

A stylized graphic of a flame in shades of blue, composed of several overlapping, wavy, teardrop-like shapes that point upwards, creating a sense of movement and heat. The background is a light blue gradient.

Universal Energy Flame Attunement

Channeled by Sherry Andrea

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About Reiki

Reiki is and means “Universal Life Energy.” To be attuned to Reiki means to be attuned to the frequency of this particular energy healing system. In actuality, you can be attuned to any vibratory frequency and by being attuned (in tune with it) that means you can have access to it and to use it.

You may be familiar with brain wave frequencies. For example a certain frequency wave of sound may be good for resolving certain issues related to health whether mental or emotional. So you can understand that to be in tune with a certain frequency and to be able to access the energy of that frequency is very powerful when it comes to energy healing. The power you have at your fingertips because of this is magnificent.

As a healer or energy worker you are a CHANNEL. There are different types of channeler's. Many are familiar with channeler's who channel information/knowledge. Someone who channels energy for the purpose of healing, which is energy work that CHANGES energy, is also a channeler. A channeler is used as the means by which the energy flows through them and they are then acting as a conduit. Channeler's of healing energy do not heal however they have the ability to allow the healing energy to flow through them and to the intended recipient. Anyone can be a channeler, even a child of course.

Many channel Reiki through their hands. Reiki can be channelled by any means and method and it is intention and visualization that is most important. Also important, the longer you hold the visualization or a thought regarding an intention the more powerful it will manifest. The reason many times a manifestation, change of energy, does not occur is because the visualization or thought of the creation is not held long enough. This is important to keep in mind when channelling energy for the greatest affect possible.

Since the ultimate goal of a channeler is to be a clear channel so that the energy stays pure as it goes through them it is important, so important, to be clear yourself. The attunement does some of this for you. During an attunement the attuned is being cleared and balanced, however the job of staying cleared and balanced is never done and it is important that you do what is required to stay clear on a day to day basis. This can easily be done by using Reiki on yourself or re-attuning your own self periodically. Also learning good grounding techniques is an absolute must.

Reiki can be used on people, animals, plants, food, weather, objects, situations and anything that is energy.

About this Activation / Attunement

This activation and attunement was given to Sherry Andrea by her higher self and is for the benefit of all.

Everything is energy and everything has a vibration frequency. Vibrations are the rate o speed at which energy moves. The higher the vibrations the closer the person or object is to the true light. The lower the vibrations the further away the person or object is from the true light.

Although everything is a creation of the Father including yourself, and it is made originally pure because it is a creation of the Father that does not mean it stays that way. Your vibrations may not be where they were on the day you were born. Think of the things that affected where your vibrations are today. Things that happened to you, negative emotions, beliefs that are a part of your belief system that were taught to you by many, the environment you live in or lived in, the people and things you are around, etc. Many things can affect a person, place, or things vibrations. Consider the place where something horrible happened. Now that place may have an energy that is felt that is very negative and feels horrible as the act that happened there, but it can be cleared.

Change is always happening and you have the power to not only change yourself but to change other things as well...if you will believe that you do!

This activation and attunement has a purpose. The main purpose as it was given to me was to be able to give humanity a tool to use to raise the vibration of anything, but the concept conveyed was the issue with our food and water supply.

Farmed raised food is not what it use to be unless you are speaking of an organic farm. Animals are kept in deplorable conditions where they never see the light of

day. Some are genetically altered in ways that affect the animal to the point of not being able to support itself to be able to walk because the animal is carrying too much weight because the major buyers of this food want more meat per animal, more of a certain kind of meat from an animal, and they want it faster so even the length of time an animal is ready to be slaughtered has been genetically altered.

What do you end up with? An animal with low vibrations that produces low vibration foods. In a light worker this food causes much distress when eaten. From allergies to the body simply totally rejecting low vibration foods or meals made from these low vibrations animals are just the tip of the iceberg.

If you are working hard to raise your vibrations and become more of your true self this food does not support that goal.

The answer?

With this activation and attunement you will be ready to take control of what you are ingesting. You will be able to raise the vibrations of your food and water and not be a slave to higher grocery store prices and a weak economy that does not support a person being able to afford to eat healthy or at least eat food that is not light poison to a light worker.

