someone else's doormat. You may find others around you to be particularly aggressive during the period when Mars is in retrograde.

## Jupiter

It takes 12 years for Jupiter to travel around the Sun; then it pauses at its stationary position for five to eight days. Approximately once a year, for around four months or so, this planet is in retrograde. Jupiter, like Saturn, is a social planet. Its actions affect people in a very holistic manner. The retrograde of Jupiter causes us to reevaluate our ethics as a society. Philosophies are rewritten, religious or spiritual beliefs are questioned and the very fibers of our being are scrutinized. Lessons that have become commonplace and routine are seen in a new light. The results of these changes can be either fruitful or inauspicious, depending on the individual, the culture and the situation. Working from the premise that the universe flows within us and that individuals are connected by a greater thread, we focus more on the similarities and trends that span the globe than on the individual. Jupiter in retrograde isn't a great time for travel, as plans are likely to cave in on themselves. If Jupiter's retrograde is in your chart, you are likely to be the type of person who is always searching for ethics and values. You constantly seek truth and deeper meaning in life but rarely reach a stage of understanding. Ritual becomes a chore and you feel uneasy in your skin as you follow in blind faith. Oftentimes you jump onto the current intellectual bandwagon only to be disappointed in the end. You suffer from feeling the cold lack of spiritual fulfillment or you feel tugged at by the constant demands of your spirituality or philosophy. You strive to find the right spiritual balance.

## Saturn

29-and-a-half years is the duration of Saturn's average cycle around the Sun, and once a year the planet goes into retrograde for about four-and-a-half months. The transition between the appearance of forward motion into retrograde motion is called the stationary period. During its stationary period, Saturn has the appearance of not moving at all for about eleven or twelve days. Saturn's effect on Earth slows everything down. This planet in retrograde is a taskmaster: It can make us work with extra effort or it can make us think deeply and contemplate our actions or the world around us. There are no short cuts when Saturn's spin reverses, and one shouldn't consider rushing through long and detailed projects. Take this opportunity to breathe and to do things the right way the first time around. Issues with authority may rise to the forefront; sealing deals and finalizing contracts may be put off longer than you'd like. Deadline extensions are granted and you may find yourself hammering away again at something you thought was complete. If Saturn is in retrograde in your chart, it's likely that you are constantly in conflict with authority. Either you feel persecuted by those who work above you or you are a person currently mismanaging your power position. Setting limitations and learning the levels to which others may be pushed are matters with which you must take issue. You are afraid of the risk needed to address the powers that be, but the rewards will be great if you can learn to gain more control in this part of your life. Patience will also be a lesson.

## Uranus

Uranus is quite far from the Sun, and thus it takes a full 84 years for this planet to orbit the star at the solar system's center. A Uranian year is so long that this planet remains in each Sign of the Zodiac for about seven years. The stationary period for Uranus is two weeks, and its retrograde lasts for about five months out of every Earth year.

In general, when Uranus is in retrograde, we should expect the unexpected. Surprises pop out from every corner and this can be either marvelous or startling, depending on the situation. Uranus is the Wild Card of the Planets; it can bring drastic whims and shifts that amaze and bemuse. A Uranus retrograde could bring unexpected effects that could yield the complete opposite or even no change at all. During this time, chaos may be present either externally in the outside world or internally within the individual.

Uranus retrograde may set your wild side free or it could make a notoriously outgoing person uncharacteristically shy. Straight-laced school marms may suddenly be dancing on top of pianos and effervescent party types may suddenly feel more comfortable, calmly relaxing in a hot bath. Explosions in your personality are not uncommon; you may behave differently than other people perceive you.

## Neptune

It takes 165 Earth years for Neptune to circle the Sun one time, long enough for this planet to spend fourteen years in each Sign of the Zodiac. Stationary for two weeks or so at a time, Neptune goes into retrograde five months out of every year.

With Neptune's retrograde, logic falls to the wayside in favor of esoteric interests and intuition. People begin to pay more attention to their dreams and explore more creative outlets. Neptune is the Planet of Illusion and Make Believe, and we may see shifts in film and television or entertainment media in general.

