



**DHARMASATYA WORKSHOPS**

# **SACRED SILVER MOON**



**Founded by :**

**Maria João Sereno (*Brigitt*)**

**(*Mahanada Dhyanaadhara*)**

*English translation by Gabriela Szafman*

*&*

*Manual Designed by Hari Andri Winarso*

**William Shakespeare, once wrote in A Midsummer Night's Dream :**

***"I thank thee for thy sunny beams; I thank thee, Moon, for shining now so bright."***

**Pre – Requisite : Reiki 2º level**

**History :**

I channelled this system while I was working with the energies of Sacred Sun from Hari Andri Winarso.

The Moon is a inspiring muse for so many lovers and poets. It is consecrated to the feminine spirit, as a symbol of the Goddess.

The Moon governs the deepest emotions, and the mysticism.

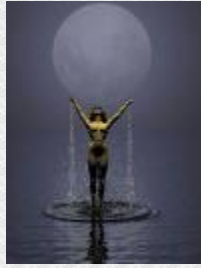
The Moon is considered as a lamp, when receiving the sunbeams, it spreads on the Earth Her light and Her blessings.

The Moon cleans, cures and protects.

This system can be used together with the energies of Reiki, in order to optimize the energies.

With this System You Will be Able to :

- To take contact with deeper emotional blockages and to free them;
- To increase the level of sensibility of the energies;
- To develop the feminine energies or to balance them;
- To develop your intuition;
- Perception of the energies around you starting from your aura;
- A more profound relaxation while you sleep;
- Protection in environments loaded with negative energies;
- To balance your emotions;
- Pré-menstrual tension;
- Attract new friendships;
- Fertility;
- Helps in the childbirths;



## Meditation to get free of Blocks

To work with the energies of the Moon it is important to start doing the meditation to get free of all blocks.

1. Sit down or lie down in a comfortable position, think or say : *"Sacred Silver Moon Release"*.
2. Imagine a big bright silver moon in front of your third eye.
3. Now put all your blockages inside the moon: emotional, physical, financial, etc...
4. Let flow everything you want to get rid in your life in to the silver moon
5. Close the Moon, and send it in great speed in direction to the centre of the Sun, so you can get the purification of the energies through the fire of the Sun.
6. Do this meditation daily, if necessary.

## Protection of the Sacred Silver Moon

When you feel that you are in the middle of hostile or negative energies, visualize with your Third-Eye, an enormous Silver Moon in front of you. Give a step in front, and enter inside the Moon of Protection. Think. *"Sacred Silver Moon Protection."*

You can do the same in relation to your animals, friends, family or personal goods. Always having in mind the intention of protection.



## Working with the Energies of the Sacred Silver Moon

The application of Sacred Silver Moon energies is done in the same way, as if making an application of Reiki.

Whenever working with Sacred Silver Moon, it is important to ground yourself and patient.

1. Visualize yourself in a silver Moon and put your patient also in a Silver Moon, then Think : ***"Sacred Silver Moon Healing."***
2. Now apply a normal treatment on yourself or patient.
3. When finishing the treatment, it is important to put all the negative energies or the patient's blocks in a Silver Moon and send it to the centre of the Sun, in order to purify and disconnect with patient.
4. It would be quite useful the use a Moon Crystal Stone, during treatments by placing it in the patient's right hand.
5. On yourself you can use it as a ring, brute, etc
6. It is of Great importance to use this Crystal clean and free of any negative energy.

If you are attuned to Ethereal Crystals, You can use a Moonstone, on yourself or Patient, being completely safe.

## Working with Sacred Silver Moon at Distance

1. Ground yourself.
2. Ask for protection.
3. Draw the symbol *Hon – Sha – Ze – Sho – Nen* and *Cho – Ku – Rei*.
4. Visualize the person, inside of big Silver Moon.
5. Think – [Sacred Silver Moon Healing](#) or [Sacred Silver Moon Protection](#).
6. Let the energy flow, for 5 minutes.
7. Disconnet from the person, the same way above.



## In Presence Attunements

1. Ground yourself, and ask your student to do the same.
2. Do the Sacred Silver Moon Protection for Yourself and for the Student.
3. Ask protection and support to God, the Goddess and Your Guides.
4. Place your hands on the Crown Chakra of the student and say : *"I ask that...(name of the Student) may be attuned in with Sacred Silver Moon Energies, with all the perfection. Thank you."*
5. Draw the *Cho – Ku – Rey* Symbol.

## Distance Attunements

1. Ground yourself.
2. Do the Sacred Silver Moon Protection for Yourself and student.
3. Ask protection to the God, Goddess and Your Guides.
4. Draw the Symbol *Hon – Sha – Ze – Sho – Nen* and *Cho – Ku – Rei*.
5. Say : *"I Ask that. (Name of the Student), be attuned in with Sacred Silver Moon, with all the perfection. Thank you."*
6. Draw the Symbol *Cho – Ku – Rei*.

## How to Receive the Sacred Silver Moon Attunement

1. Sits down or lie down in a comfortable position.
2. Ground yourself.
3. Ask protection to God, to the Goddess and the all your Guides, so you can receive this attunement with all the perfection.
4. Say : *"I want to receive the Sacred Silver Moon Attunement now, sent by. (the Teacher's Name) with all the perfection. Thank you."*
5. Afterwards apply on yourself the Sacred Silver Moon Healing, and let the energies flow in all the peacefulness.
6. Whenever you work with Sacred Silver Moon energies, be Thankful to God and the Goddess, as they allow access to the Source of energy.

This system of energy, is absolutely blocked, for who wants to use this energy with bad purposes.

**Everything You Give to the Universe, You will  
Receive in Return !**



This Manual is protected by copyright. You can share this Manual freely provided entirely intact.

Nothing is to be altered, added or removed.

You can give this manual to students that have paid you for an attunement, but you cannot resell this manual separately.

**It is completely prohibited to sell**  
**the “SACRED SILVER MOON”**  
**on eBay or similar sites**

**Maria João Sereno (Brigitt)**

*The Founder of*

*SACRED SILVER MOON*

*March 2009*