

Karmic Reiki

Practitioner Level

Distance Course Notes



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Introduction

Welcome to Karmic and Auric Reiki! This course is about a type of Reiki energy that specialises in the concept of Karma and dealing with the various issues that arise from negative karmic events. In this course are 5 symbols – 2 are used as other Reiki symbols and can ease the effects of “anonymous” karma. The final 3 “sister” symbols are incredibly powerful frequencies that take time to master, but once learned can bring amazing results, sometimes revealing in astonishingly detailed events from people’s past lives.

The Aura: East vs. West

When we discuss the subtle bodies (chakras, meridians, etc.) we can often draw analogies with Western medicine – the nervous system, the endocrine system, etc. These may be similar, but they do not refer directly to the Eastern viewpoint. However, there is one thing, which is exactly the same: the Aura (or “biomagnetic field”, as it is referred to in Western science). The Aura philosophy may be divided up differently to the biomagnetic field, but they are both referring to the energy that surrounds all living matter, crystals, etc.

The two ideals split where illness is concerned. In the West, it is theorised that when somebody becomes physically ill, the energy that surrounds him or her becomes weak and damaged. The Eastern philosophy is that when the energy is disrupted the body gets dis-eased.

In Reiki and many other practices, we take the Eastern way as being the basis of our work. When you correct any negative energy surrounding a person, you create a conducive environment for healing to take place. All sorts of things can go wrong with the energy field: unhealthy lifestyle, emotional trauma and negative thought patterns, contact with source of negative energy (Energy Vampires, placing oneself in areas of stress and anxiety, etc.). However, there is one big issue that concerns the auric field and it is connected with the concept of Karma...

The Concept of Karma

You may be familiar with the terms “good” or “bad karma”. You may have heard people say “I must have done something good/bad in a past life”, or know the saying “what goes around comes around” – these both refer to the idea of karma. It is said that everything you do is reflected back at you, so if you go through life, sending out love, you will get love back. If you are hateful, you will only find hate in others. This is because whatever vibrations we send out into our aura, will attract people and situations of the same vibration.

Sometimes we can bring these vibrations from one life to the next. If we do not learn how to attract positive things to us, the negative vibrations attract more and more of the same until we encounter increasing serious situations and, sometimes, even death. These vibrations stay with us until we learn by our mistakes and we repeat our actions, the people we surround ourselves with and become ill, all because of this.

If we do not stop this karmic cycle, it can create horrific problems with the auric field that we bring in at birth. People can actually have “energy objects” such as ropes, knives and water stuck in their auras – these are not real, just the energy masquerading as these objects. These sit in the auric field throughout our lifetime, gradually working their way closer to the body. When they reach our psychical body they can enter, via the chakras and cause illness.

Of course there is no scientific proof for this theory, however many Reiki practitioners have found tangible sensations within the aura to suggest the above and clearing this evidence with Reiki, can help to relieve many of the psychical dis-eases that orthodox medicine has not been able to shift.

On this course, I have attempted to keep the study of Reiki separate from any particular belief system, allowing anybody to study without conflict. The topic of karma is one area where a conflict can arise – especially if you do not believe in reincarnation. Do not worry; all is not lost!! Karma is just one explanation for occurrences of this sort in the auric field – there may well be other reasons for this phenomena – if you do find the karmic description implausible, see how you can fit the things you sense with the karmic/auric treatments into your way of thinking. Some suggestions could be: psychological representation of an object in the energy field created by the client, energy of a variant frequency getting “stuck” in the aura and creating a shape that is like an object, etc.

Many relate Karma to the homoeopathic theory of Miasms, whereby diseases such as Tuberculosis and Syphilis are carried in the genes from parent to child cause illness on all levels at a deep level. As the miasms are cleared the person becomes more holistically healthy and less susceptible to illness and emotional/mental trauma. You could see the physical representations in the aura as “pointers” to these miasmatic causes.