If the retrograde of Neptune is in your chart, you are likely involved in a serious escape fantasy into a dream world. No one really knows what goes on behind your eyes and though you may be sitting at a desk in an office, you're probably dancing ballet or hunting wolverines in your mind. The position of this planet can make some people more inhibited and unable to realize their dreams. Alternatively, some can be plunged into a dream world from which they can't resurface. This dream world may include drug or alcohol abuse, constant escapism, running away or absolutely shutting out reality.

## Pluto

A whopping 248 years must pass here on Earth before Pluto completes a single cycle of rotation around the Sun. Pluto spends, on average, twenty-one years in each Sign and five months out of the year in retrograde. In between its regular cycle and retrograde Pluto rests stationary for up to seventeen days, depending on the season.

Fresh starts and dead ends accompany Pluto's retrograde stage. The things that we hang onto most tightly can suddenly be taken away. Pluto's retrograde is also a time of destruction and rebuilding, rejuvenation and regeneration. We may be forced to reevaluate the things we value most. Heavy forces that are outside of an individual's control are at play, including war, weapons and government upheaval. With Pluto in retrograde in your birth chart, it's all an issue of control. Depending on the circumstances, you may find yourself in the grip of someone else's whim, feeling taken advantage of or manipulated. On the other end of the spectrum, you could be the person in the throne using your own power to destroy others and, ultimately, yourself and your world. Either way, the abuse of power is a very large issue for people born with a Pluto retrograde in their chart.



## Sun Signs and Symbols



### **Aries**

March 21 - April 19

Aries is the first Sign of the Zodiac, and that's pretty much how those born under this Sign see themselves: first. Aries are the leaders of the pack, first in line to get things going. Whether or not everything gets done is another question altogether, for an Aries prefers to initiate rather than to complete. Do you have a project needing a kick-start? Call an Aries, by all means. The leadership displayed by Aries is most impressive, so don't be surprised if they can rally the troops against seemingly insurmountable odds -- they have that kind of personal magnetism. An Aries won't shy away from new ground, either. Those born under this Sign are often called the pioneers of the Zodiac, and it's their fearless trek into the unknown that often wins the day. Aries is a bundle of energy and dynamism, kind of like a Pied Piper, leading people along with its charm and charisma. The dawning of a new day -- and all of its possibilities -- is pure bliss to an Aries.

The symbol of Aries is the Ram, and that's both good and bad news. Impulsive Aries might be tempted to ram their ideas down everyone's throats without even bothering to ask if they want to know. It's these times when you may wish Aries's Sign's symbol were a more subdued creature, more lamb than ram perhaps. You're not likely to convince the Ram to soften up; these folks are blunt and to the point.

Along with those qualities comes the sheer force of the Aries nature, a force that can actually accomplish a great deal. Much of Aries's drive to compete and to win comes from its Cardinal Quality. Cardinal Signs love to get things going, and Aries exemplifies this even better than Cancer, Libra or Capricorn.



### **Taurus**

April 20 - May 20

Taurus, the second Sign of the Zodiac, is all about reward. Unlike the Aries love of the game, Taurus loves the rewards of the game. Think physical pleasures and material goods, for those born under this Sign revel in delicious excess. They are also a tactile lot, enjoying a tender, even sensual, touch.

Taureans adore comfort and like being surrounded by pleasing, soothing things. Along these lines, they also favor a good meal and a fine wine. The good life in all its guises, whether it's the arts or art of their own making (yes, these folks are artistic as well), is heaven on Earth to the Taurean-born.

It's the Bull that serves as the Taurean's mascot, and along with that comes the expectation that these folks are bull-headed and stubborn. Yes, they are. Hey, this Sign has a Fixed Quality attached to it after all, so expect that things will occasionally grind to a halt. That said, Taureans don't start out with the intention of getting stuck. They simply want to get things done, and it's that steady, dogged persistence that winds up being viewed as stubbornness. Bulls are actually among the most practical and reliable members of the Zodiac, and they are happy to plod along, as it were, in pursuit of their goals. The good news for Bulls is that once they get to the finish line, they'll swaddle themselves in material goods. A self-indulgent beast? Perhaps, but if you toiled as laboriously as these folks do, you'd need some goodies, too.