This gift is one that will give you control so that you do not just have to accept the outcome of bad decisions made by food corporations. This is a gift of empowerment of the true self, the God Self and the light you are attempting to increase within you.

What is this and how do I explain it?

If you would like to explain all this in laymens terms to someone whom you want to share this gift with, you can liken it to blessing food. You can liken it to food as though it has been blessed by Jesus, Sanat Kumara, Mother Mary, Buddha, Mohammed, etc. This gift is for anyone who wants to ability to bless food or water and raise it's vibrations.

This gift does not mean you can now drink soda, eat candy, and splurge on the movie theater style popcorn with extra butter. This gift is not intended the be used to support eating for that is and always has been unhealthy. For example, ground beef's vibrations can be raised to be what it was originally when the cow was born. Liken it to putting something back to it's natural and intended state of being. However, candy can not be considered in the same way of course based even on the nature of it's ingredients. This gift is such a blessing because anyone can be attuned and easily taught to use it.

Attuning and Healing Food and Water

Think of a dinner around the holidays where family and friends will be present. As the blessing is being given you can quietly heal and raise the vibrations of all the food that is place on the table. After grocery shopping and before taking meat, fish and poultry items out of the shopping bag you can attune the whole bag of food. If you forget to attune your food you can attune it as it is cooking in the pot by just placing your hands a safe distance away from the pot(s).

Example of attunement:

1. Place both hands on object if possible. If not possible it will not be less affective but actually helps some have more belief in what they are doing which is very important for anything to be possible, however intent is enough.
2. (speaking to your higher self) “Higher Self, please attune this (food, water, etc) to the Universal Energy Flame.”
3. Speak out loud clearly (or quietly to yourself if you are in public) “Be Thou Made Whole!”
4. Visualize dark negative energy leaving the object.

After approximately 30 seconds the process is complete.

Attuning An Object

Have you ever been given something from someone and been affected by the energy it carries? Have you ever brought home merchandise purchased from a second hand store and from the time it is in your home things just don't feel right? Just touching an object a person places on it their energy. Objects like wedding rings that are worn constantly are major carriers of energy that does not wear off or even wipe off very easily. This can affect you greatly.

You can now clear this energy and raise the vibrations of objects. You can even attune a piece of jewellery so that every time you wear it its vibrations will positively affect you.

As you are attuning think of what you want the object to do for you and/or others who are around you when you wear it. Re-attune the object as you feel or notice it's affects are wearing off or after you find yourself in a situation where your emotions are out of control causing the object to absorb that negative energy.

Example of attunement:

1. Place both hands on object if possible. If not possible it will not be less affective but actually helps some have more belief in what they are doing which is very important for anything to be possible, however intent is enough.
2. (speaking to your higher self) "Higher Self, please attune this (object) to the Universal Energy Flame."
3. Visualize dark negative energy leaving the object.

After approximately 30 seconds the process is complete.

How to pass on the Universal Energy Flame

It is very simple to pass on the Universal Energy Flame Attunement. You just ask your higher self for the attunement. You can attune several people at the same time.

Example of the attunement: (speaking to your higher self) “Higher Self, please attune (name) at (time) on (date) in his/her timezone to the Universal Energy Flame.”

Example of an immediate attunement: (speaking to your higher self) “Higher Self, please attune (name) in his/her timezone to the Universal Energy Flame.”

The attunement will then start and stop after around 25 minutes.

Attunement Symptoms

Many want to know about side affects. As far as side effect are concerned, actually that would be ascension symptoms that anyone would be affected by due to an increase in vibrations. So it is not so much the Reiki, but the increase in your vibrations, that has an effect.

For example, if you decided you were going to pray 5 hours a day that practice would end up raising your vibrations and the same effects you would have from that you would have from an attunement increasing your vibrations.

You may feel slightly warm or have tingling sensations but to what extent you feel the attunement will depend on your own ability to feel energy and to what degree. Actually that is an ability called clairsentience and it is not unusual to feel very little. As time goes along and you practice the more your sensitivity to energy should grow.