Auric or Karmic Treatments

Karmic treatments take a variety of forms and whilst the basic forms of treatment can be done easily, experience and practice are required for the more potent versions. Of course, diagnosis is also something that takes a while to master and the more you can use Reiji Ho and Byosen to feel the aura, the quicker your diagnostic abilities will come.

The Emotional Butterfly and Grace are easy to use – charging the hands and channelling into the aura with Reiji Ho, or drawing the symbols over the body. You can use Grace with a specific hand position called the “Bridge of Souls”.

To do this, lay your client down on their back and sit at their head. Place your elbows above the corresponding shoulder of your client, so that each elbow is touching the shoulder. With your forearms pointing directly upwards, place your hands together so the fingers meet and the palms are facing downwards, over your clients third eye chakra. Then channel Grace for fifteen minutes.

Taoist Grace - Channelled Karmic Symbol

Grace works to clear repetitive behaviour caused by karmic issues, including negative thought patterns and birth trauma. When negative energy vibrations appear in the auric field, Grace can be used to neutralise these in conjunction with the client working with the cause. For example, with karmic overeating – if the client works with the root cause of the overeating, the Taoist Grace symbol can be used to clear any energy damage done. It may be that the client has dismissed the root cause already and that only the karmic healing is required.

To use Grace, draw it over the whole body, or on your hands and then use in the Mental Body of the aura.

The Emotional Butterfly - Channelled Symbol – Karmic Cleanser

This symbol works with the emotional side of negative karma issues, but brings sub-conscious emotional patterns and habits into the conscious mind for a client to deal with. It can be used in conjunction with the Grace symbol and would be followed by Grace in a karmic treatment. The symbol can be visualised over the entire body, drawn on hands and placed in the emotional body, or drawn over the heart chakra.

Contraindications: Can cause emotional release; remember to advise clients of this and possible healing crisis.

The Auric/Karmic Sister Symbols

The three final karmic symbols are incredibly powerful and should be practiced several times in a non-professional situation, until you are completely confident and comfortable with the technique.

To use these symbols, start Reiji Ho and scan the aura for Byosen, Cold Spots or negative energy – if you find anything, ask your guides for assistance and examine the anomaly in an attempt to discover information about it – size, shape, temperature, where it leads, what it is, etc. Once this is done, turn on the first symbol (MKD) and vaporise the target until it cannot be felt anymore. Follow this with the second symbol (MTN) to diminish any shadow left over from the vaporisation. Finally use the last symbol (SM) to bring the client back to reality, heat up any karmic chill and smooth the aura.

Whenever you use MKD, be sure to use SM to finish – by using MKD alone, you may finish the treatment with the client feeling quite ill and very cold! You can also use SM by itself if ever the client starts to feel icy cold – this is what's known as a karmic chill.

Karmic Blockage Vaporiser - MeiKuDo (May Koo Doe)

This powerful frequency works to clear energy manifestations of physical objects from the aura. A rope, knife, water, or brick wall for example. Its intense vibration literally vaporises any blockages, leaving only a shadow of the karmic symptom.

To use this symbol, connect by visualising the symbol, when you feel its vibration in your hands, connect to Reiji Ho and be guided to where the energy is needed. When MeiKuDo is complete, use MeiTuNyo to complete the treatment.

Contraindications: May cause panic attacks as it often creates intense feelings of pressure, fear, or even a sense of dying.

Karmic Shadow Cleanser - MeiTuNyo (May Too En Joh)

Once a karmic manifestation has been cleared from the aura, it may leave a shadow, or area where the energy flow is stagnant, or non-existent. To restore a normal flow of energy, use MeiTuNyo in the same way as its sister symbol MeiKuDo.

This symbol can create bursts of joyous laughter from your client, or envelop them with love and feelings of euphoria.