## **Gemini**

May 21 - June 21

Gemini is the third Sign of the Zodiac, and those born under this Sign will be quick to tell you all about it. That's because they love to talk! It's not just idle chatter with these folks, either. The driving force behind a Gemini's conversation is their mind. The Gemini-born are intellectually inclined, forever probing people and places in search of information. The more information a Gemini collects, the better. Sharing that information later on with those they love is also a lot of fun, for Geminis are supremely interested in developing their relationships. Dalliances with these folks are always enjoyable, since Geminis are bright, quick-witted and the proverbial life of the party. Even though their intellectual minds can rationalize forever and a day, Geminis also have a surplus of imagination waiting to be tapped. Can a Gemini be boring? Never!

Since Geminis are a mix of the yin and the yang, they are represented perfectly by the Twins. The Gemini-born can easily see both sides of an issue, a wonderfully practical quality. Less practical is the fact that you're not sure which Twin will show up half the time. Geminis may not know who's showing up either, which can prompt others to consider them fickle and restless.

They can be wishy-washy, too, changing their mood on a simple whim. It's this characteristic which readily suggests the Mutable Quality assigned to this Sign. Mutable folks are flexible and go with the flow. Further, the Twins are adaptable and dexterous and can tackle many things at once. It's a good thing, too, when you consider their myriad interests. The downside of such a curious mind, however, can be a lack of follow-through. How much can any one person do, anyway?



## **Cancer**

June 22 - July 22

Cancer, the fourth Sign of the Zodiac, is all about home. Those born under this Sign are 'roots' kinds of people and take great pleasure in the comforts of home and family. Cancers are maternal, domestic and love to nurture others. More than likely, their family will be large, too -- the more, the merrier! Cancers will certainly be merry if their home life is serene and harmonious. Traditions are upheld with great zest in a Cancer's household, since these folks prize family history and love communal activities. They also tend to be patriotic, waving the flag whenever possible. A Cancer's good memory is the basis for stories told around the dinner table, and don't be surprised if these folks get emotional about things.

Those born under this Sign wear their heart on their sleeve, which is just fine by them.

The mascot of Cancerians is the Crab, and much like this shelled little critter, Cancerians are quick to retreat into their shells if it suits their mood. No wonder these folks are called crabby! For Cancer, it's not that big of a deal, though, since they consider this 'shell' a second home (and they do love home). The flip side of this hiding is that shell-bound Crabs are often quite moody. Further, in keeping with their difficulty in sharing their innermost feelings, it can become a Herculean task to pry a Crab out of its secret hiding place. What to do? Give the Crab time -- eventually these folks will come out to play again. When they do, they'll be the first to say so, in keeping with the Cardinal Quality attached to this Sign. It's said that Crabs are first to laugh and first to cry, so you can bet they'll fill you in. That shell, by the way, isn't the only tough thing about Crabs. These folks are tenacious and strong-willed and like to get their way. If their well-documented kindness and gentleness doesn't do the trick, however, they're not above using emotional manipulation to make things happen. If that still doesn't work, they'll just go

back to their shell and sulk, or find a way to get back at the source of their pain, since Crabs can be rather vindictive. That said, any self-respecting Crab would tell you that they are ultimately motivated by protecting their home and loved ones, a most noble goal.



## **Leo**

July 23 - August 22

Leo is the fifth Sign of the Zodiac. These folks are impossible to miss, since they love being center stage. Making an impression is Job One for Leos, and when you consider their personal magnetism, you see the job is quite easy. Leos are an ambitious lot, and their strength of purpose allows them to accomplish a great deal. The fact that these folks are also creative makes their endeavors fun for them and everyone else. It's quite common to see a Leo on stage or in Hollywood, since these folks never shy away from the limelight. They are also supremely talented and have a flair for the dramatic. Warmth and enthusiasm seems to seep from every Leo pore, making these folks a pleasure to be around. They do love pleasure!

It's the Lion which symbolizes Leos, and the king (or queen) of the jungle is a most appropriate mascot, since these folks consider themselves the rulers of their universe (and the Zodiac at that). Like Lions, Leos tend to be dignified and strong, and it is this sense of their power which allows them to get things done. A Leo on your team is a good thing, since Lions are eager to see their projects through to completion. Putting these folks at the helm is a good thing, too, since the Leo-born are natural leaders. They may ruffle a few feathers along the way, however, since they can also be overbearing and somewhat autocratic. This may be in keeping with the Fixed Quality assigned to this Sign -- Lions are indeed opinionated and set in their ways. That said, they are well organized, idealistic and have a knack for inspiring others.