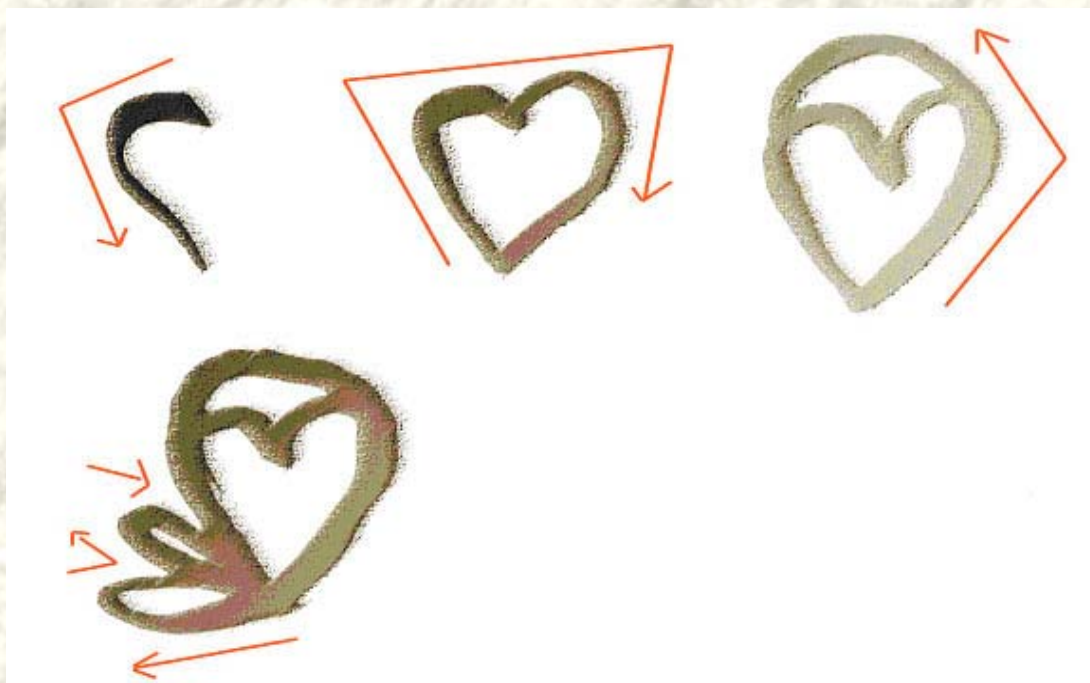
The Guide Connection - ShiteMyo (She They Me Oh)

The symbol is, once again used by the practitioner, visualised and felt in the hands. It creates a closer connection with the practitioner's Reiki guides and that of the client, thus intensifying the treatment.

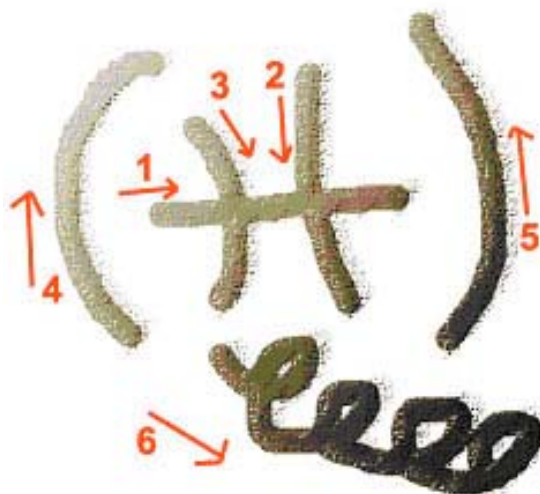
It works very well in Co-dependency (Individual and Relationships), Karmic Issues, Spiritual growth and anywhere where a formidable energy and lots of love are needed.

This is a very high frequency symbol – more so than even some Master symbols, so use with caution.