## **Virgo**

August 23 - September 22

Virgo is the sixth Sign of the Zodiac, to be exact, and that's the way Virgos like it: exacting. Those born under this Sign are forever the butt of jokes for being so picky and critical (and they can be), but their 'attention to detail' is for a reason: to help others. Virgos, more than any other Sign, were born to serve, and it gives them great joy. They are also tailor-made for the job, since they are industrious, methodical and efficient. The sense of duty borne by these folks is considerable, and it ensures that they will always work for the greater good.

Virgo is represented in modern Astrology by the Virgin, although this association should not be taken literally. Rather, Virgos tend to take on some of the qualities of a Virgin, things like modesty and humanity. Some might consider them repressed, although Virgins would argue that it's a noble quality, as opposed to a negative one. Most of all, Virgos enjoy indulging their practical and logical side and poring over their projects to the nth degree. To say these folks are good at fact-finding almost understates the case, since Virgos revel in their exacting (some would argue pedantic) behavior and are a whiz with minutiae. Virgins are an asset in the workplace as they can be counted on to get things right the first time, every time -- and no detail will be overlooked. They are also balanced and fair in their assessments in keeping with the Mutable Quality assigned to this Sign.



## **Libra**

September 23 - October 22

Libra is the seventh Sign of the Zodiac, and it is at this point in the Zodiac that we start to see a shift. While the first six Signs of the Zodiac focus on the individual, the last six focus on the individual's contact with others and with the world. Librans are first and foremost focused on others and how they relate to them. We can call this the Sign of partnership with a capital 'P' because these folks do not want to be alone! For a Libran, everything is better if it's done as a pair. Librans are good when paired up, too, since they epitomize balance, harmony and a sense of fair play. While they are true team players at work, their favorite partnership is at home: marriage. Librans feel most complete when they are coupled up with their lover, forever.

It's the Scales which symbolize Libra, and just like that balancing mechanism wants to stay even, Librans want to be on an even keel. Think of the Scales of Justice and how they work at striking the right balance. Likewise, Librans are objective, just and want to do what's best for everyone. It's possible, though, that this penchant for fairness is for a different reason: Librans abhor conflict. The Scales study every possible angle in the hopes of achieving peace and harmony, so much so that others may see them as fickle and indecisive. If that's what it takes to avoid a confrontation, that's fine with the Scales. The Libra-born are keen strategists, organizing groups with poise and getting the job done (in keeping with the Cardinal Quality assigned to this Sign). Further, you can expect the Scales to be companionable, sociable folks.



## **Scorpio**

October 23 - November 21

Scorpio is the eighth Sign of the Zodiac, and you shouldn't take that lightly. You shouldn't take Scorpions lightly, either. Those born under this Sign are dead serious in their mission to learn about others. There's no fluff or chatter for Scorpions, either: these folks will zero in on the essential questions, gleaning the secrets that lie within. Scorpions concern themselves with beginnings and endings, and are unafraid of either; they also travel in a world which is black and white and has little use for gray. The curiosity of Scorpions is immeasurable, which may be why they are such adept investigators. These folks love to probe and know how to get to the bottom of things. The fact that they have a keen sense of intuition certainly helps.

It's the Scorpion which symbolizes Scorpions, and it's no accident. Much like the Scorpion would rather kill itself than be killed, those born under this Sign are the ones who are in ultimate control of their destiny. It is life on the Scorpion's terms, too, since these folks promote their agenda (they are quite the executives) and see to it that things go forward. Others may find this overbearing (it can be) and even self-destructive, but that's the beauty of the Scorpion: these folks have tremendous regenerative powers, much like the literal Scorpion can lose its tail and promptly grow a new one. Fearless Scorpions rarely lose, per se, they just keep on going, since they are stubborn and determined to succeed (this Scorpio trait is in keeping with the Fixed Quality assigned to this Sign). Scorpions work as hard as they do so they can someday sit back and feel satisfied with themselves. These folks are intense, passionate and filled with desire. They're also complex and secretive, so don't expect to get much out of them, lest they become suspicious and exit stage left. It's best not to bet against Scorpions, either, since these folks are surprisingly resourceful.



## **Sagittarius**

November 22 - December 21

Sagittarius, the ninth Sign of the Zodiac, is the home of the wanderers of the Zodiac. It's not a mindless ramble for these folks, either. Sagittarians are truth-seekers, and the best way for them to do this is to hit the road, talk to others and get some answers. Knowledge is key to these folks, since it fuels their broad-minded approach to life. The Sagittarian-born are keenly interested in philosophy and religion, and they find that these disciplines aid their internal quest. At the end of the day, what Sagittarians want most is to know the meaning of life, and if they accomplish this while feeling free and easy, all the better.

It's the Archer which represents Sagittarians, although in this case it's a Centaur (half man, half beast) which is flinging the arrows. Centaurs were the intellectuals of ancient Roman mythology, and Sagittarians are quick to consider themselves their modern-day counterparts. Those born under this Sign are clear thinkers and choose to look at the big picture most of the time. They also like it when others agree with their well-thought-out point of view. The alternative to this, for better or for worse, is a Sag who can become argumentative and blunt. That's not to say that these folks are intransigent -- Archers will listen to what others have to say, in keeping with the Mutable Quality assigned to this Sign. Indeed, Sagittarians are enthusiastic consumers of information (and enthusiastic in general), the better to get the answers they need. It's also a good idea to give Sags lots of room to explore their world. Once these folks start to feel hemmed in, they'll become impatient and difficult.



## **Capricorn**

December 22 - January 19

Capricorn, the tenth Sign of the Zodiac, is all about hard work. Those born under this Sign are more than happy to put in a full day at the office, realizing that it will likely take a lot of those days to get to the top. That's no problem, since Capricorns are both ambitious and determined: they will get there. Life is one big project for these folks, and they adapt to this by adopting a businesslike approach to most everything they do. Capricorns are practical as well, taking things one step at a time and being as realistic and pragmatic as possible. The Capricorn-born are extremely dedicated to their goals, almost to the point of stubbornness. Boy, those victories sure smell sweet, though, and that thought alone will keep Capricorns going.

The Goat symbolizes Capricorns, and an apt mascot it is. Goats love to climb to the top of the mountain, where the air is clear and fresh. In much the same way, Capricorns want to get to the top of their chosen field so that they can reap the benefits of success; namely fame, prestige and money. Getting to the top isn't always a walk in the park, however, so it's likely that Goats will ruffle a few feathers along the way. These folks can indeed be domineering, even egotistical, on their route to the top. They'll tell you it's part of being a leader with bright new ideas (in keeping with the Cardinal Quality assigned to this Sign).



## **Aquarius**

January 20 - February 18

Aquarius is the eleventh Sign of the Zodiac, and Aquarians are the perfect representatives for the Age of Aquarius. Those born under this Sign have the social conscience needed to carry us into the new millennium. These folks are humanitarian, philanthropic and keenly interested in making the world a better place. Along those lines, they'd like to make the world work better, which is why they focus much of their energy on our social institutions and how they work (or don't work). Aquarians are visionaries, progressive souls who love to spend time thinking about how things can be better. They are also quick to engage others in this process, which is why they have so many friends and acquaintances. Making the world a better place is a collaborative effort for Aquarians.

The Sign of Aquarius is symbolized by the Water Bearer. In much the same way that the Water Bearer brings that precious liquid as a gift, Aquarians shower the world with their thoughts and new ideas. Luckily for Aquarians (and the rest of us), they are at a near-genius level, so their minds churn out some amazing things. Their thought process is also inventive and original. While Aquarians are happy to bestow these ideas as a gift with no strings attached, they are much happier when the rest of the world agrees with them. Naysayers will quickly find out that Aquarians can be impatient, even temperamental, with those who disagree. Yes, these folks can be quite fixed in their opinions, in keeping with the Fixed Quality assigned to this Sign. Even though Aquarians are happy to give, and they do, it's often on their terms and within their comfort level. Generally, that means ample space, since these folks are freedom-loving and individualistic and need to roam (and yes, they do enjoy travel). While Aquarians are generally sympathetic and compassionate, they like it when things go their own quirky way. Some might call their behavior eccentric (and they would be right), but when you consider that the Aquarian's heart is truly in the right place, a few oddities should be overlooked. In their own way, Aquarians treasure their many friends and acquaintances and want to give back as much as they can.