The Emotional Butterfly - The Karmic Cleanser

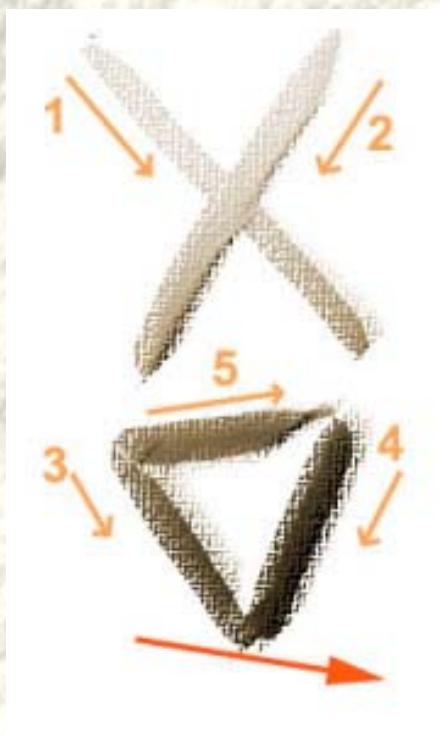


Taoist Grace



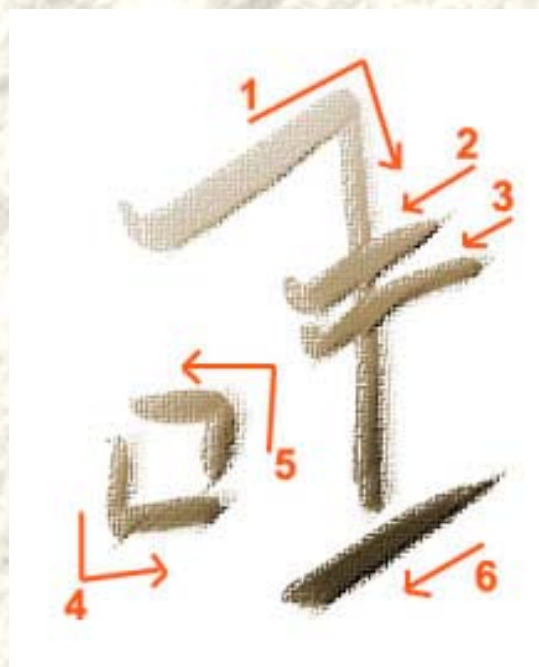
MeiKuDo (May Koo Doe)

Karmic Blockage Vaporiser



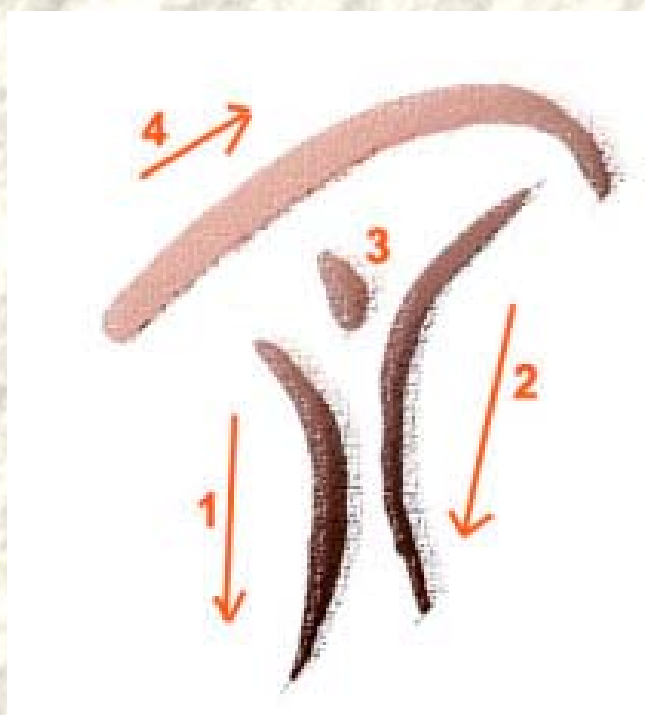
MeiTunyo (May Too En Joh)