## **Pisces**

February 19 - March 20

Pisces is the twelfth Sign of the Zodiac, and it is also the final Sign in the Zodiacal cycle. Hence, this Sign brings together many of the characteristics of the eleven Signs that have come before it. Pisceans, however, are happiest keeping many of these qualities under wraps. These folks are selfless, spiritual and very focused on their inner journey. They also place great weight on what they are feeling. Yes, feelings define Pisceans, and it's not uncommon for them to feel their own burdens (and joys) as well as those of others. The intuition of the Pisces-born is highly-evolved. Many people associate Pisceans with dreams and secrets, and it's a fair association, since those born under this Sign feel comfortable in an illusory world.

It's a pair of Fish that represents Pisceans, a symbol which prompts others to suggest that these people 'go with the flow' and 'don't make waves.' Both of these labels are true, since Pisceans are fluid and easy-going, in keeping with the Mutable Quality assigned to this Sign. The fact that two fish (as opposed to one) represent the members of this Sign also speaks to the duality of Pisceans, their yin and yang sensibility. Pisceans alternate between reality and non-reality in keeping with their introspective natures; their voyage between consciousness and an unconscious dream state says much about their

intuitive, almost psychic natures. For this reason, Pisceans can be hard to pin down, prompting some to call them the chameleons of the Zodiac. The Fish are happy to be considered hazy, since there's a certain sense of safety in that self-proclaimed netherworld. That said, they won't stay away for long, since one of their primary goals is to help others. Pisceans are compassionate, charitable and will quickly put the needs of others ahead of their own. It's this kind of self-sacrifice which keeps these folks going. The flip side to their giving natures is that oft-timid Fish are likely to be taken advantage of by less well-meaning souls.

## **Celestial Reiki Techniques**

There are two main techniques that are used in Celstial Reiki. One of them is the common form of Reiki where we use the traditional hand positions and guide each of the symbols into the parts of the body as needed. This technique is very easy to learn and it is suggested that you use your intuition to guide you to the celestial symbols that you use.

The second technique is a round house technique. For this technique we eliminate a few of the hand positions in order to accommodate the signs of the zodiac. For this technique start at the feet, using the sun sign that falls directly after the person's birthdate.

For example, I am a Leo, therefore at the feet I would start with Virgo, and move up to the back of the knees with Libra, then to the lower back with Scorpio, Then to the mid back with Saggitarius, then to the pelvis with Capricorn, then to the stomach with Aquarius, then to the diaphragm with Piceses, then to the heart with Taurus, then to the shoulders with Gemini, then to the eyes with Cancer and finally to the top of the head with Leo. This technique allows all aspects of the client's life to be balanced and rid of negativity. You can also do this technique using the planets, simply start at the feet with Pluto, and work your way up the body until you reach the sun at their crown. Use your intuition for the hands positions.

## **Self Healing**

As with all reiki healing modalities, there is always a self healing technique. The techniques above can also be used to do self healing, but I find that if you don't have enough time to hold all the hand positions, it's easier to just do this version instead.

Get yourself comfortable, turn off all televisions, cell phones, etc. Turn on some relaxing music and put your hands either on your stomach over your solar plexus or in an O above your head, whichever feels most comfortable for you. Feel free to switch positions as well as you go through the healing process. No, begin to imagine every part of your body one at a time, that you feel you need to focus on during the healing. I usually start by concentratining on my feet and allowing my astral body to send energy to my feet. I like to work up my body imagining the zodiac or planetary symbols being given to me by my astral body. Once you have worked up the entire body allow yourself some time to meditate, relax and feel in the mode of healing.

## **Passing on Attunements**

Since I'm sure we have all read about how to receive attunements, I'm simply going to describe to you how I pass on attunements.

1. Start by meditating and setting up your sacred space. This can include candles, incense, relaxing music, etc.
2. Start by placing the planetary symbols within the cranium, starting with the sun. Finish with Pluto. Remember to seal the process.
3. Move to the front of the student, place all of the planetary symbols within the third eye. Seal this process.
4. Place the symbols in each of the hands, beginning with the dominant hand. Seal this process.
5. Place each of the symbols within the heart and seal this process.
6. Seal the entire process and repeat for the Zodiac symbols. When using the Zodiac, the master symbol for each person is their sun sign.

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