Karmic Shadow Cleanser

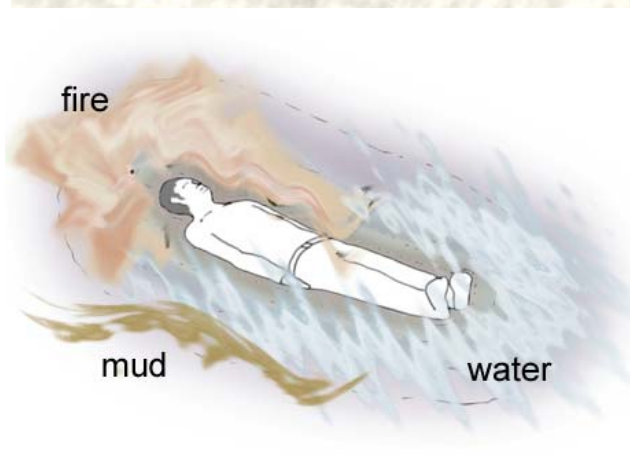
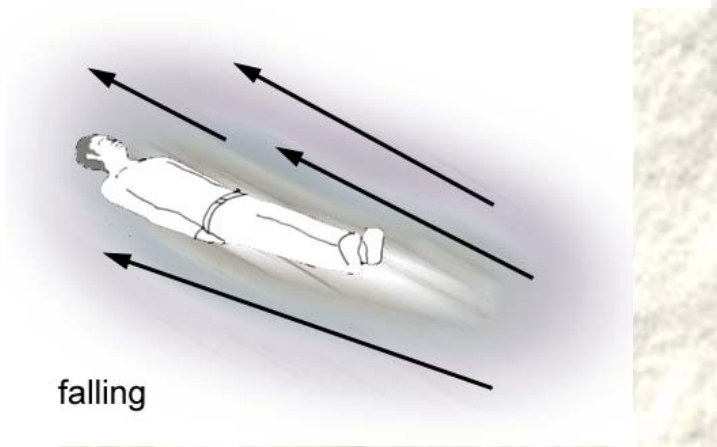
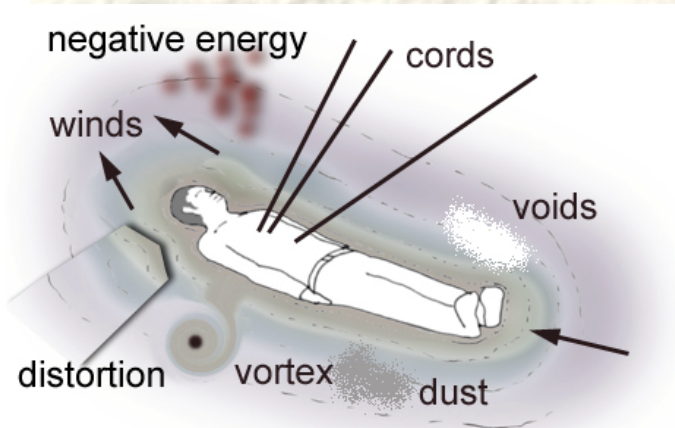


ShiteMyo (She They Me Oh)

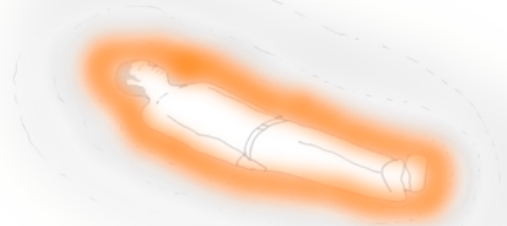
The Guide Connection



Examples of Auric issues



cannot "think straight"/obsessive
lack of control/paralysed by emotion



too much emotional body energy/
diminished mental-spiritual



too much mental body energy/
over-analysis/thinking too much/
control/lack of emotional-spiritual

"head in the clouds"/"away with the fairies"
ungrounded/no connection with world
daydreamer/cannot interact



too much spiritual body energy/
diminished emotional - mental